



#MoodVenturaPattern



Print only this page first to check accuracy.  
The Mood square above should measure 2 inches. Print "actual size" in "portrait" mode (not auto center). Formatted for both US Letter & A4 paper sizes.

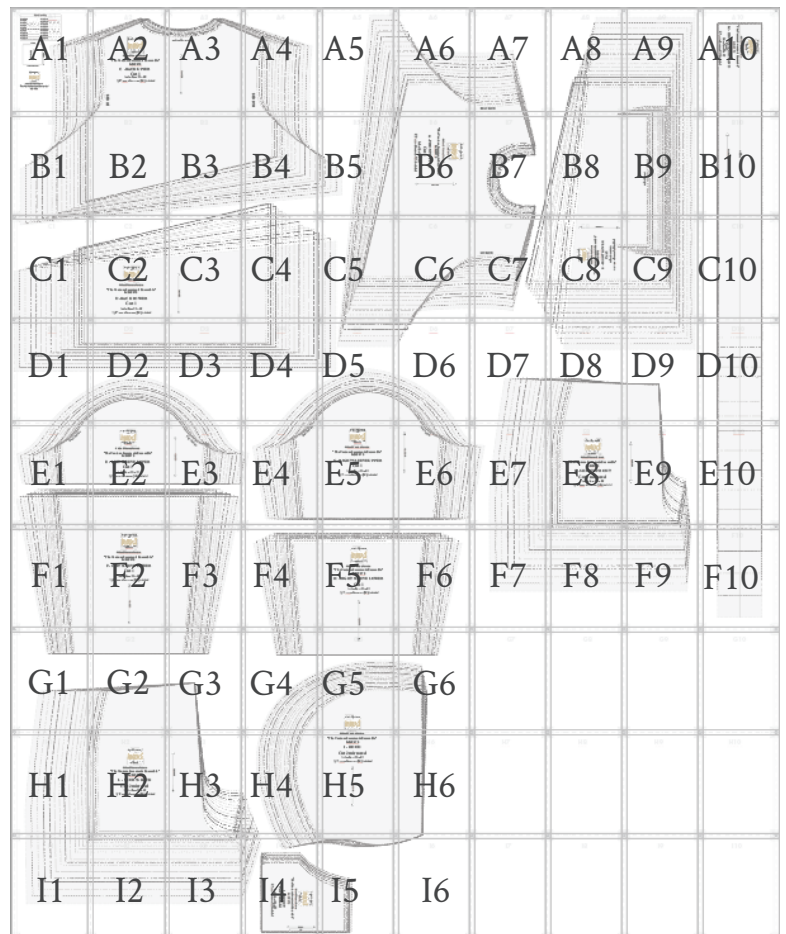
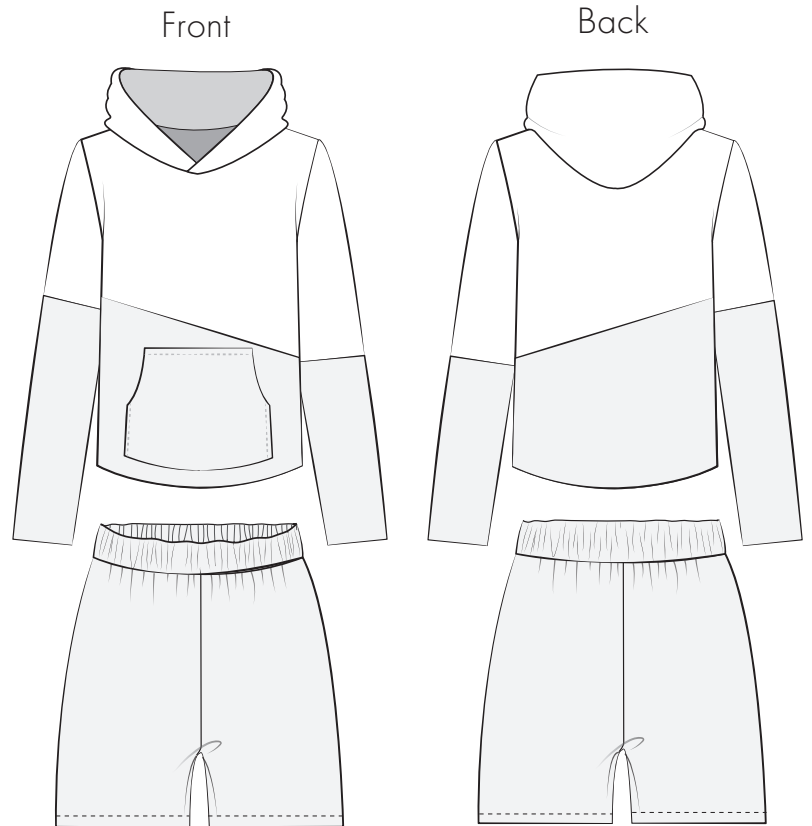
## Formatted for both US Letter & A4 Paper

**Trimless Option:** This is the fastest! No trimming needed! Place left-side margins over right-side margins, overlapping dashed lines and dots. In the same fashion, top margins will overlap bottom margins. Slight unprinted gaps are normal for this method.

**Trimmed Option:** This removes any unprinted gaps. Trim along the top and right margins at the dashed lines. Overlap the trimmed margins to the untrimmed margins, matching dashed lines and dots.

**Tip!** Build rows first, then join the rows together as you go.

## "The Ventura Sweatsuit Ensemble"





#MoodVenturaPattern

## “The Ventura Sweatsuit Ensemble”

Ladies Sizes 00 to 32

### BODY MEASUREMENTS IN INCHES (Chart 1)

SINGLE SIZES*	00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
BUST	31	32	33	34	35	36	37.5	39	40.5	42.5	44.5	46.5	48.5	50.5	52.75	55	57.25	59.5
WAIST	23	24	25	26	27	28	29.5	31	32.5	34.5	36.5	38.5	40.5	42.5	44.75	47	49.25	51.5
HIPS	34	35	36	37	38	39	40.5	42	43.5	45.5	47.5	49.5	51.5	53.5	56	58.5	61	63.5

### APPROXIMATE FINISHED GARMENT MEASUREMENTS - IN INCHES (Chart 2)

SINGLE SIZES	00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
BUST	36	37	38	39	40	41	42.5	45	45.5	47.5	49.5	51.5	53.5	55.5	57.25	59.5	61	63.5
WAIST*	31	32	33	34	35	36	37.5	39	40.5	42.5	44.5	46.5	48.5	50.5	52.75	55	57.25	59.5
HIPS*	38	39	40	41	42	43	44.5	46	47.5	49.5	51.5	53.5	55.5	57.5	60	62.5	65	67.5

\* Shorts (Measurements before adding elastic)

Size guide is based on the suggested design & wearing ease for this style. You can also choose the size according to your desired finished garment measurements, blending between sizes as needed. For best results, sew a test garment in a similar fabric to adjust your pattern.

**Recommended Fabric:** 134609 Cotton French Terry

We love creating these free patterns for the community and we want to keep them free! In return, we hope you check out MoodFabrics.com for your next project!

Want to use one of our patterns to make a garment to sell? Our patterns are royalty-free! We just ask that you credit us with:

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FOR SEWING INSTRUCTIONS  
AND MORE INFORMATION:

Scan the QR code or visit  
MoodSewciety.com and search  
“MDF372”



1/2" seam allowances (SA's) included  
unless stated otherwise.

REMEMBER TO SHARE YOUR  
MADE WITH MOOD LOOK!

Tag us and use:

**#MoodVenturaPattern**

for a shot at being featured on our  
social media



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**mood** SEWCİETY

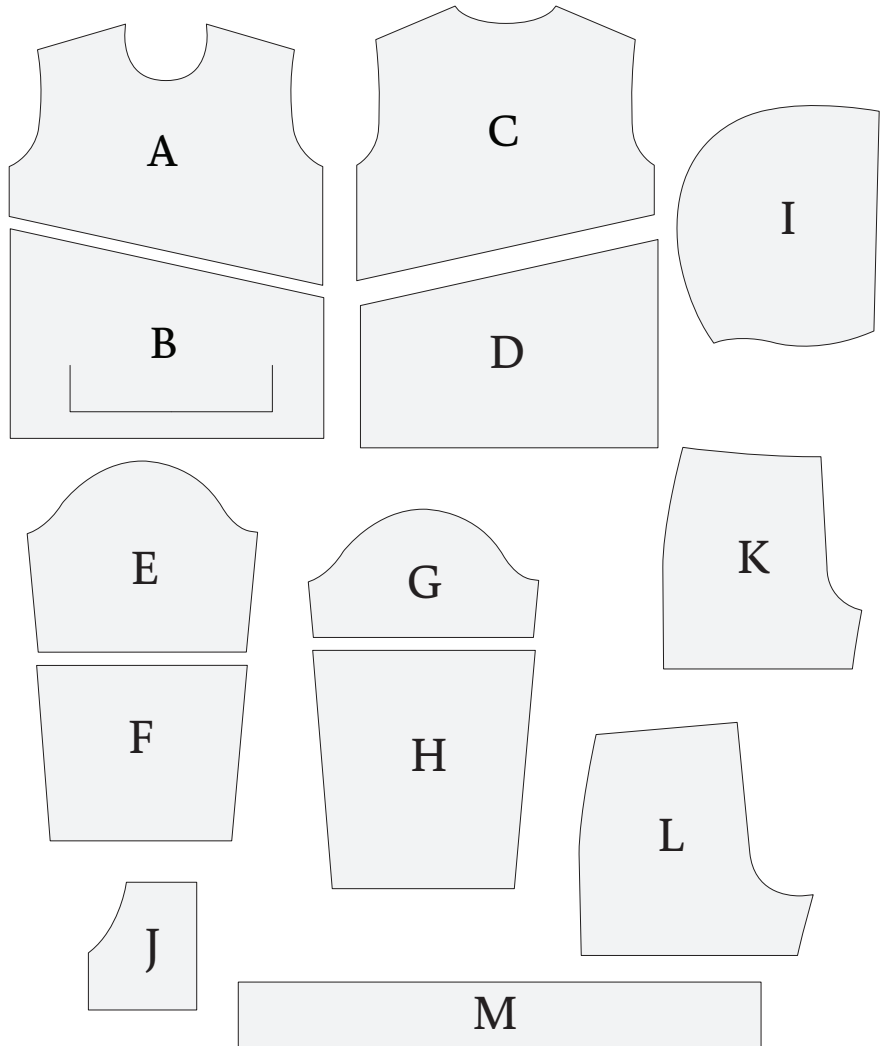
♥ The Mood Sewciety Team



# “The Ventura Sweatsuit Ensemble”

Ladies Sizes 00 to 32

<b>A</b>	FRONT UPPER FABRIC - CUT 1
<b>B</b>	FRONT LOWER FABRIC - CUT 1
<b>C</b>	BACK UPPER FABRIC - CUT 1
<b>D</b>	BACK LOWER FABRIC - CUT 1
<b>E</b>	LEFT SLEEVE UPPER FABRIC - CUT 1
<b>F</b>	LEFT SLEEVE LOWER FABRIC - CUT 1
<b>G</b>	RIGHT SLEEVE UPPER FABRIC - CUT 1
<b>H</b>	RIGHT SLEEVE LOWER FABRIC - CUT 1
<b>I</b>	HOOD FABRIC: CUT 2 MIRRORED
<b>J</b>	POCKET FABRIC - CUT 1 ON FOLD
<b>K</b>	SHORTS FRONT FABRIC: CUT 2 MIRRORED
<b>L</b>	SHORTS BACK FABRIC: CUT 2 MIRRORED
<b>M</b>	SHORTS WAISTBAND FABRIC - CUT 1

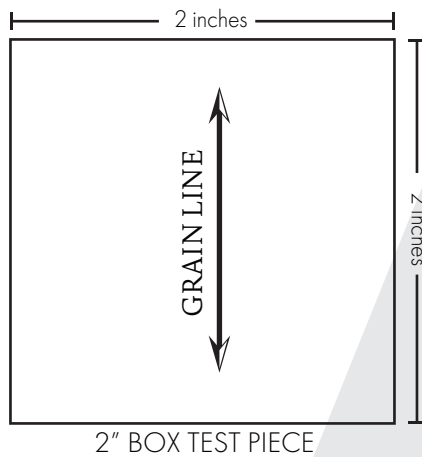


## Size Line Key

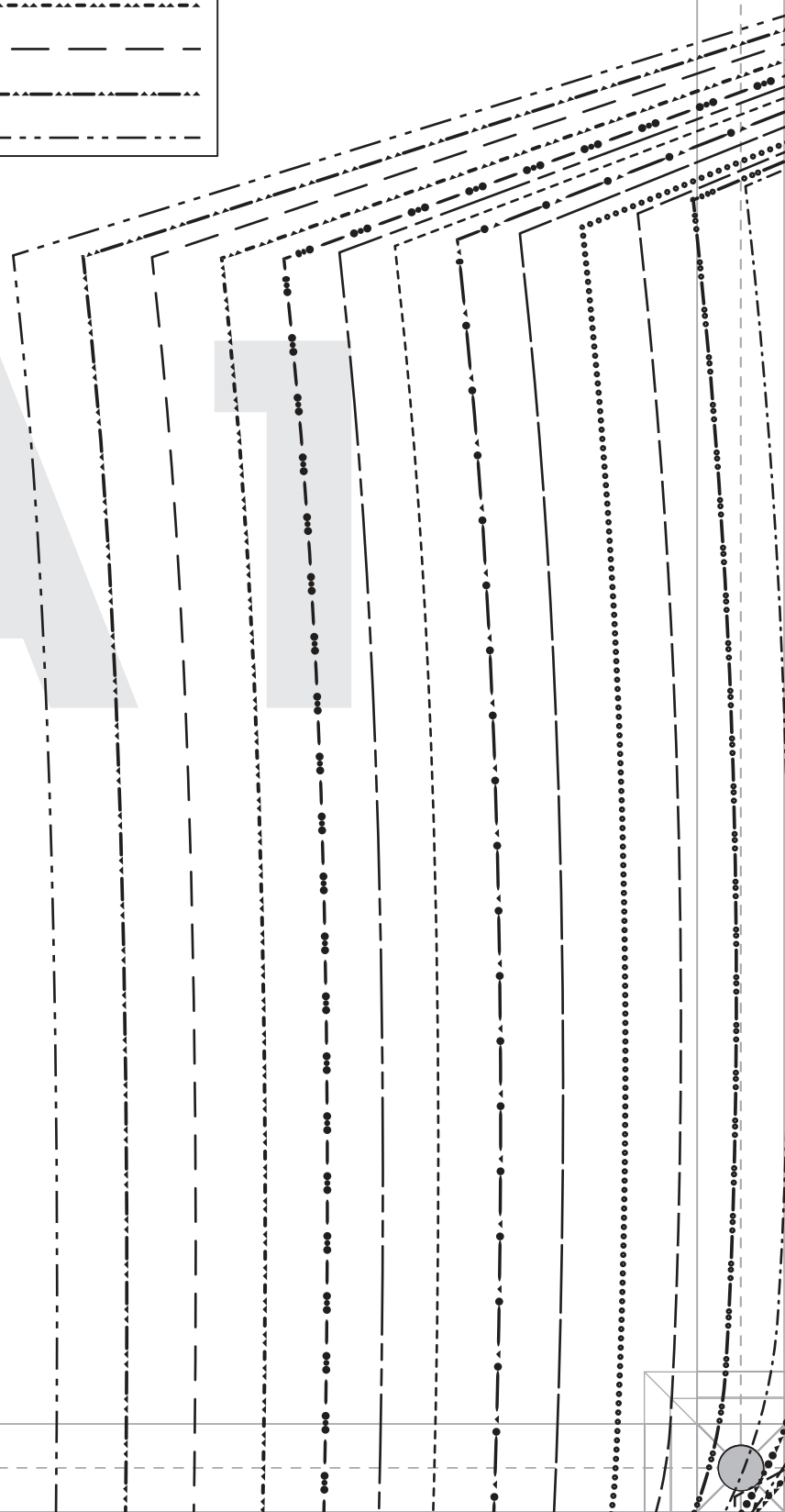
<b>SIZE 00</b> .....	<b>SIZE 16</b> .....
<b>SIZE 0</b> .....	<b>SIZE 18</b> .....
<b>SIZE 2</b> .....	<b>SIZE 20</b> .....
<b>SIZE 4</b> .....	<b>SIZE 22</b> .....
<b>SIZE 6</b> .....	<b>SIZE 24</b> .....
<b>SIZE 8</b> .....	<b>SIZE 26</b> .....
<b>SIZE 10</b> .....	<b>SIZE 28</b> .....
<b>SIZE 12</b> .....	<b>SIZE 30</b> .....
<b>SIZE 14</b> .....	<b>SIZE 32</b> .....

## Size Line Key

SIZE 00	SIZE 16
SIZE 0	SIZE 18
SIZE 2	SIZE 20
SIZE 4	SIZE 22
SIZE 6	SIZE 24
SIZE 8	SIZE 26
SIZE 10	SIZE 28
SIZE 12	SIZE 30
SIZE 14	SIZE 32



#MoodVenturaPattern  
**"The Ventura Sweatsuit Ensemble"**  
**MDF372**





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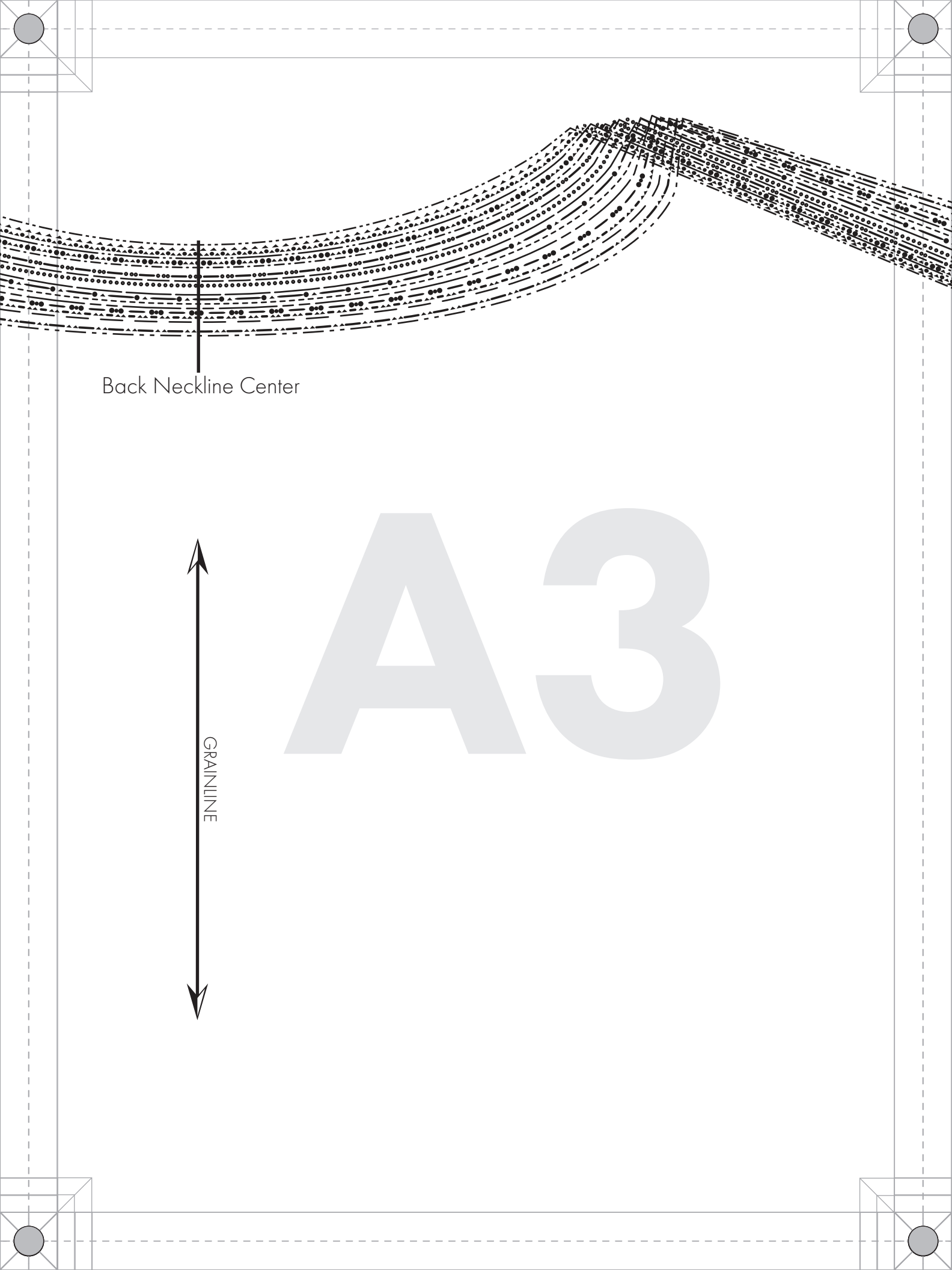
**“The Ventura Sweatsuit Ensemble”  
MDF372**

**C - BACK UPPER  
Cut 1**

Ladies Sizes 00 to 32

1/2" seam allowances (SA's) included

LEFT SLEEVE



Back Neckline Center

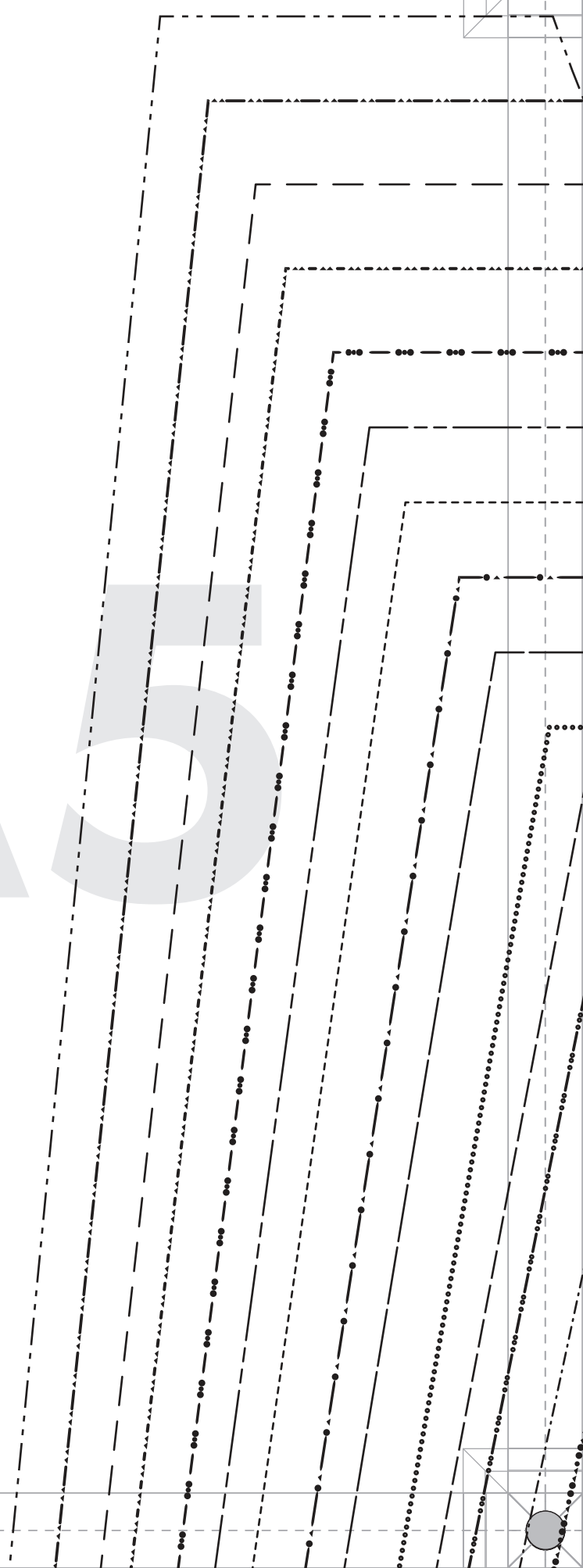
GRAINLINE

A3

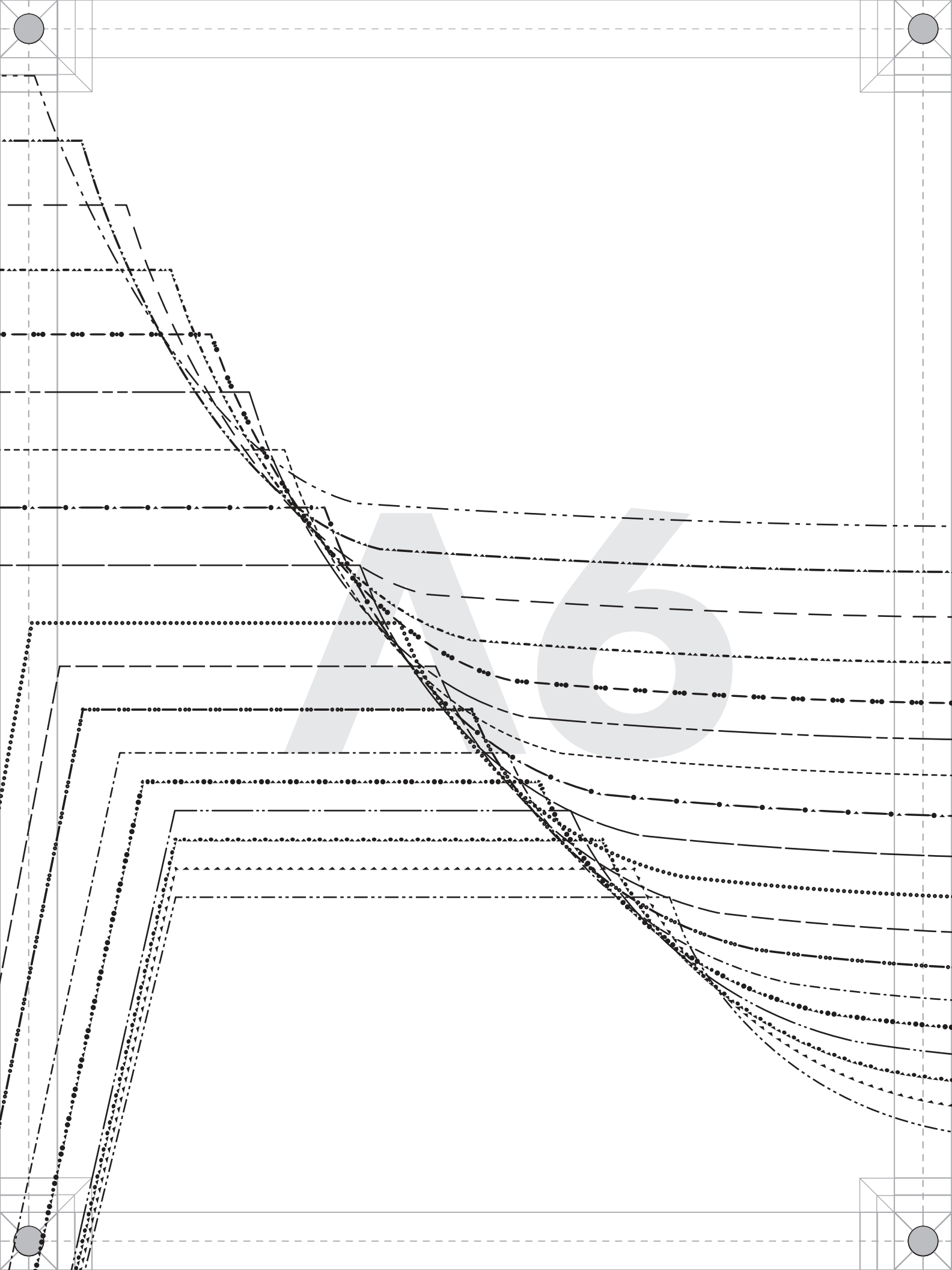
RIGHT SLEEVE

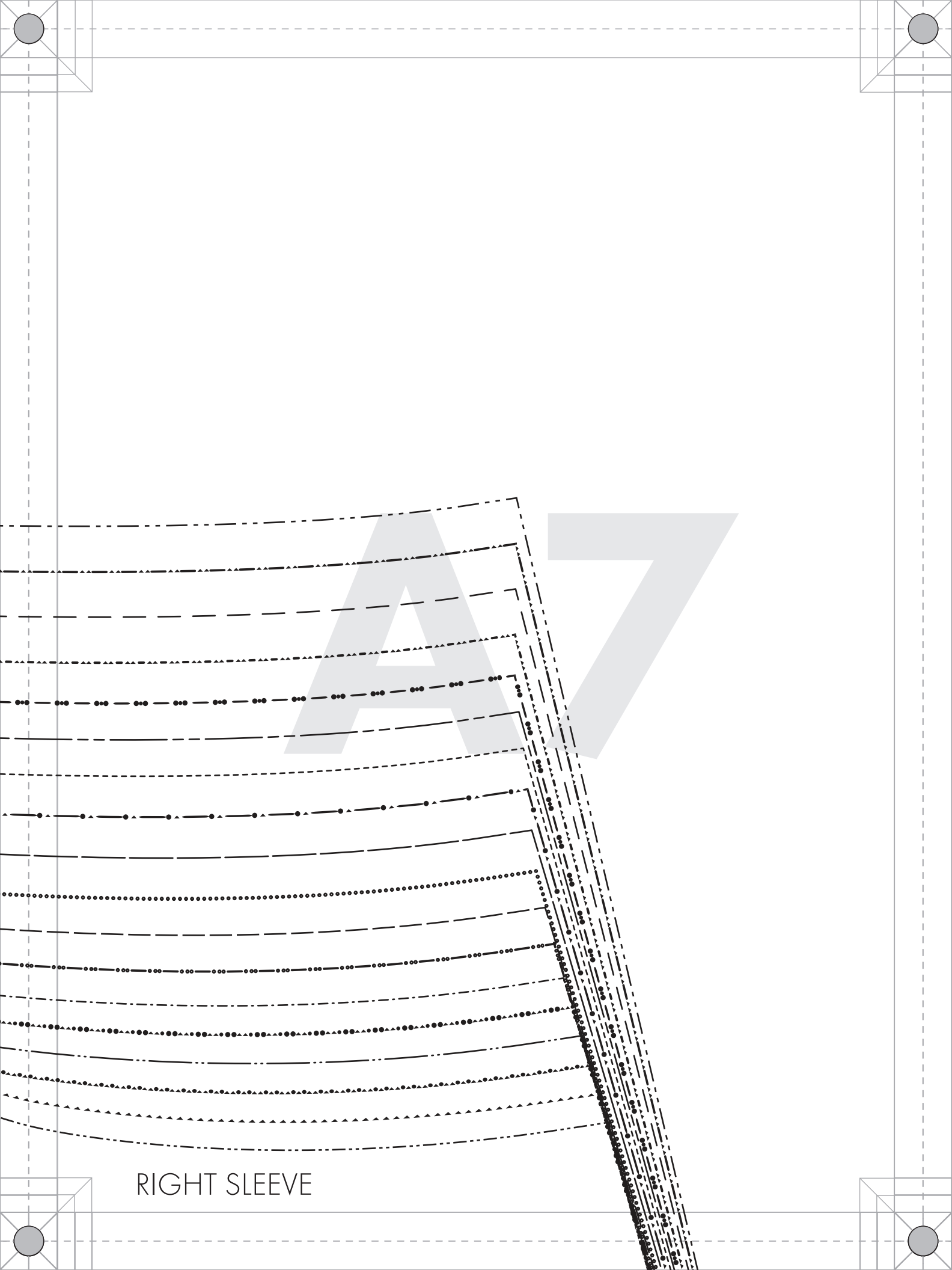
A4

AS

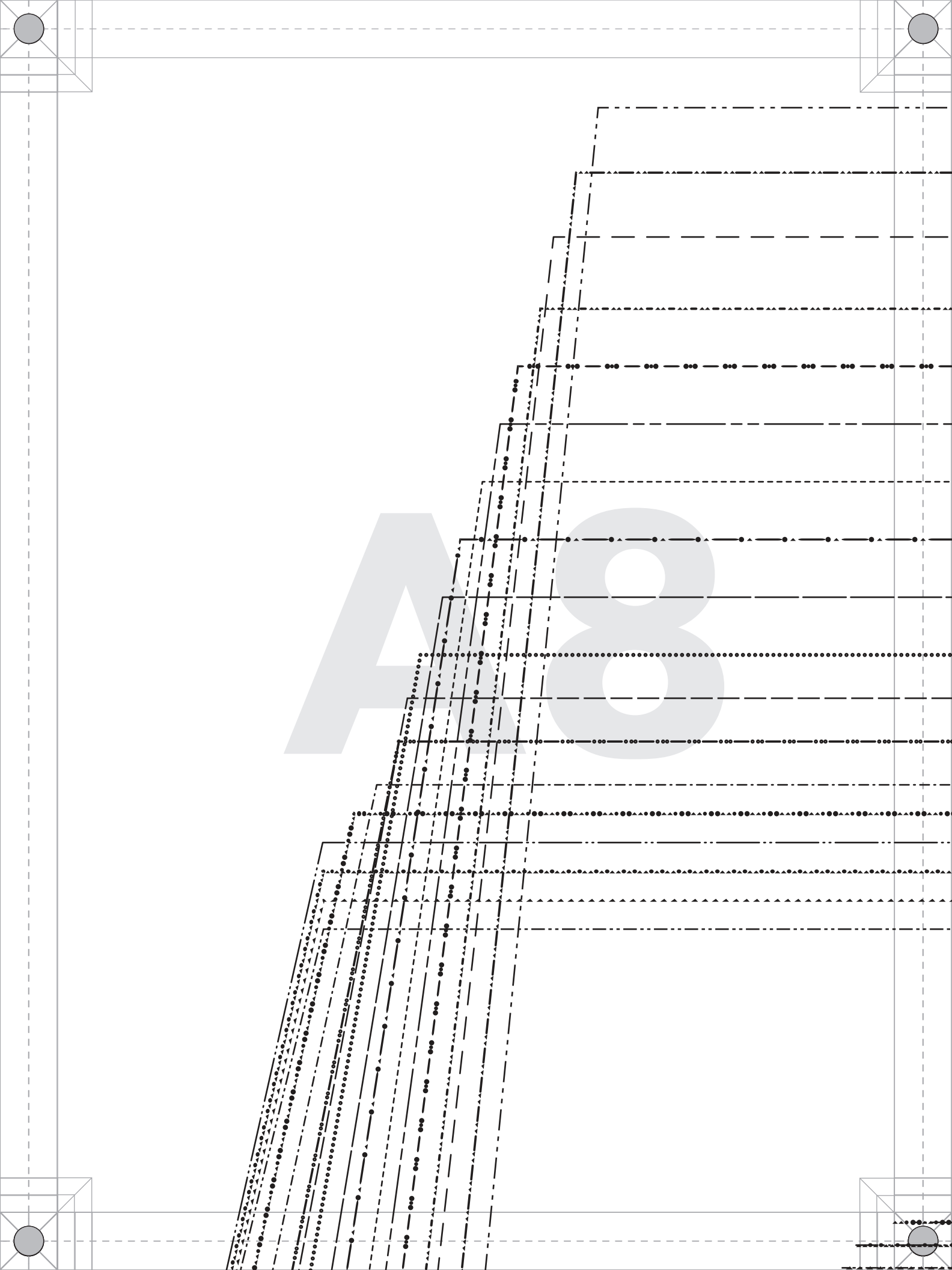


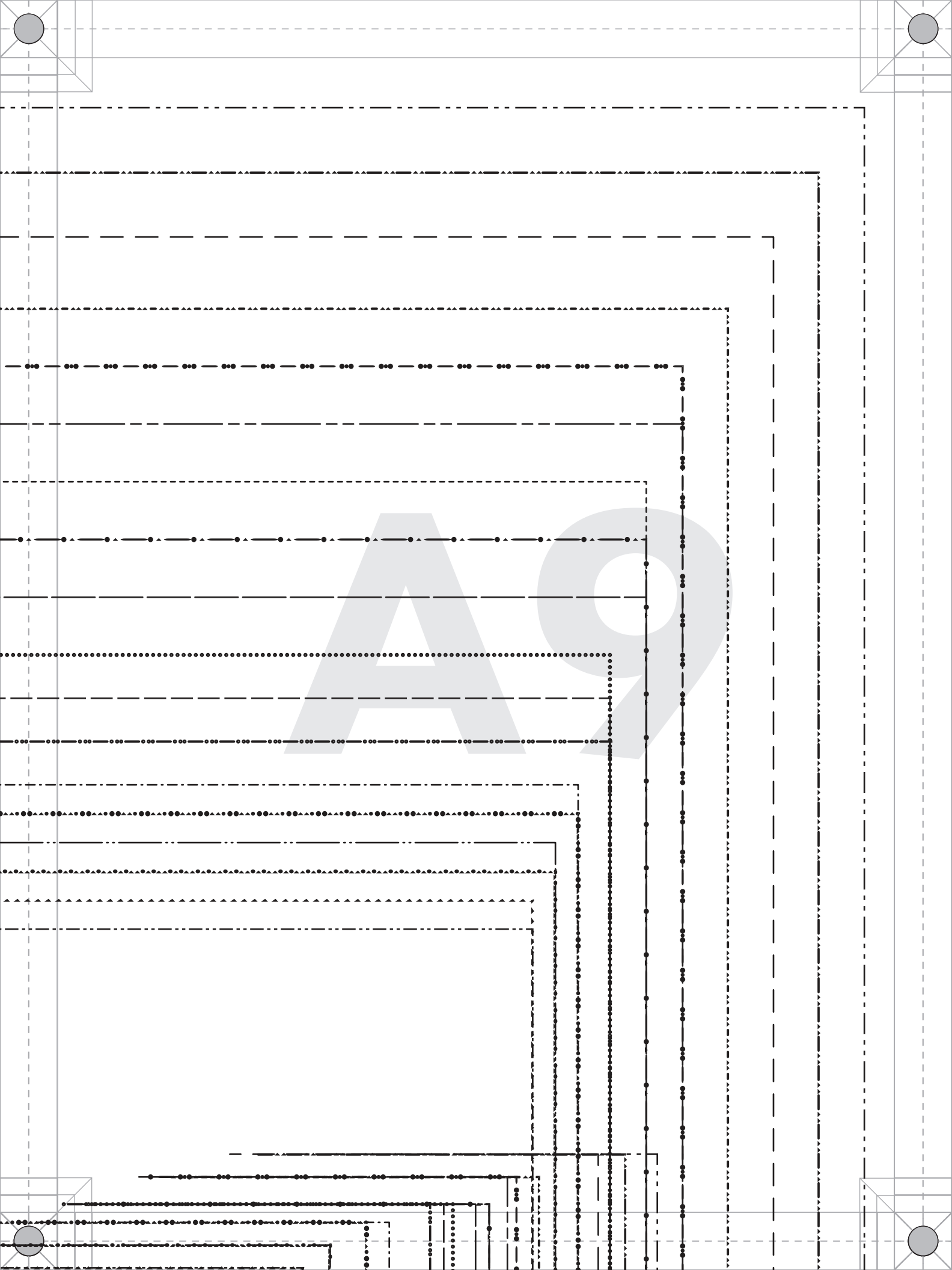






RIGHT SLEEVE





P A T T E R N S

BY

*Mood*

DESIGNER FABRICS

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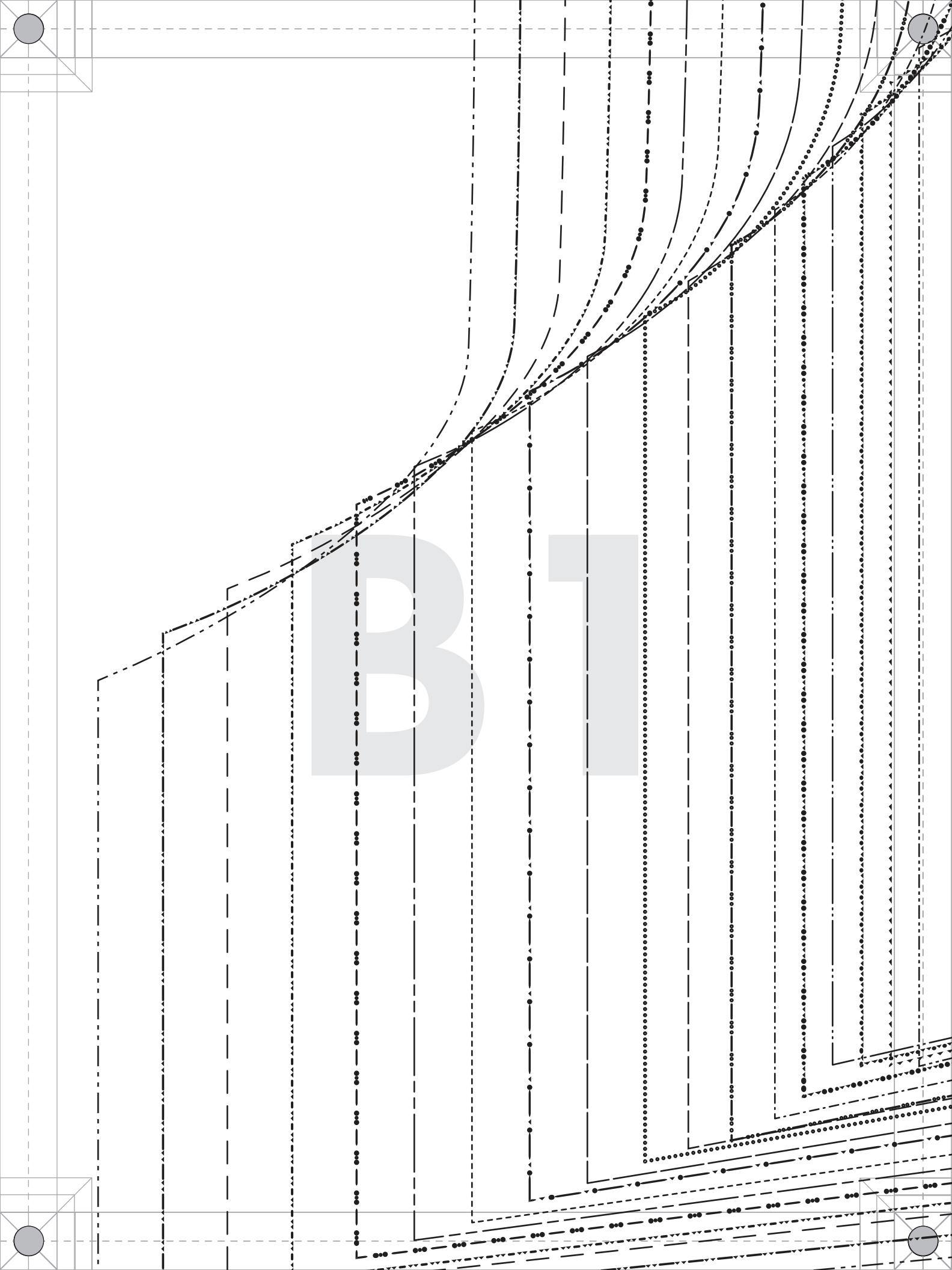
“The Ventura Sweatshirt Ensemble”

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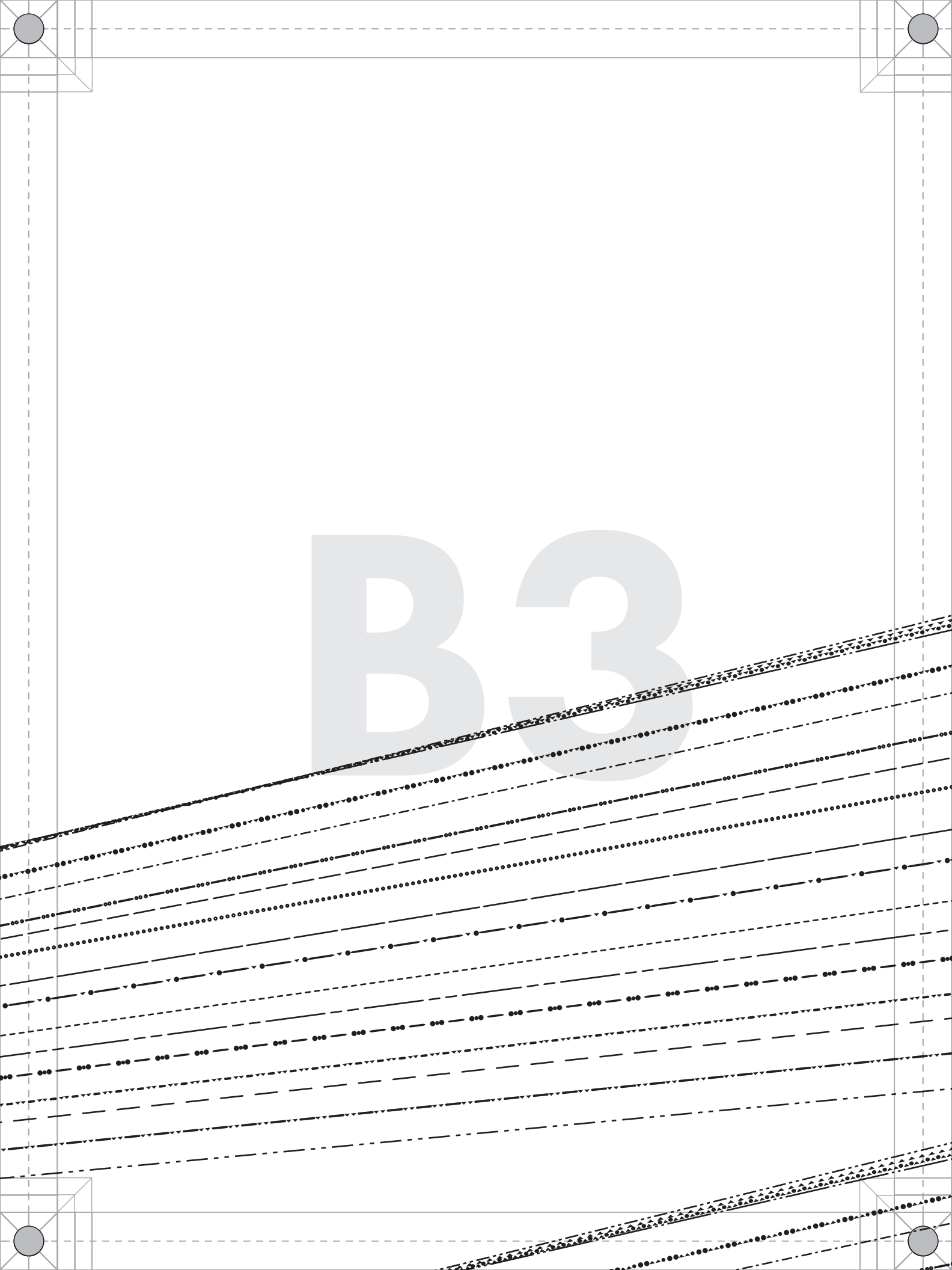
M - SHORTS WAISTBAND  
Cut 1

Ladies Sizes 00 to 32

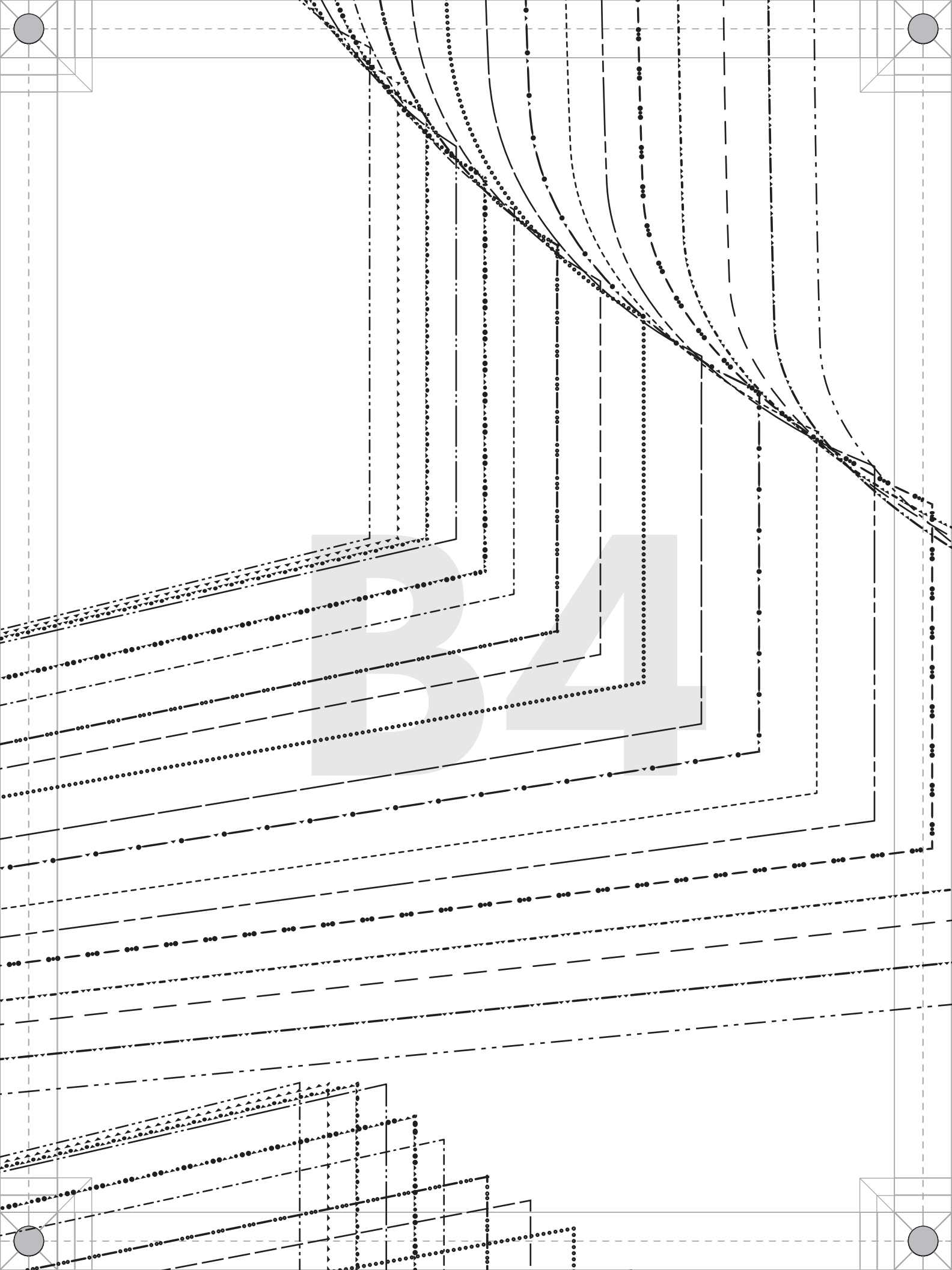
1/2" seam allowances (SA's) included

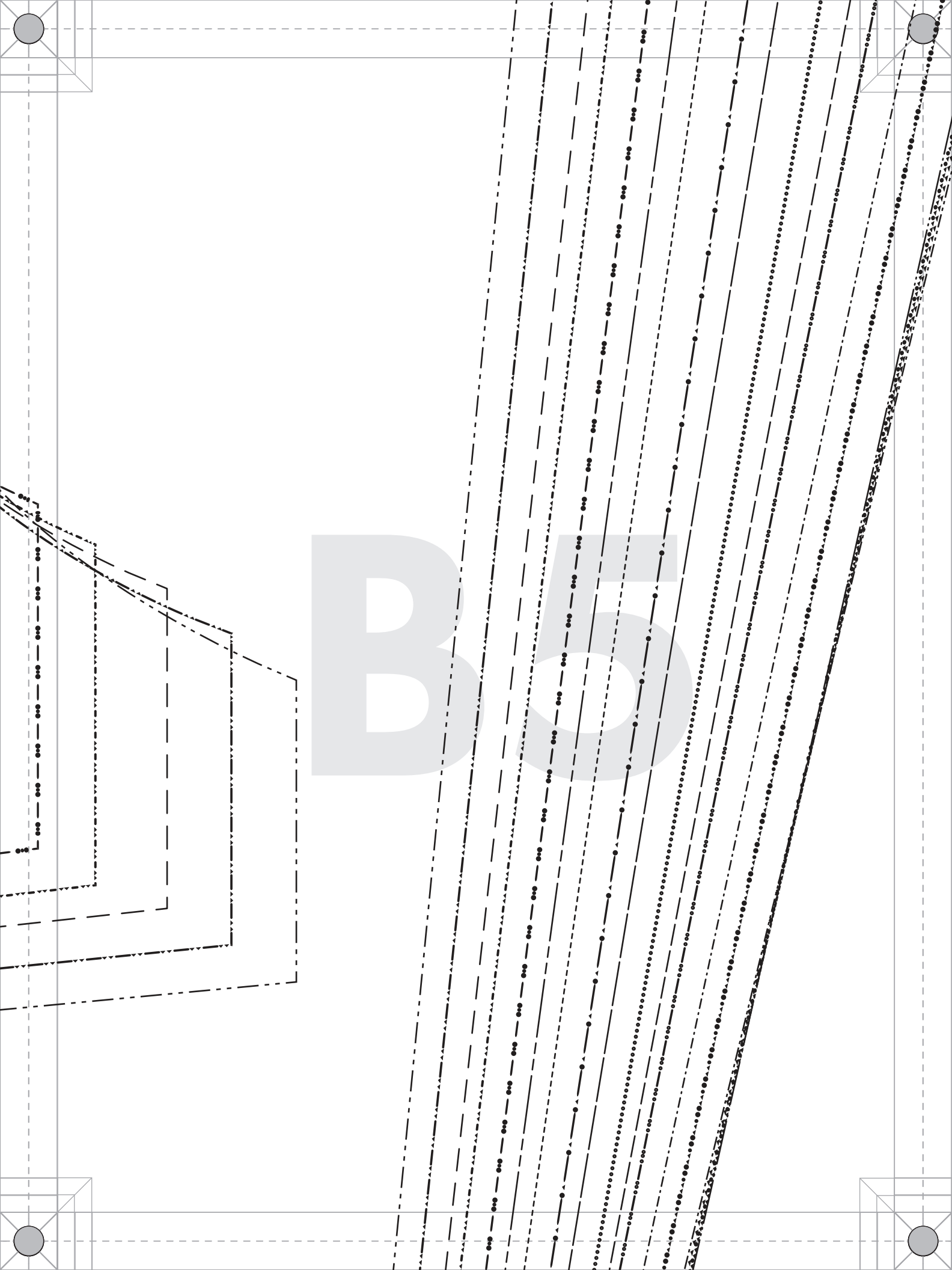


B2









P A T T E R N S

BY

*mood*

DESIGNER FABRICS

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“The Ventura Sweatshirt Ensemble”  
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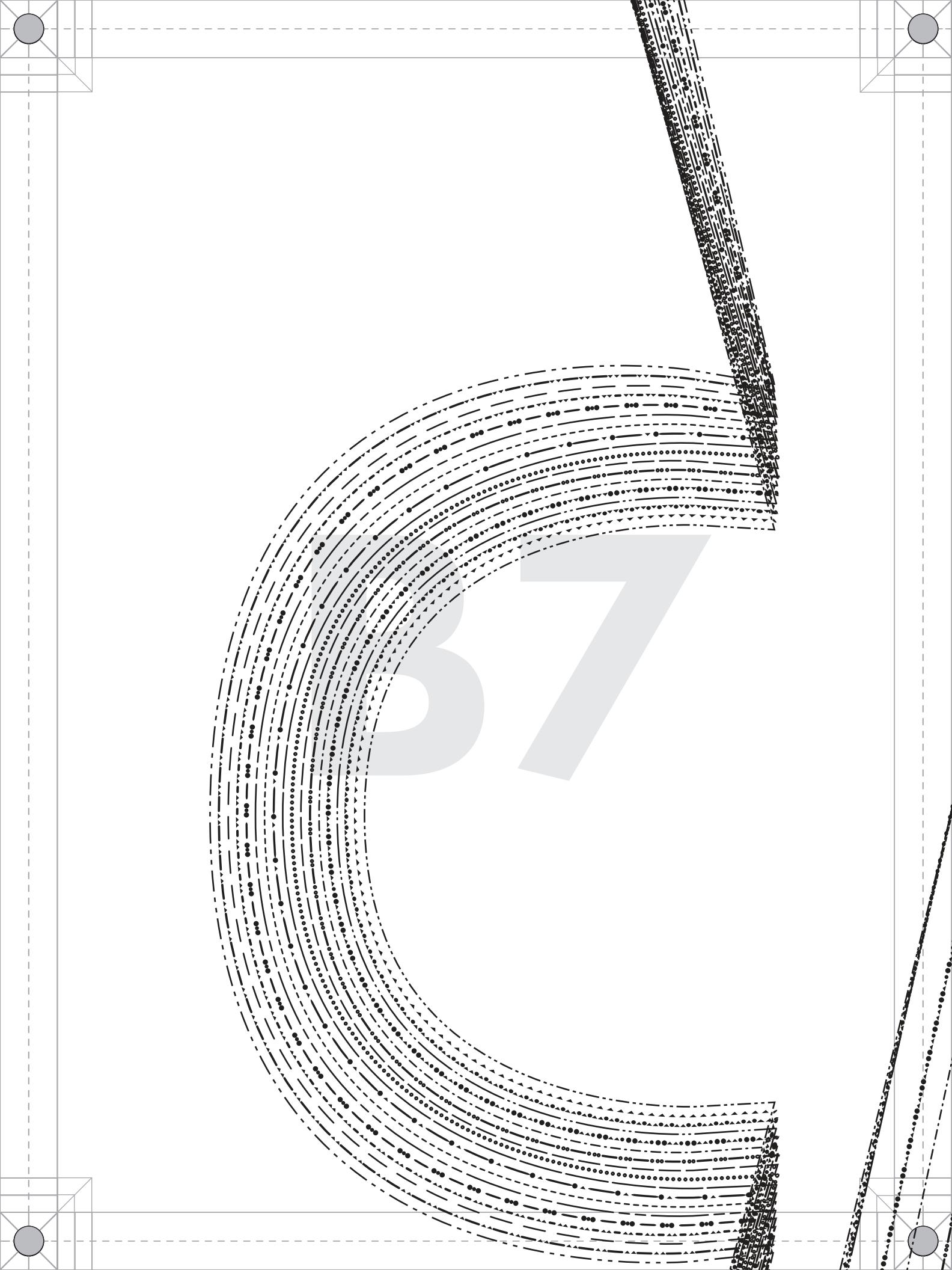
A - FRONT UPPER  
Cut 1

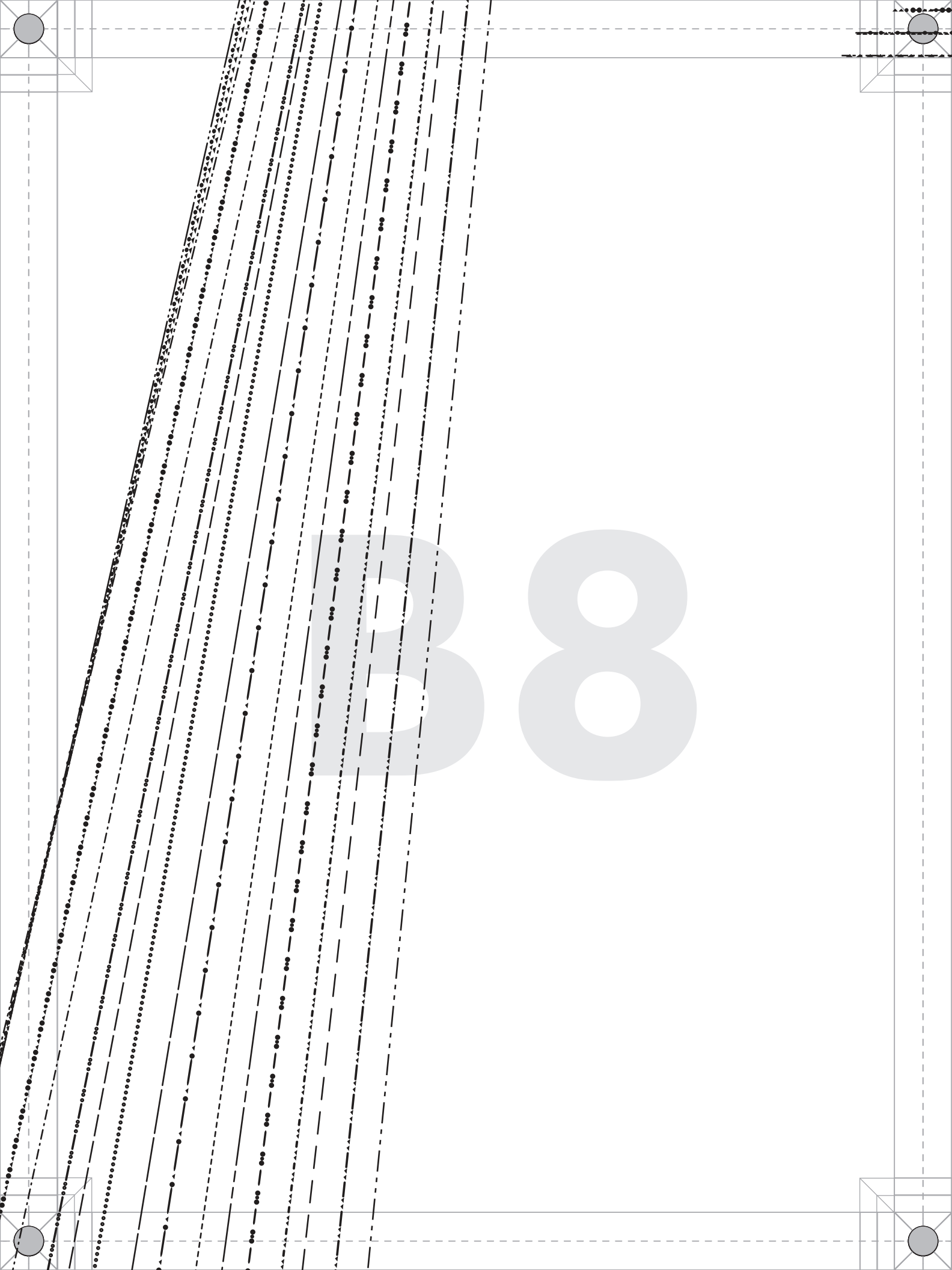
Ladies Sizes 00 to 32

1/2" seam allowances (SA's) included

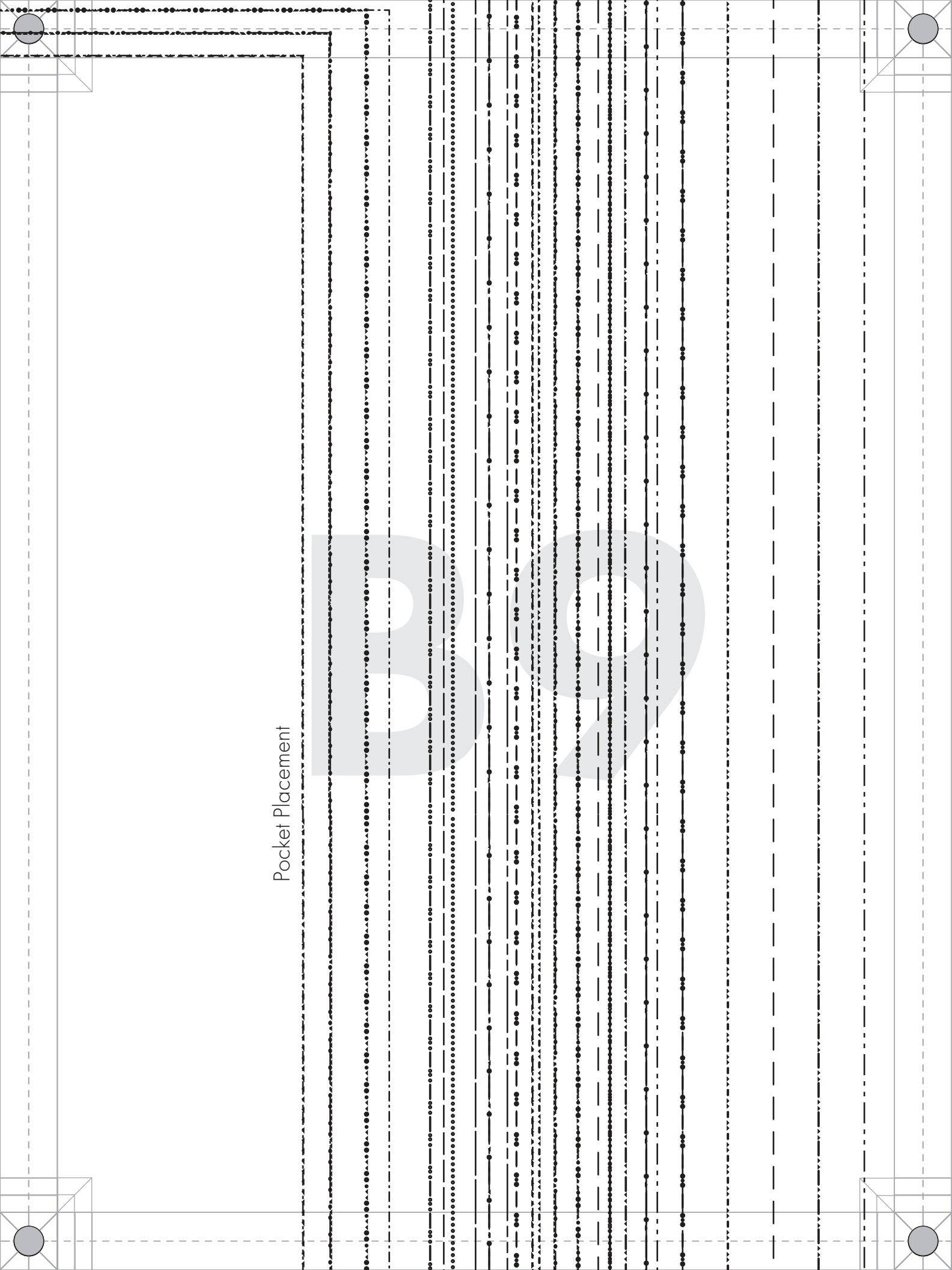
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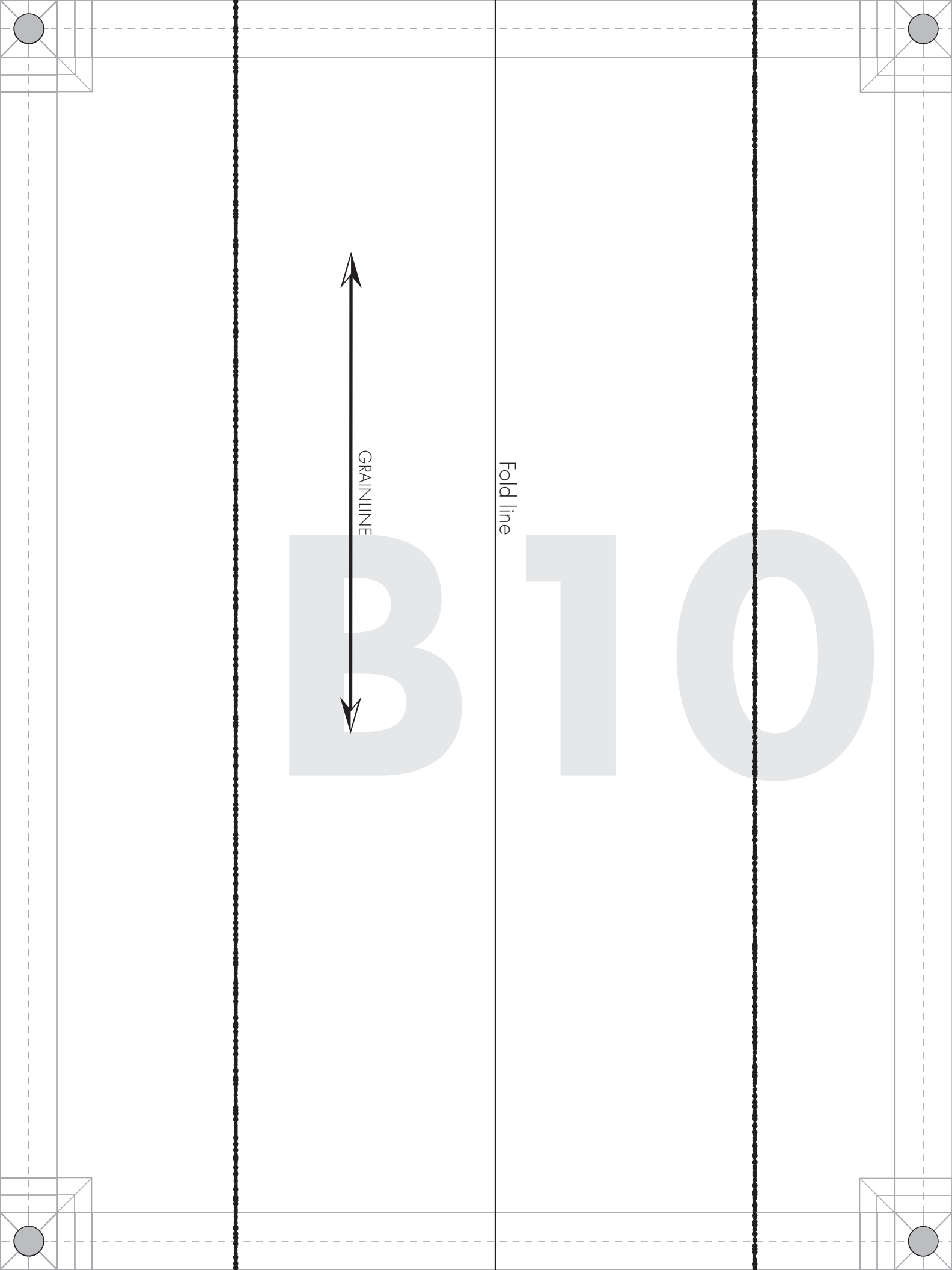






# Pocket Placement

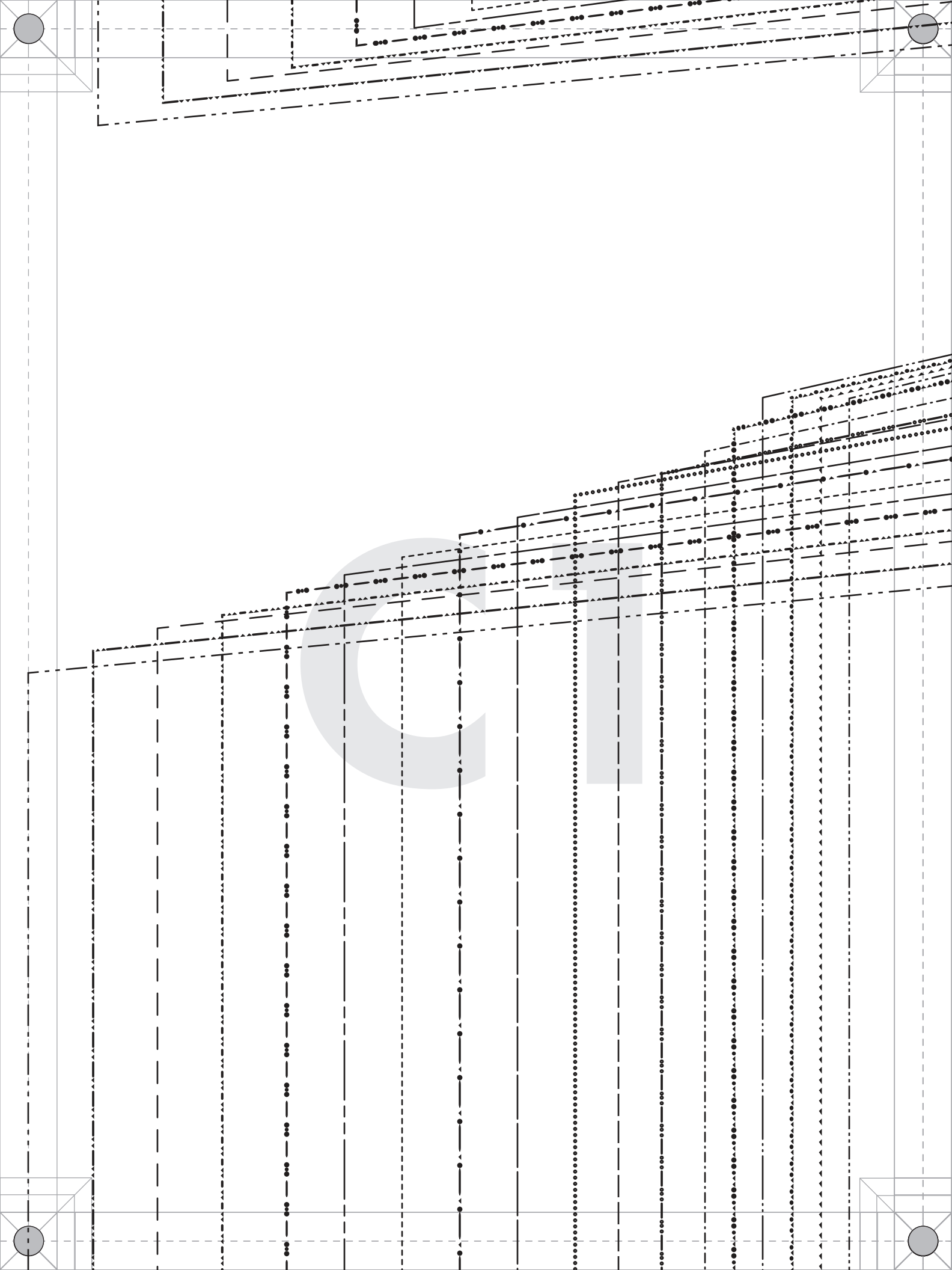




Fold line

GRAINLINE

B10







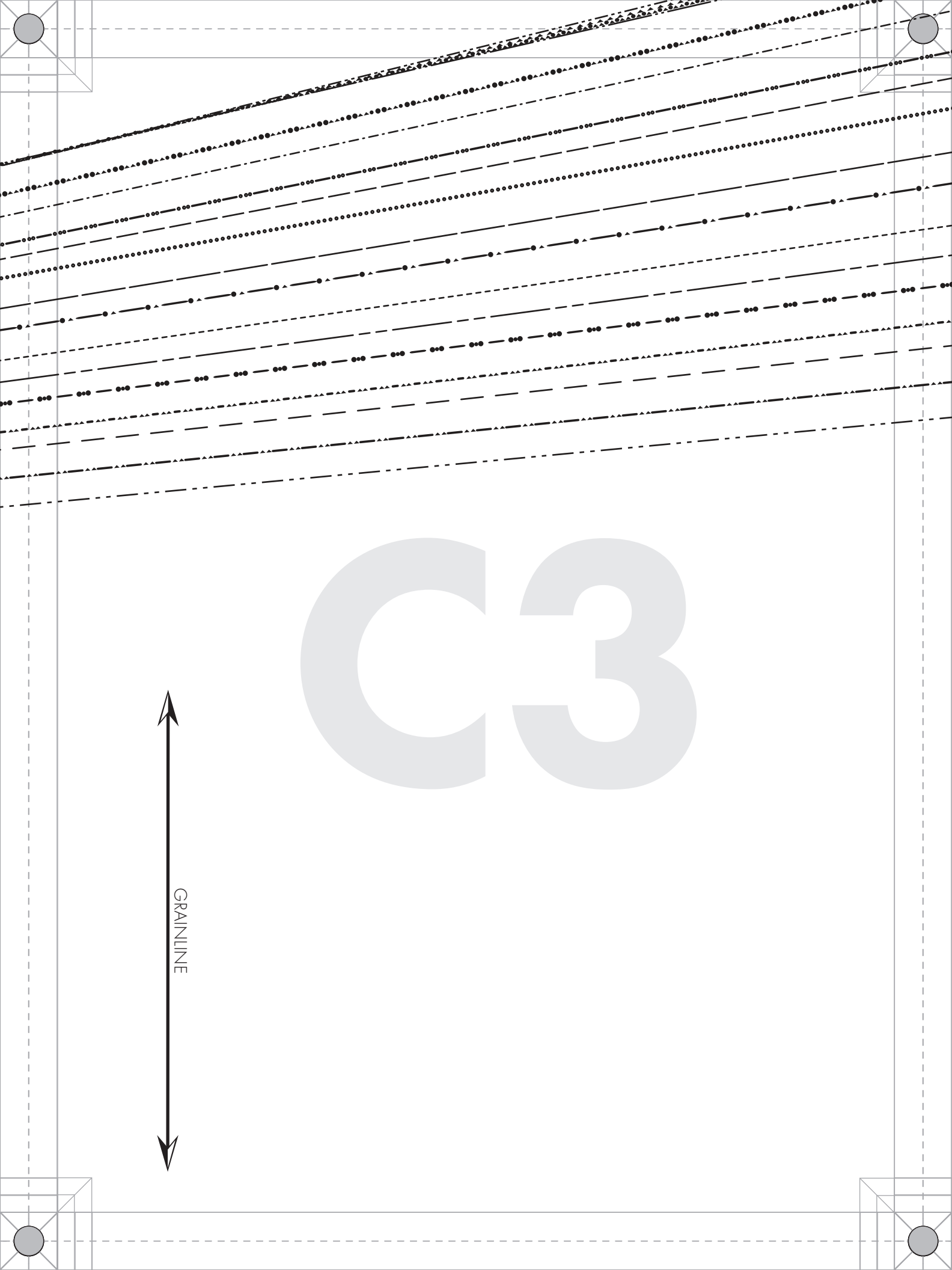
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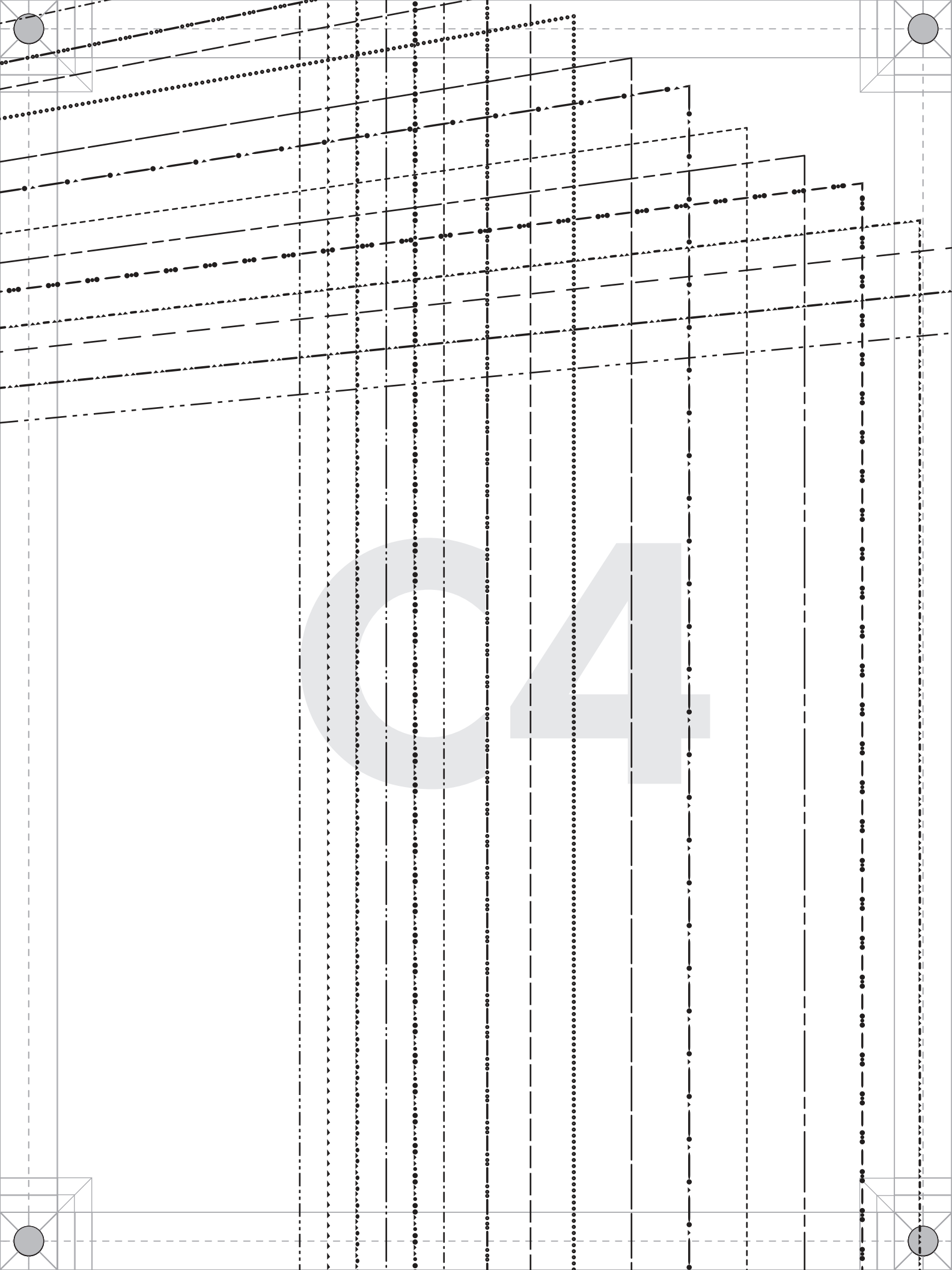
**“The Ventura Sweatsuit Ensemble”  
MDF372**

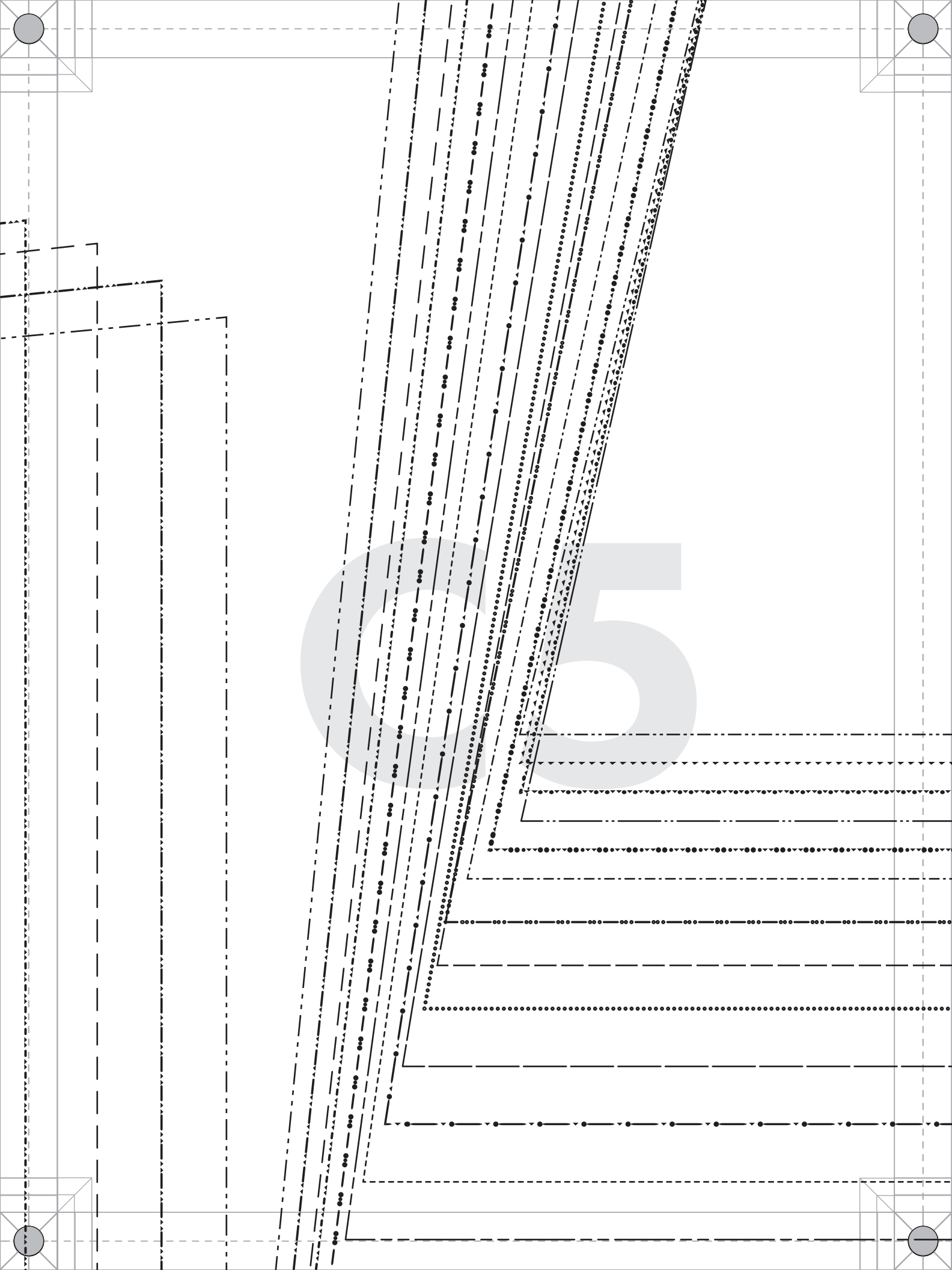
**D - BACK LOWER  
Cut 1**

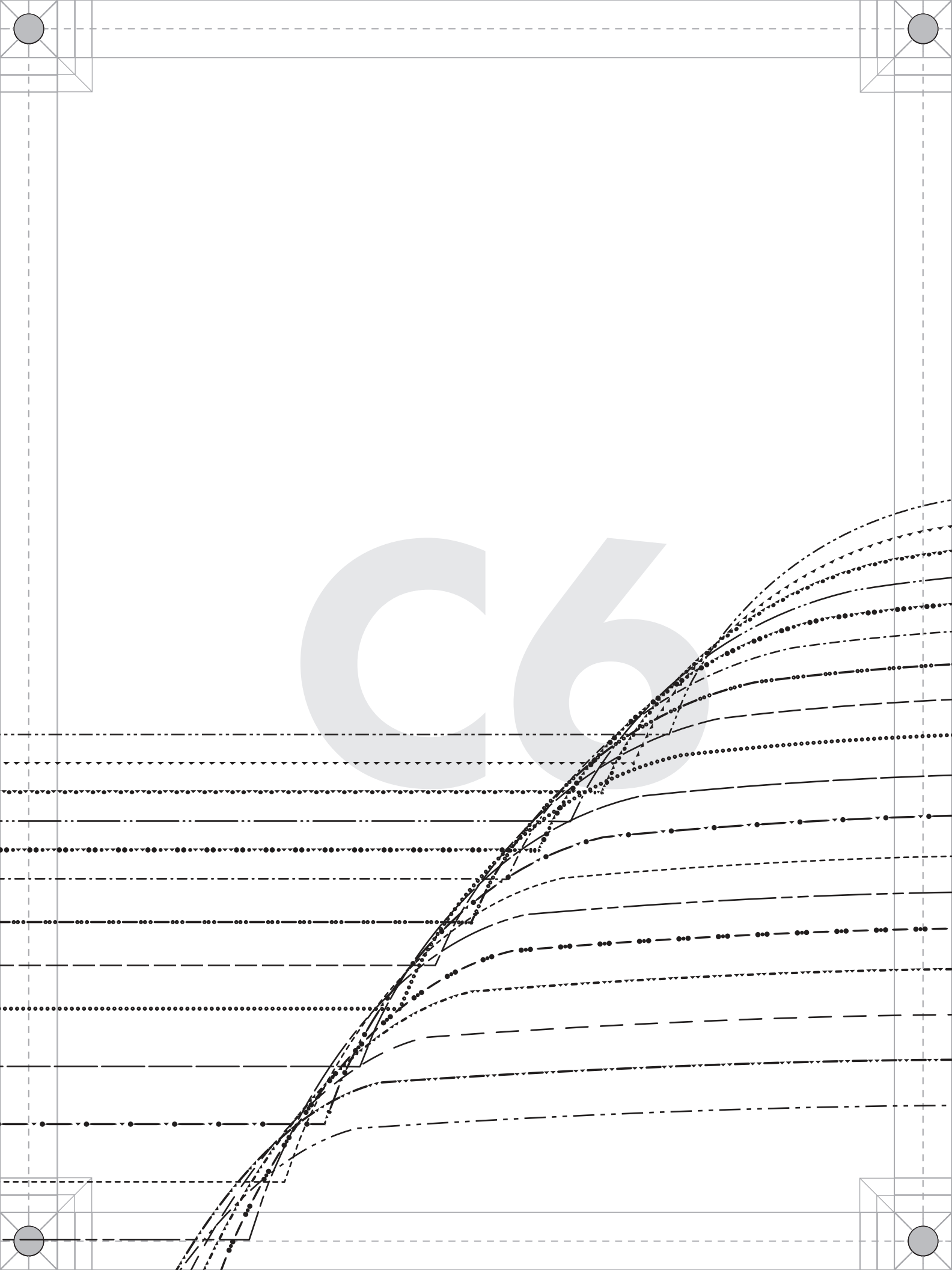
Ladies Sizes 00 to 32

1/2" seam allowances (SA's) included

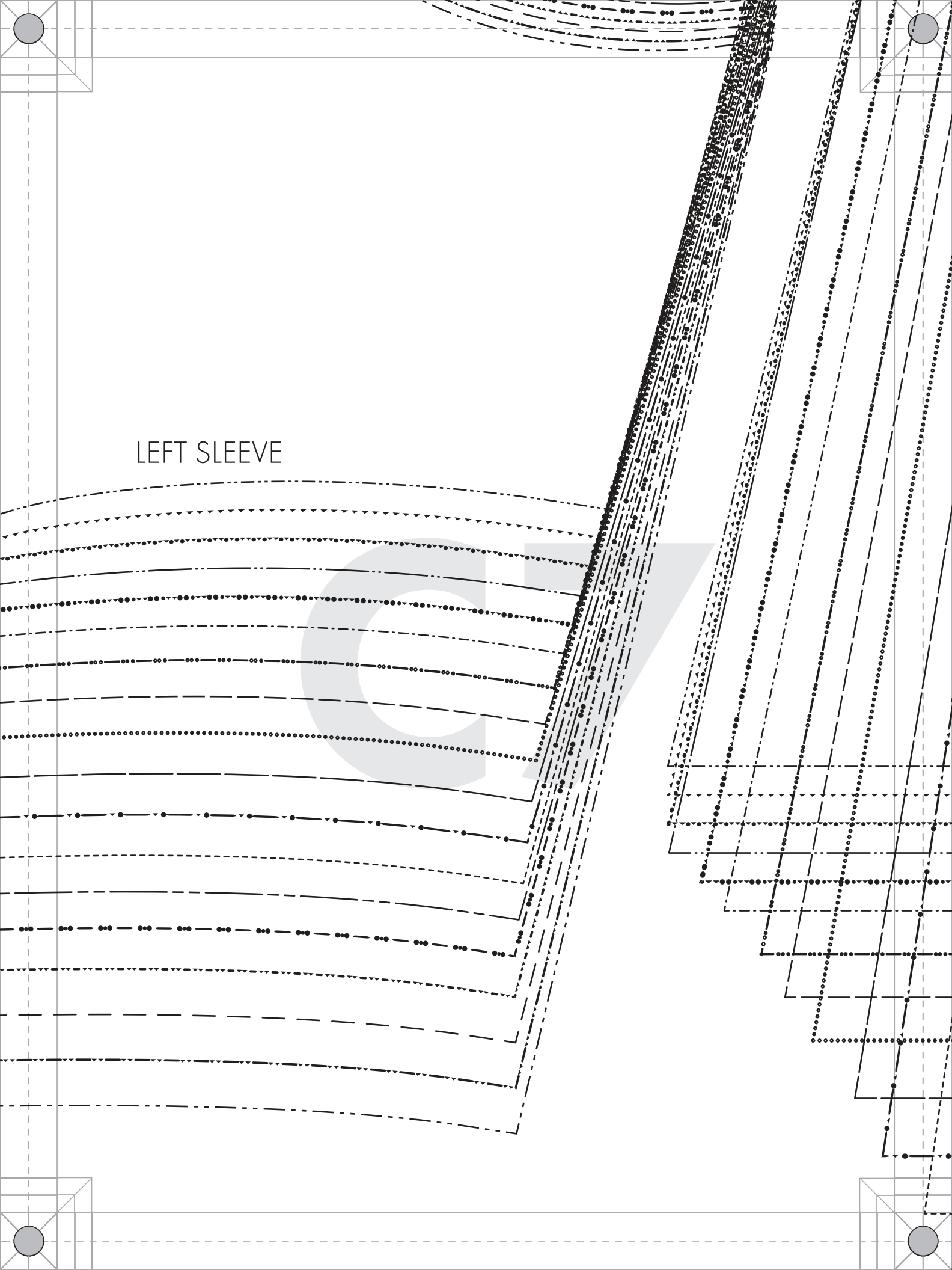








LEFT SLEEVE





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# "The Ventura Sweatsuit Ensemble"

## MDF372

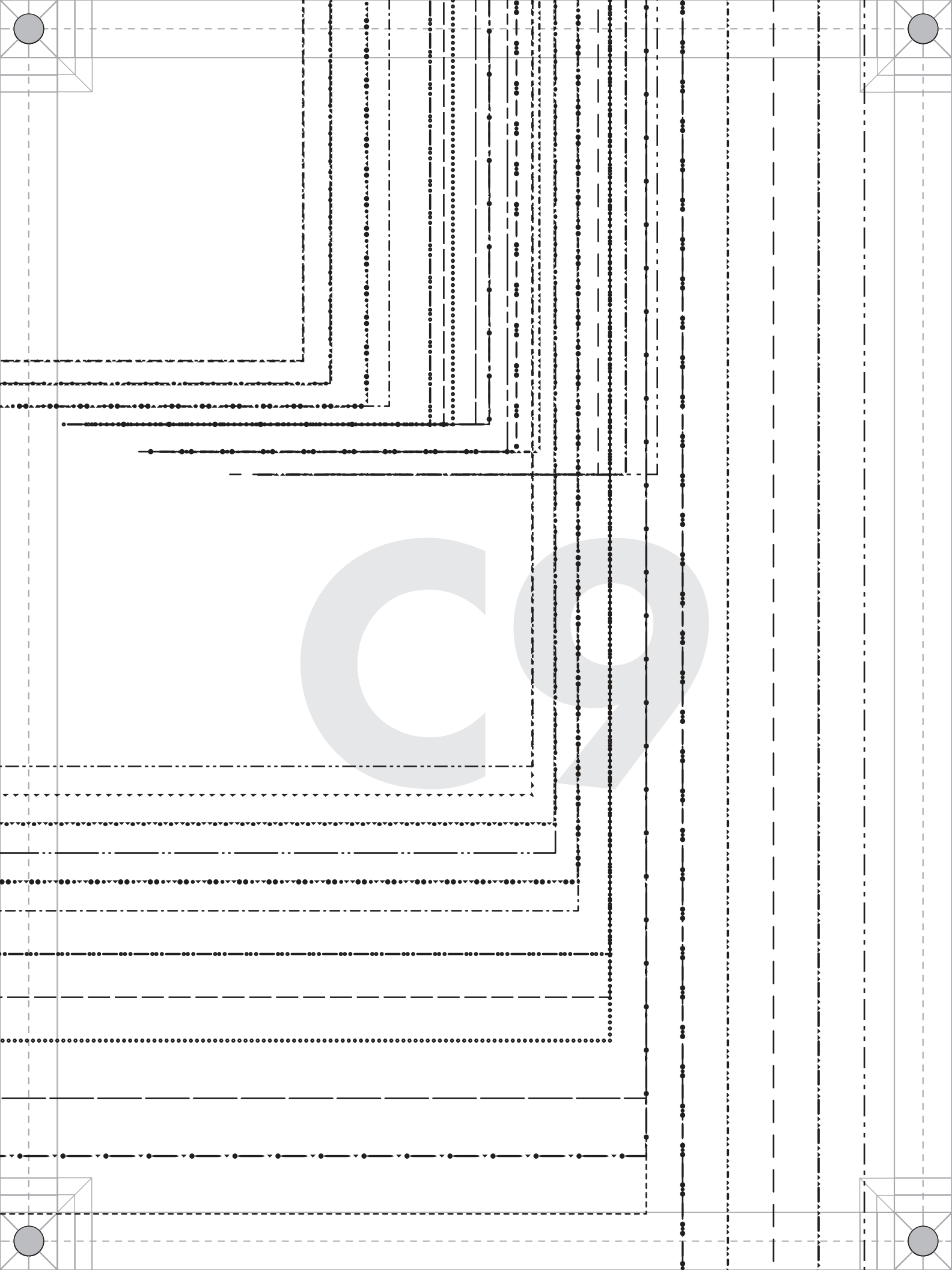
### B - FRONT LOWER

### Cut 1

Ladies Sizes 00 to 32  
1 1/2" seam allowances (SA's) included

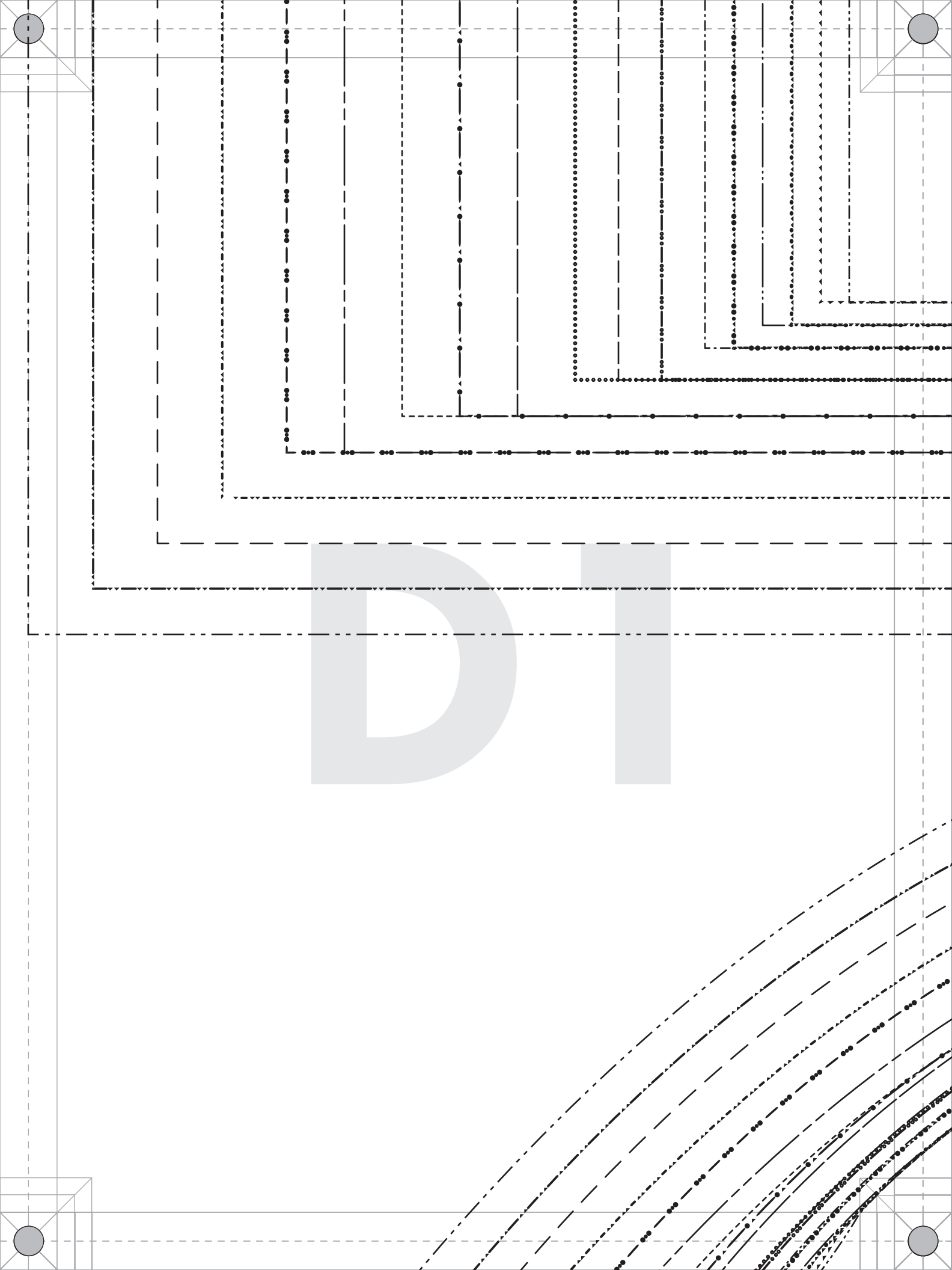
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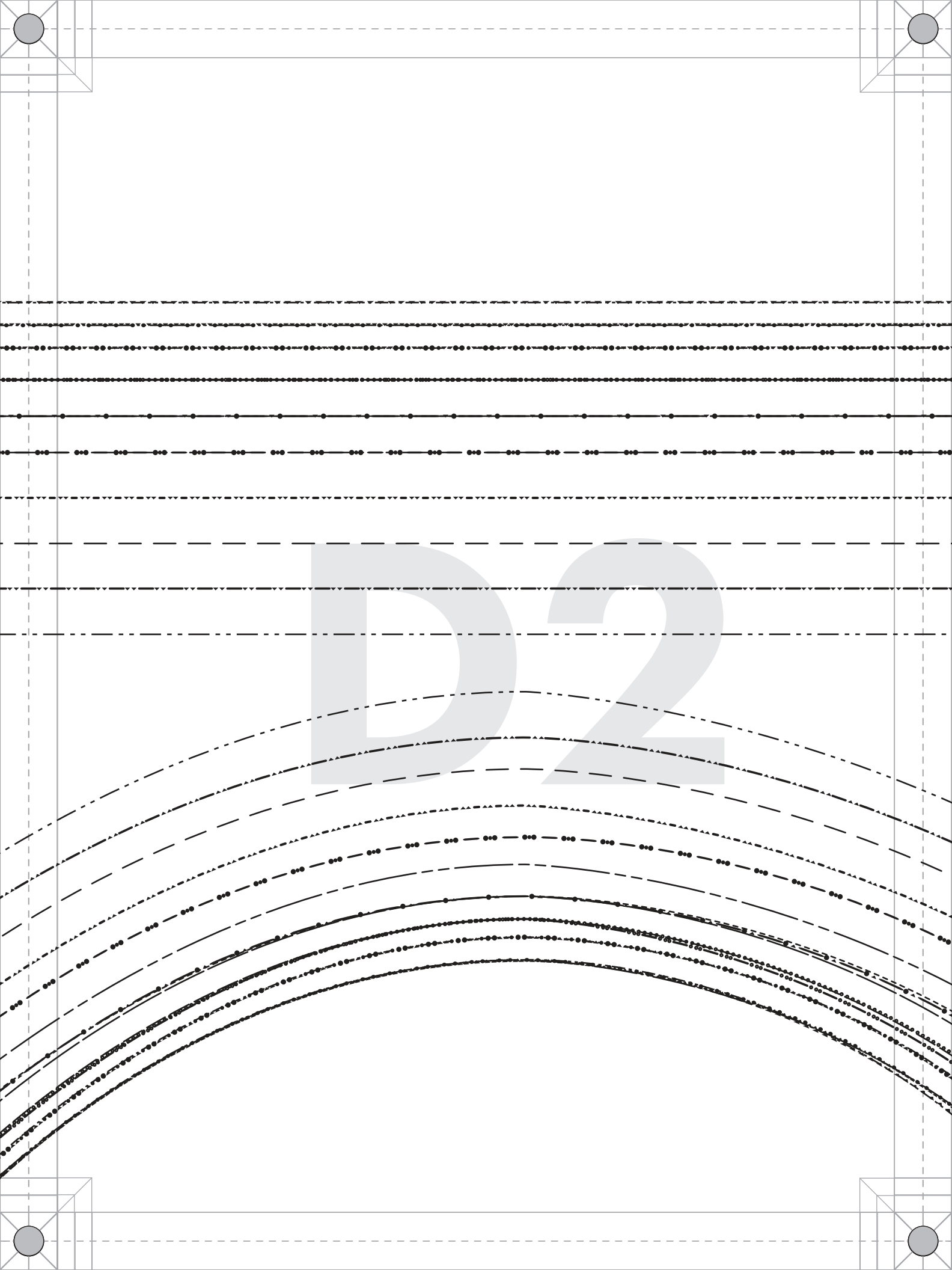


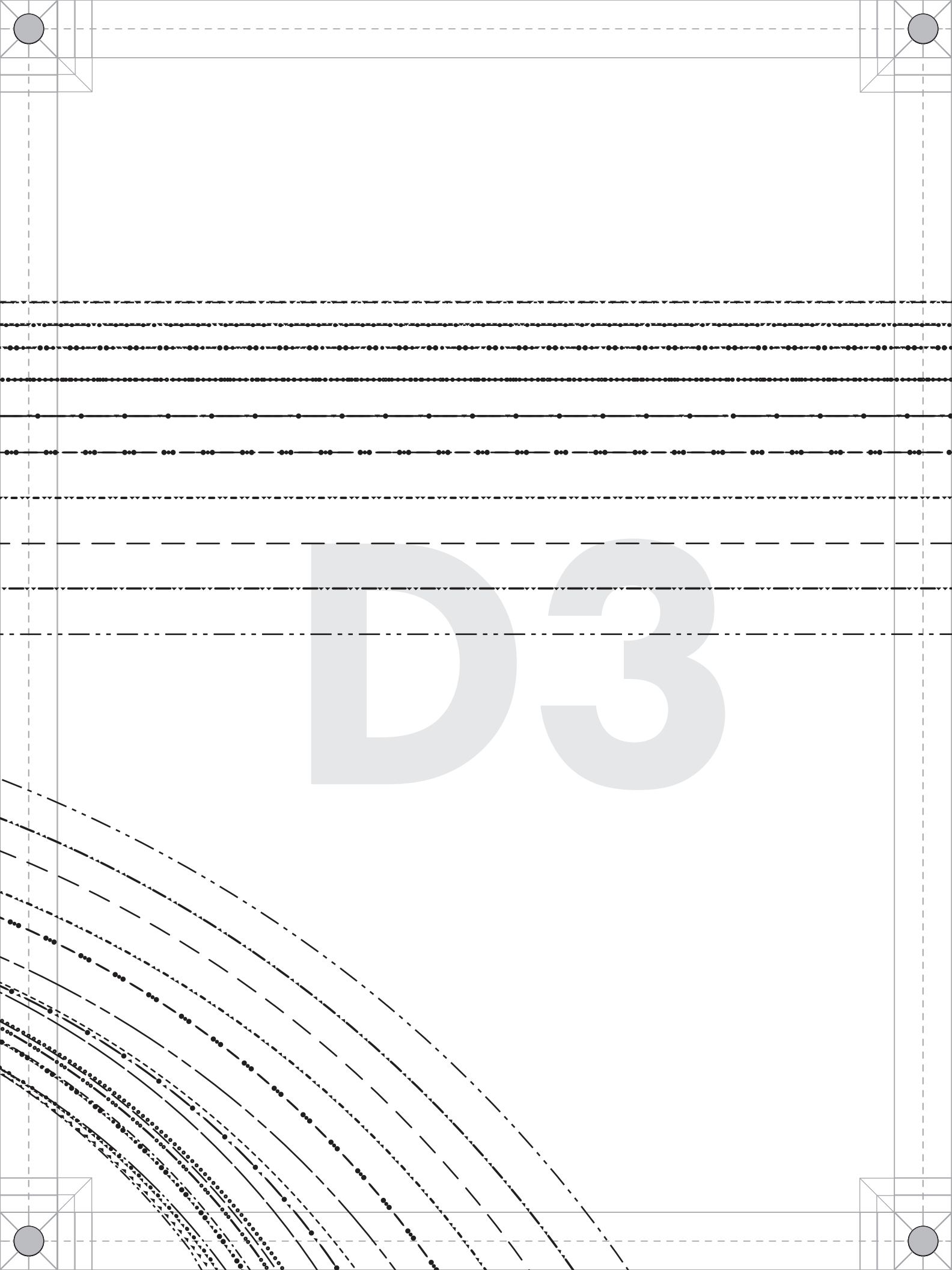


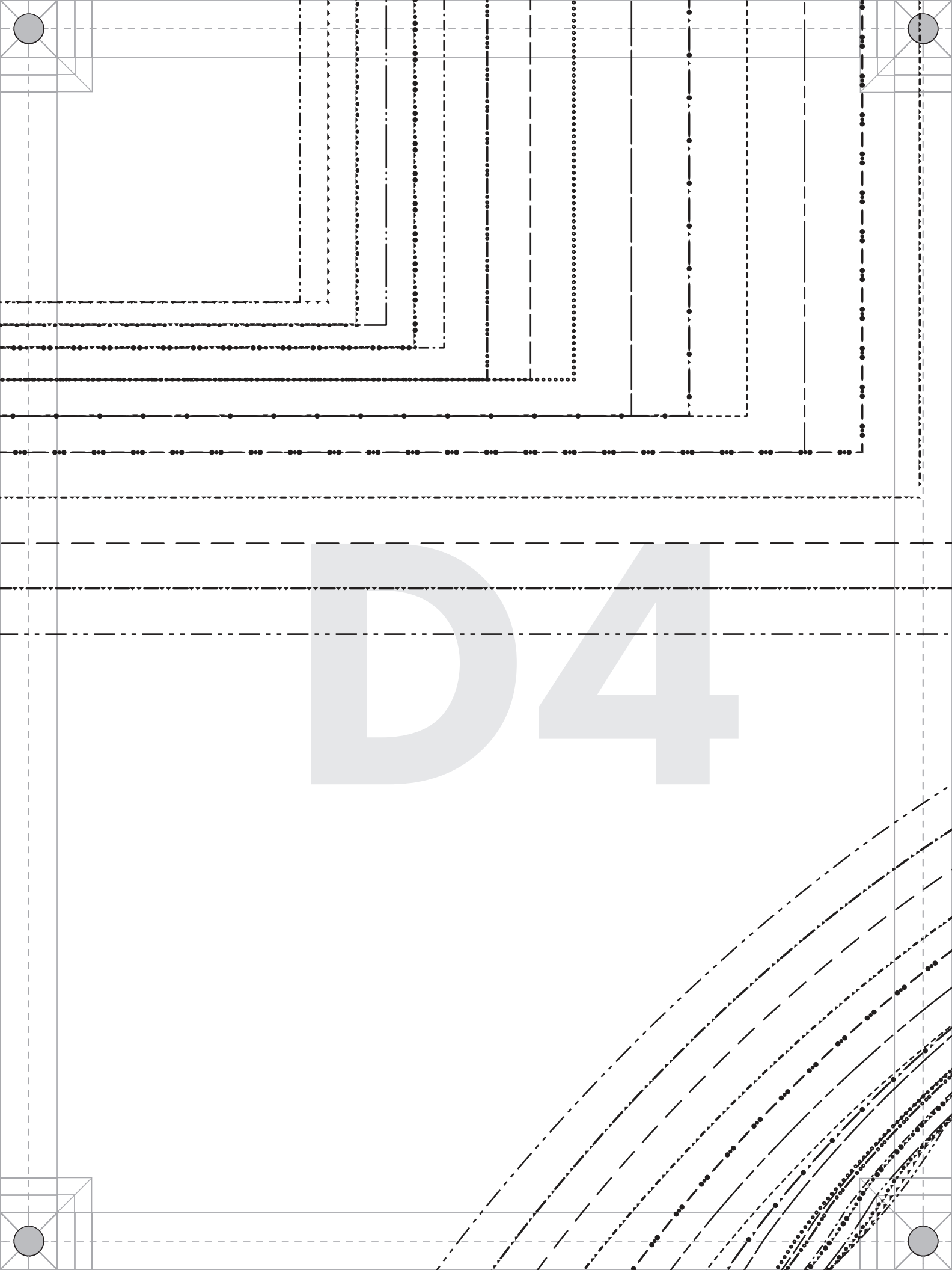


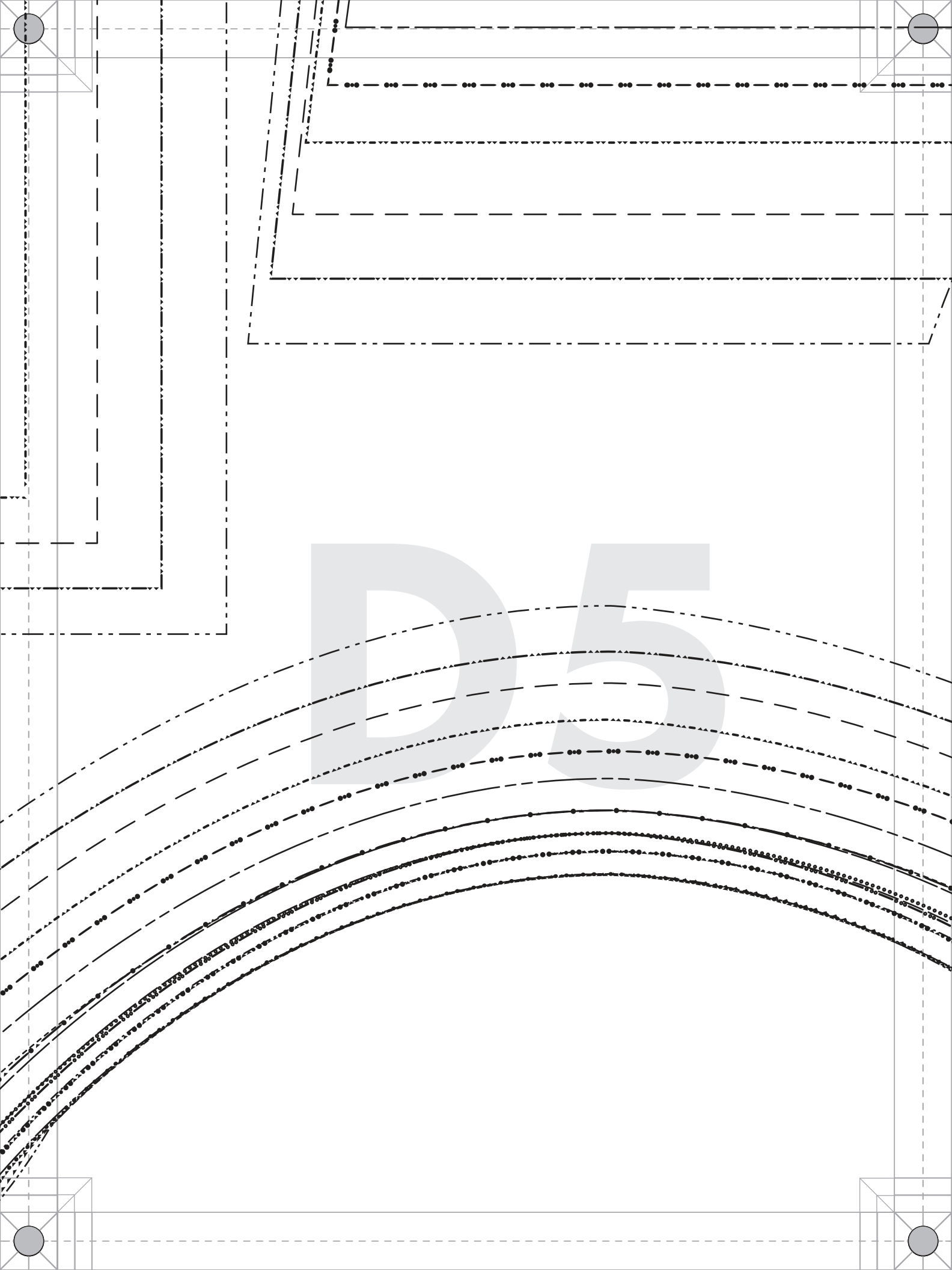
c10





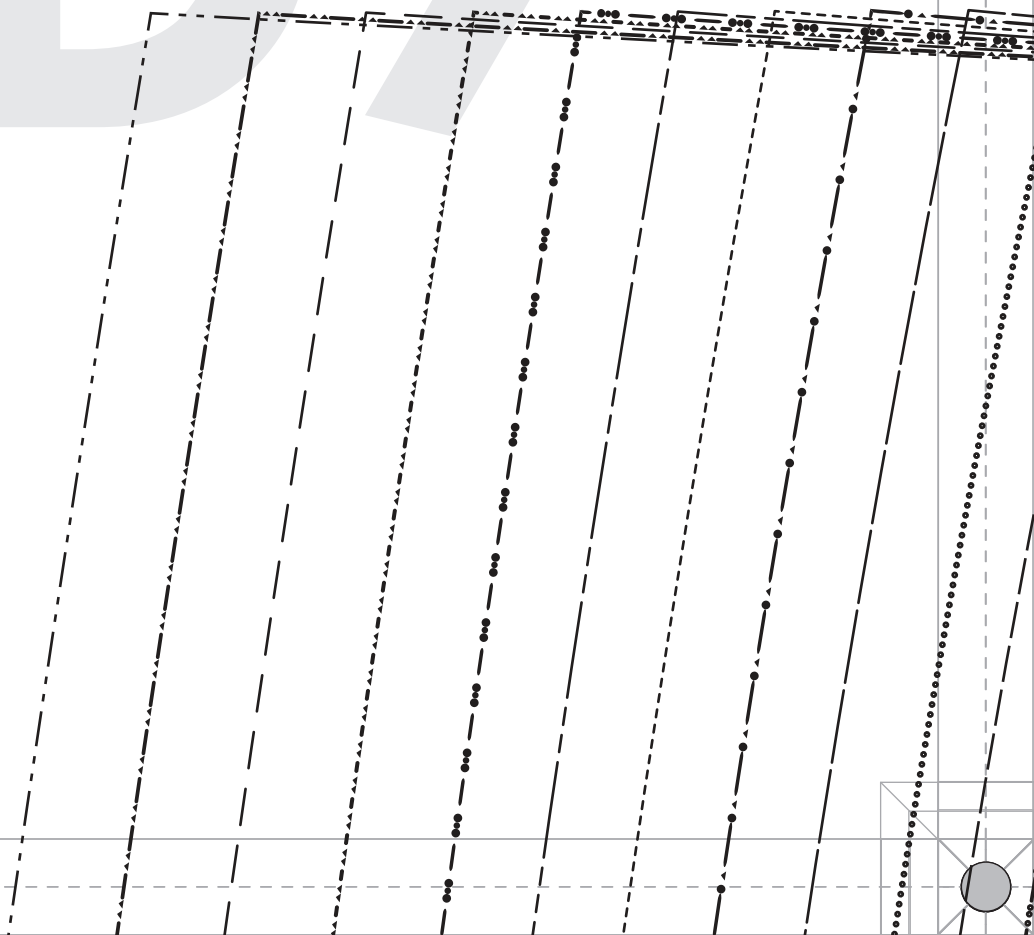




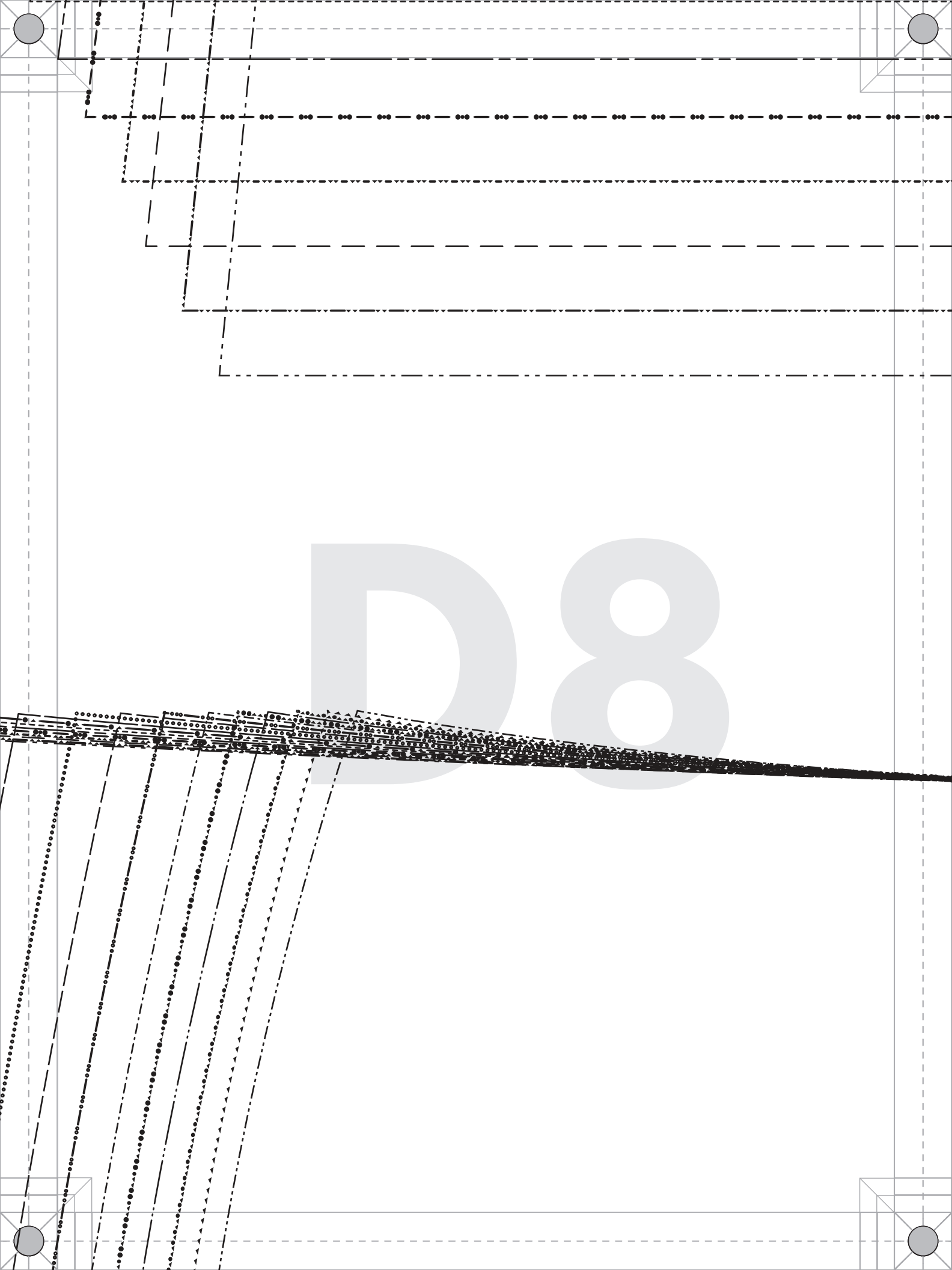


D6

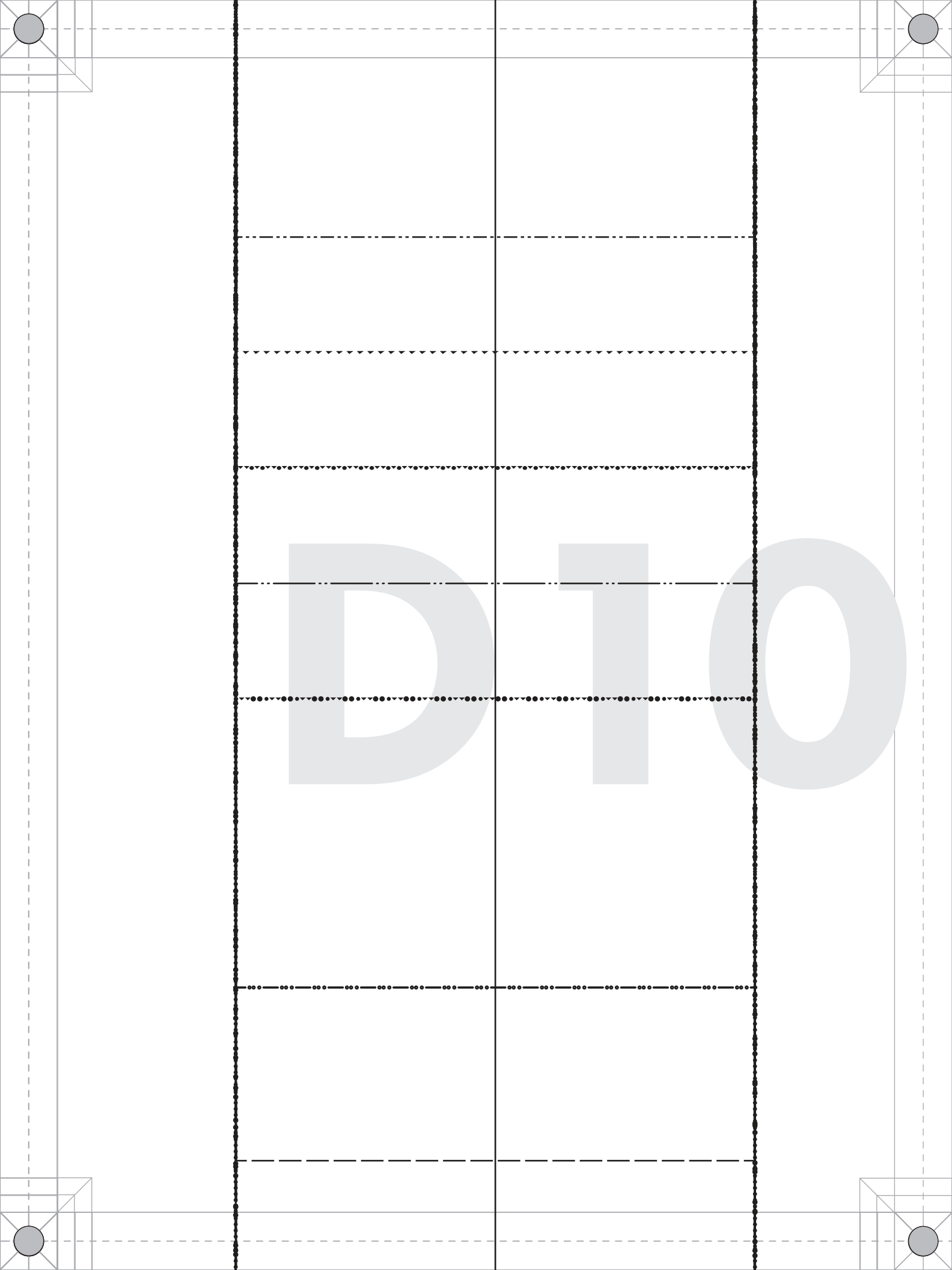
D7

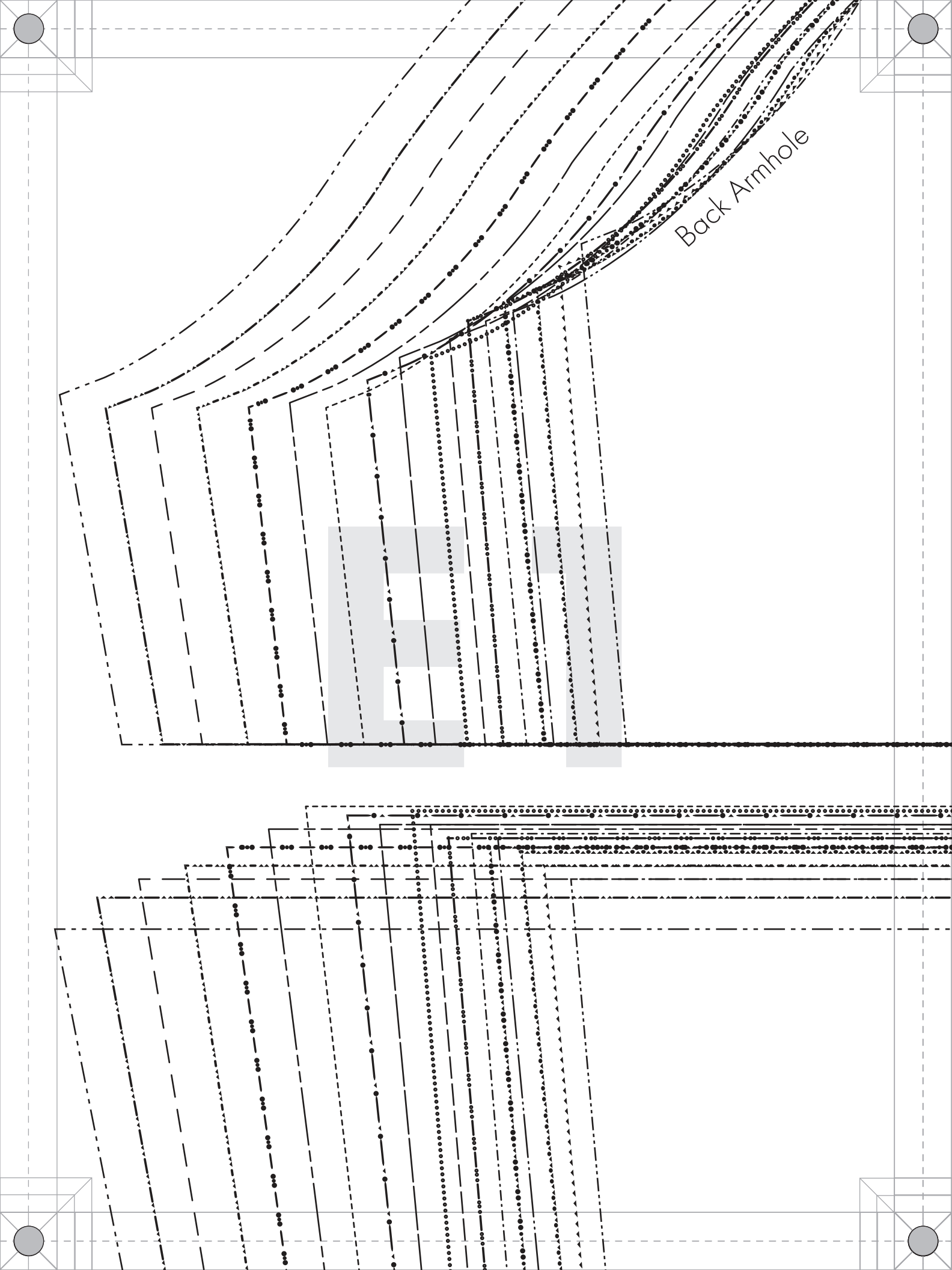














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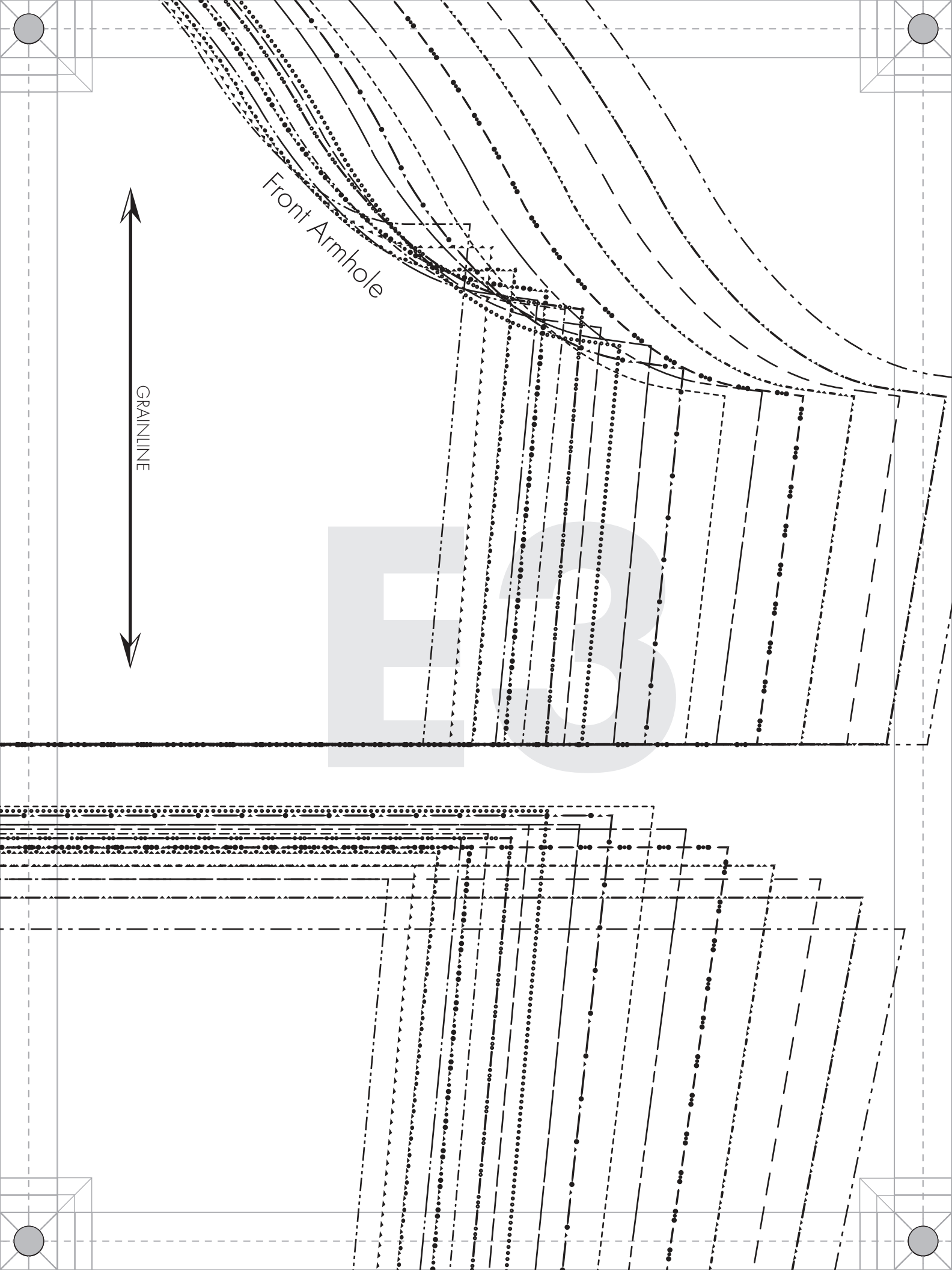
# **“The Ventura Sweatsuit Ensemble” MDF372**

## **G - RIGHT SLEEVE UPPER**

### **Cut 1**

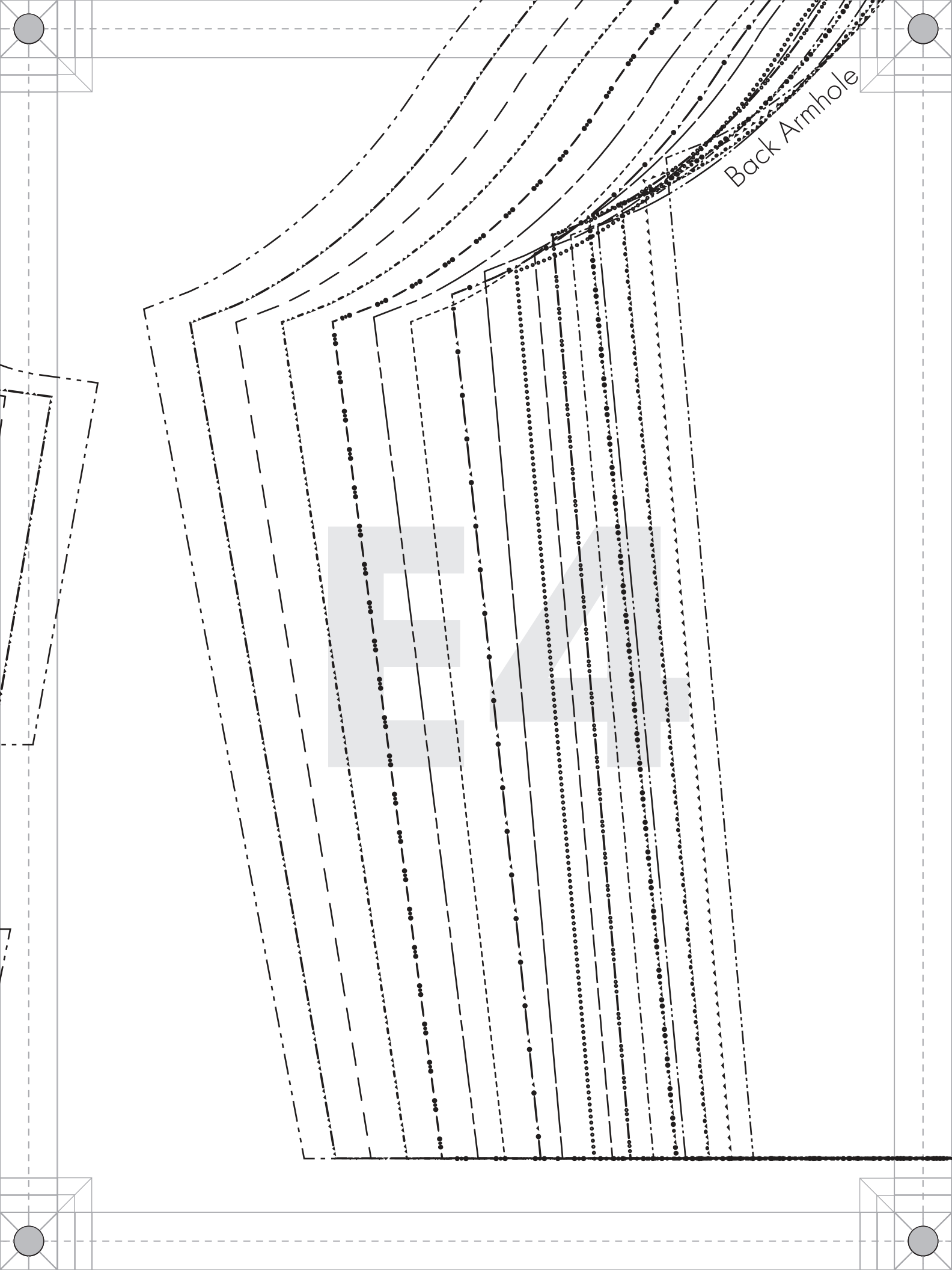
Ladies Sizes 00 to 32

1/2" seam allowances (SA's) included



Front Armhole

GRAINLINE



Back Armhole



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**“The Ventura Sweatsuit Ensemble”  
MDF372**

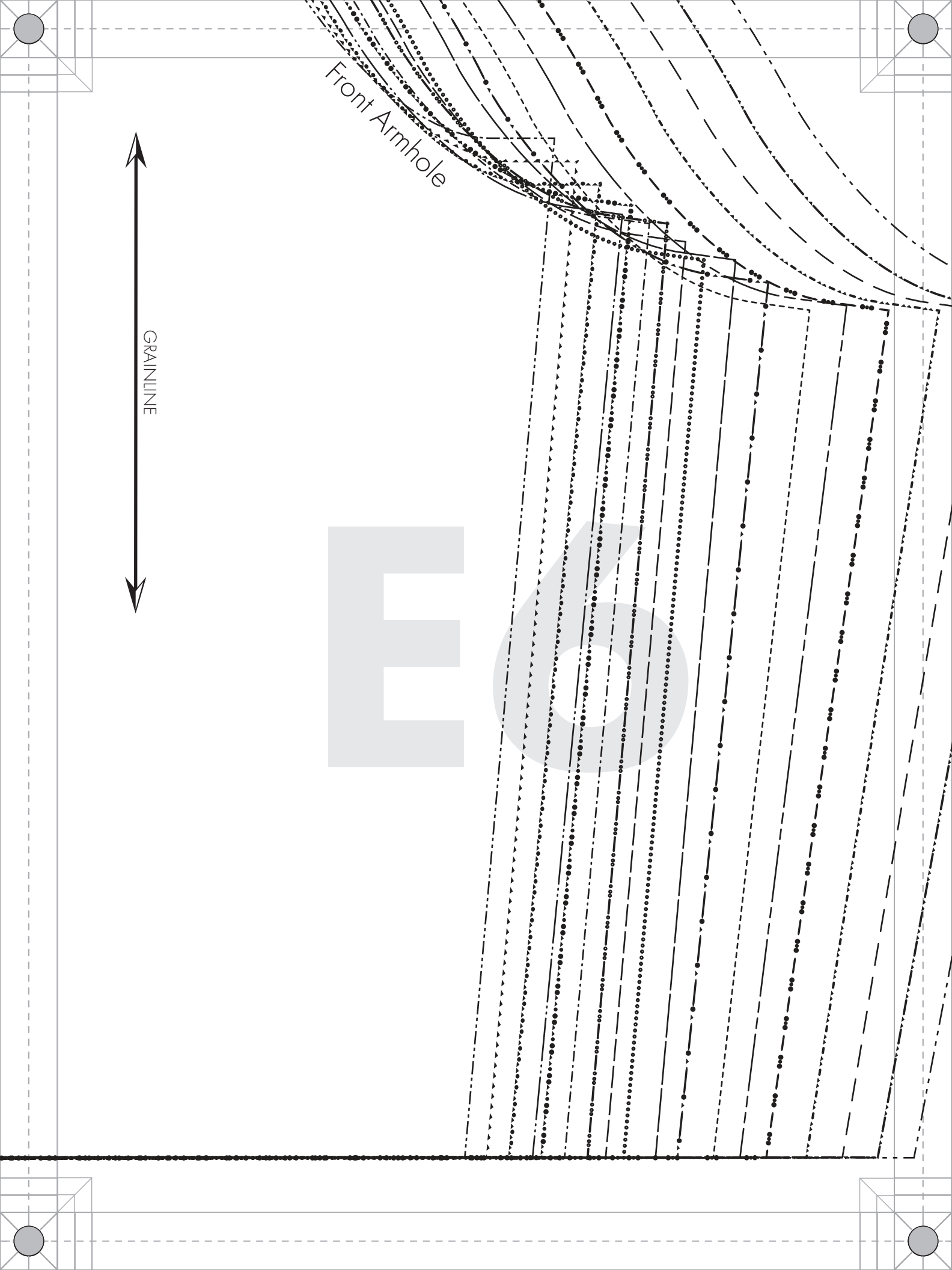
**E - LEFT SLEEVE UPPER**

**Cut 1**

Ladies Sizes 00 to 32

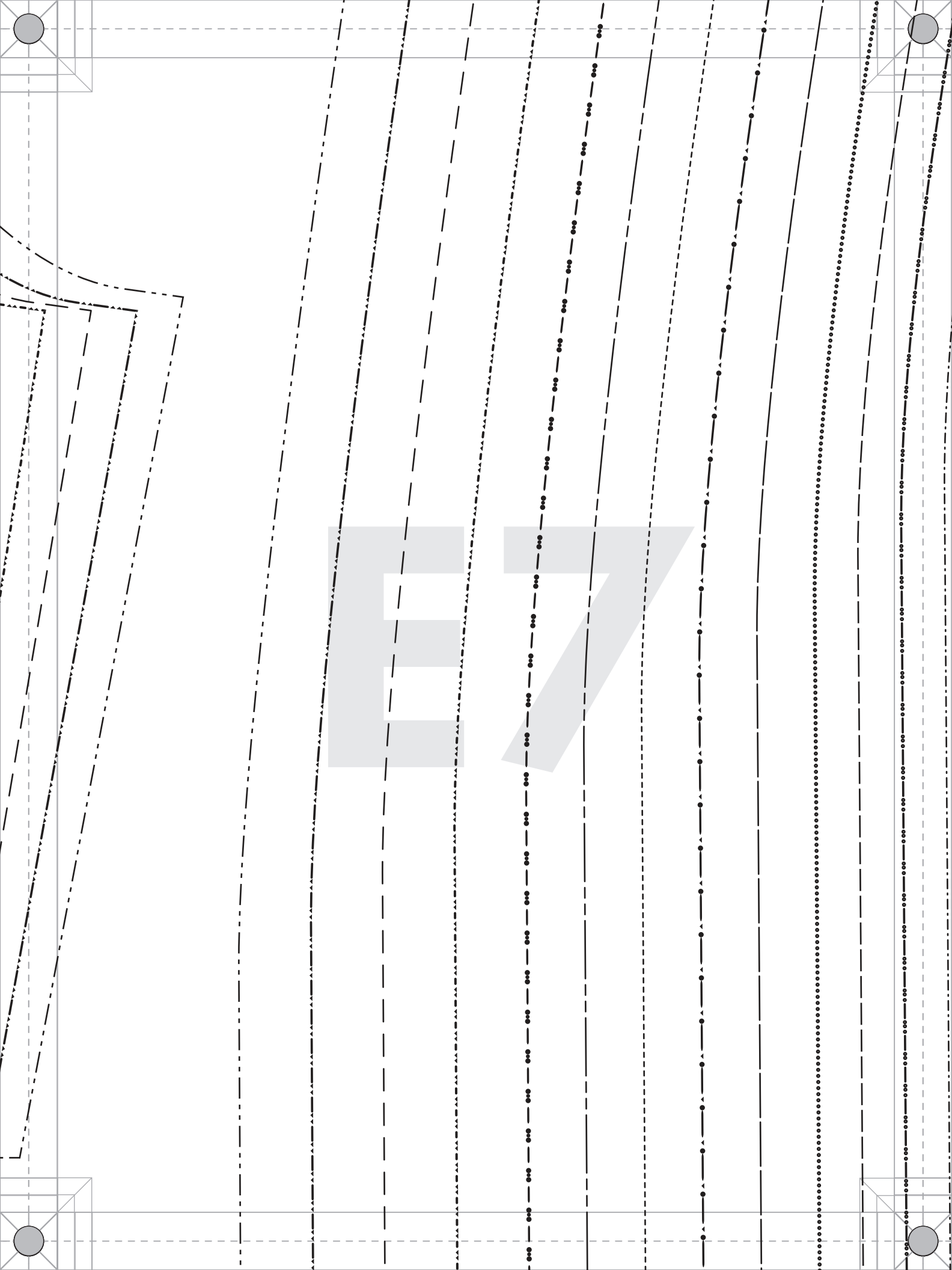
1/2" seam allowances (SA's) included





Front Armhole

GRAINLINE





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# **“The Ventura Sweatsuit Ensemble”**

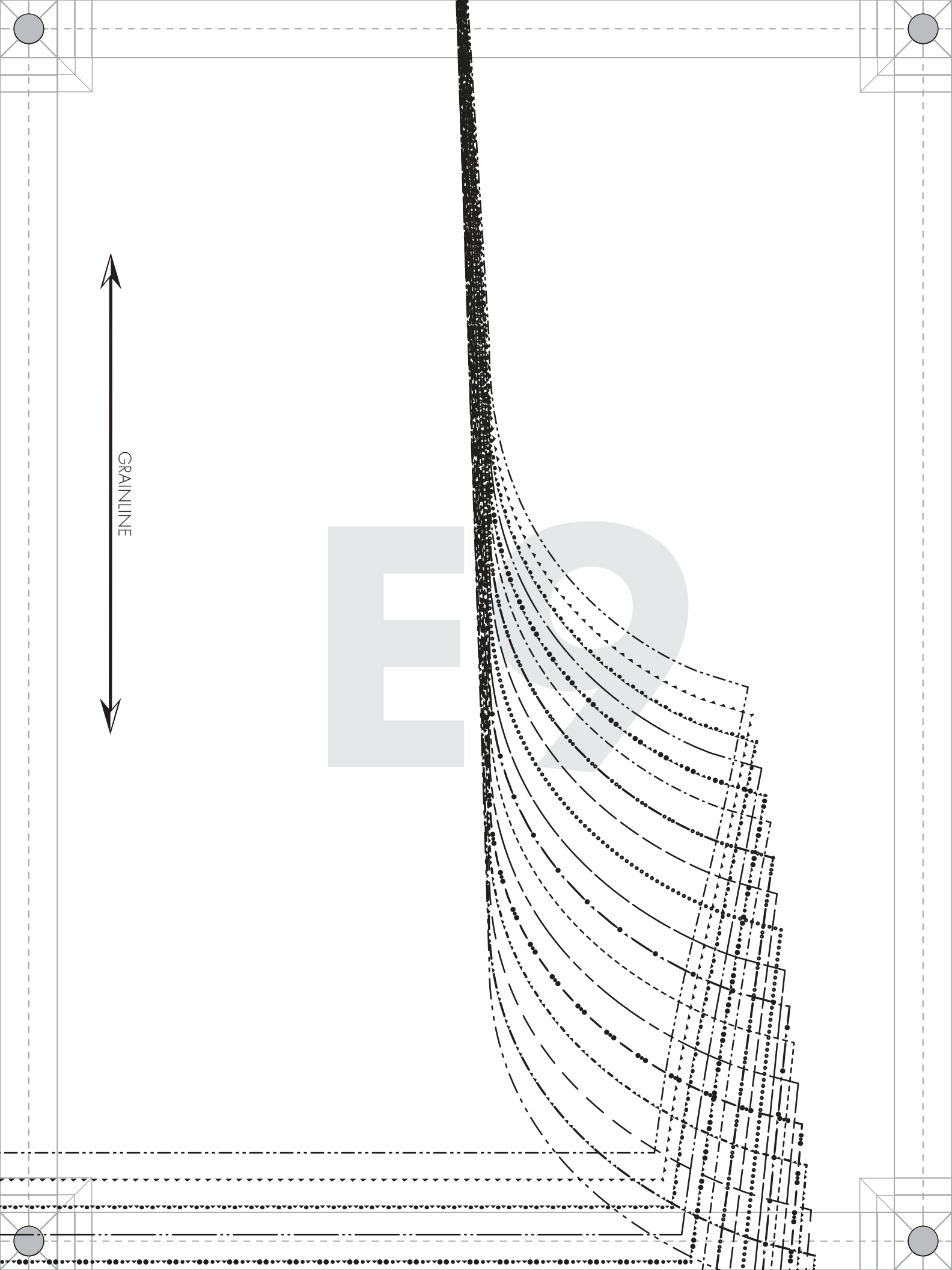
## **MDF372**

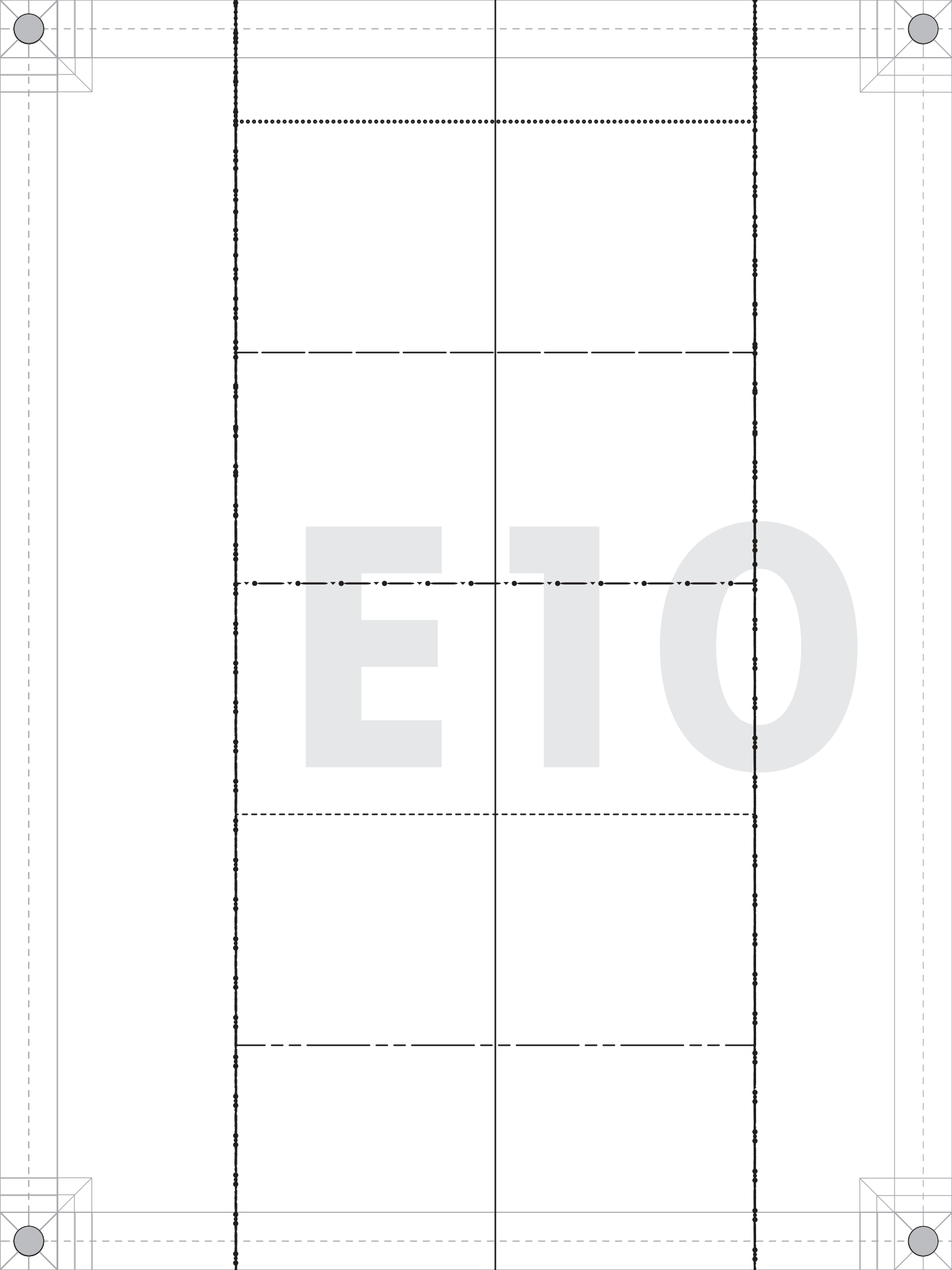
### **K - SHORTS FRONT**

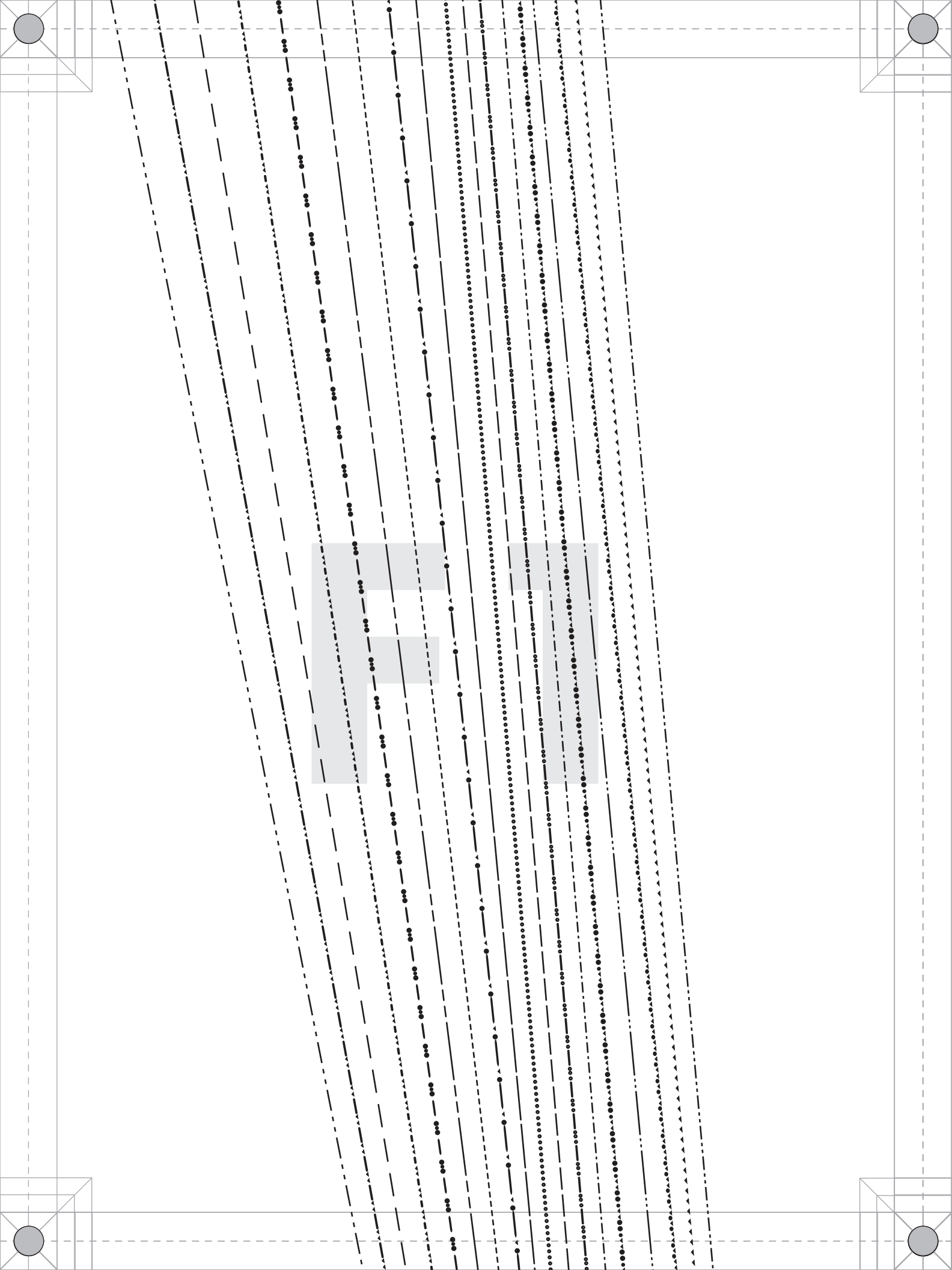
### **Cut 2 mirrored**

Ladies Sizes 00 to 32

1/2" seam allowances (SA's) included









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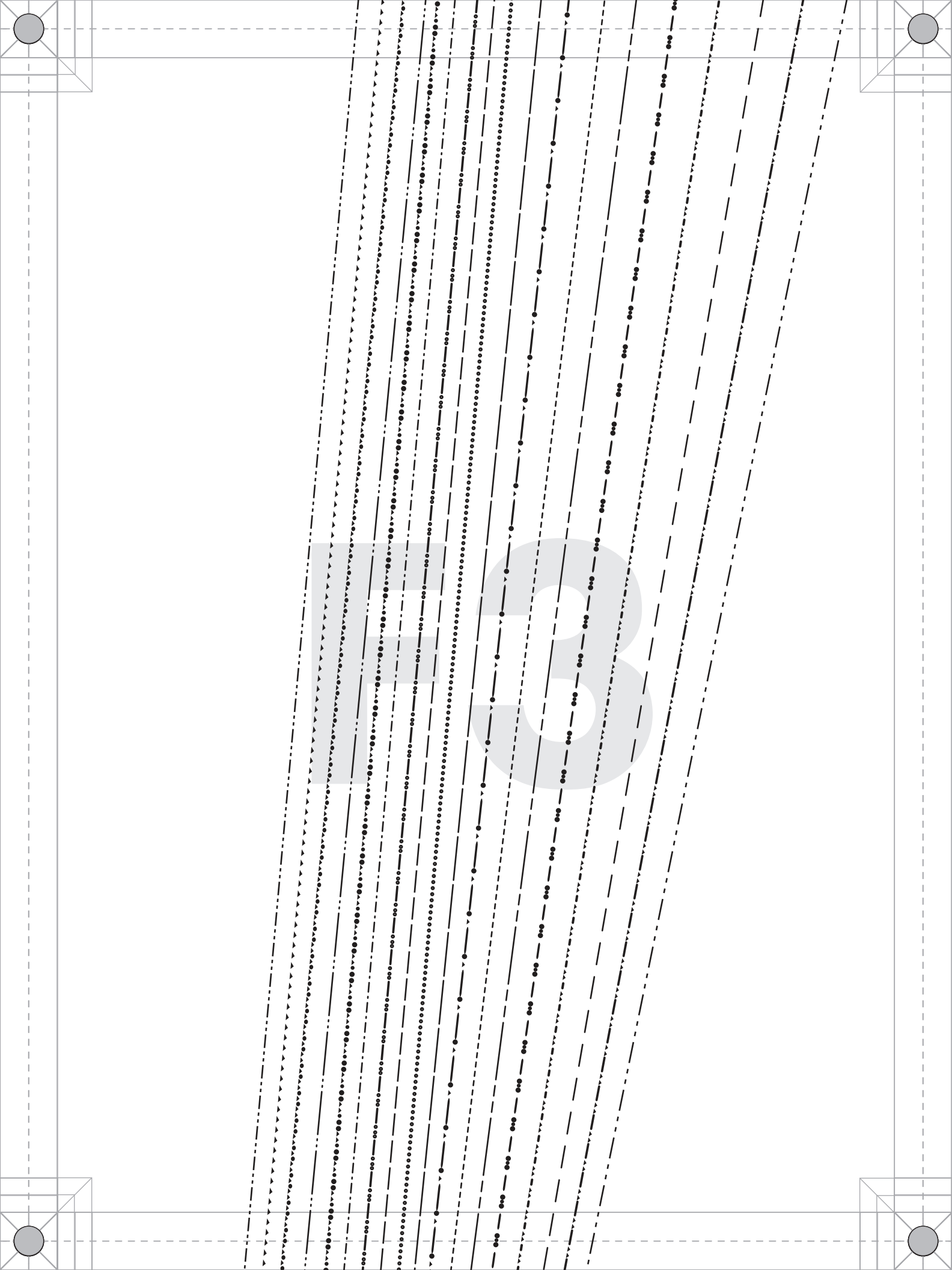
**“The Ventura Sweatsuit Ensemble”**  
**MDF372**

**H - RIGHT SLEEVE LOWER**  
**Cut 1**

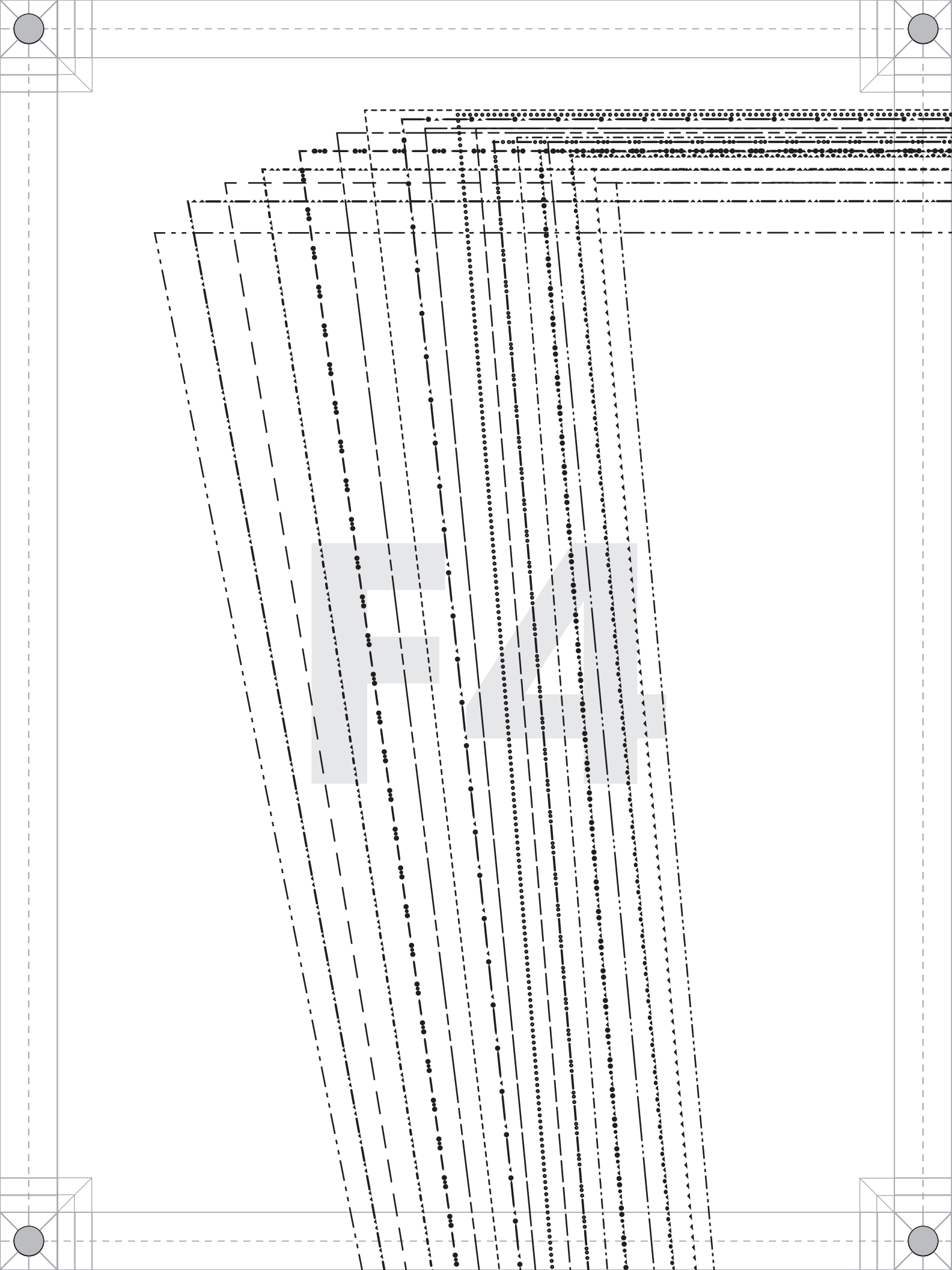
Ladies Sizes 00 to 32

1/2" seam allowances (SA's) included











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**“The Ventura Sweatsuit Ensemble”**

**MDF372**

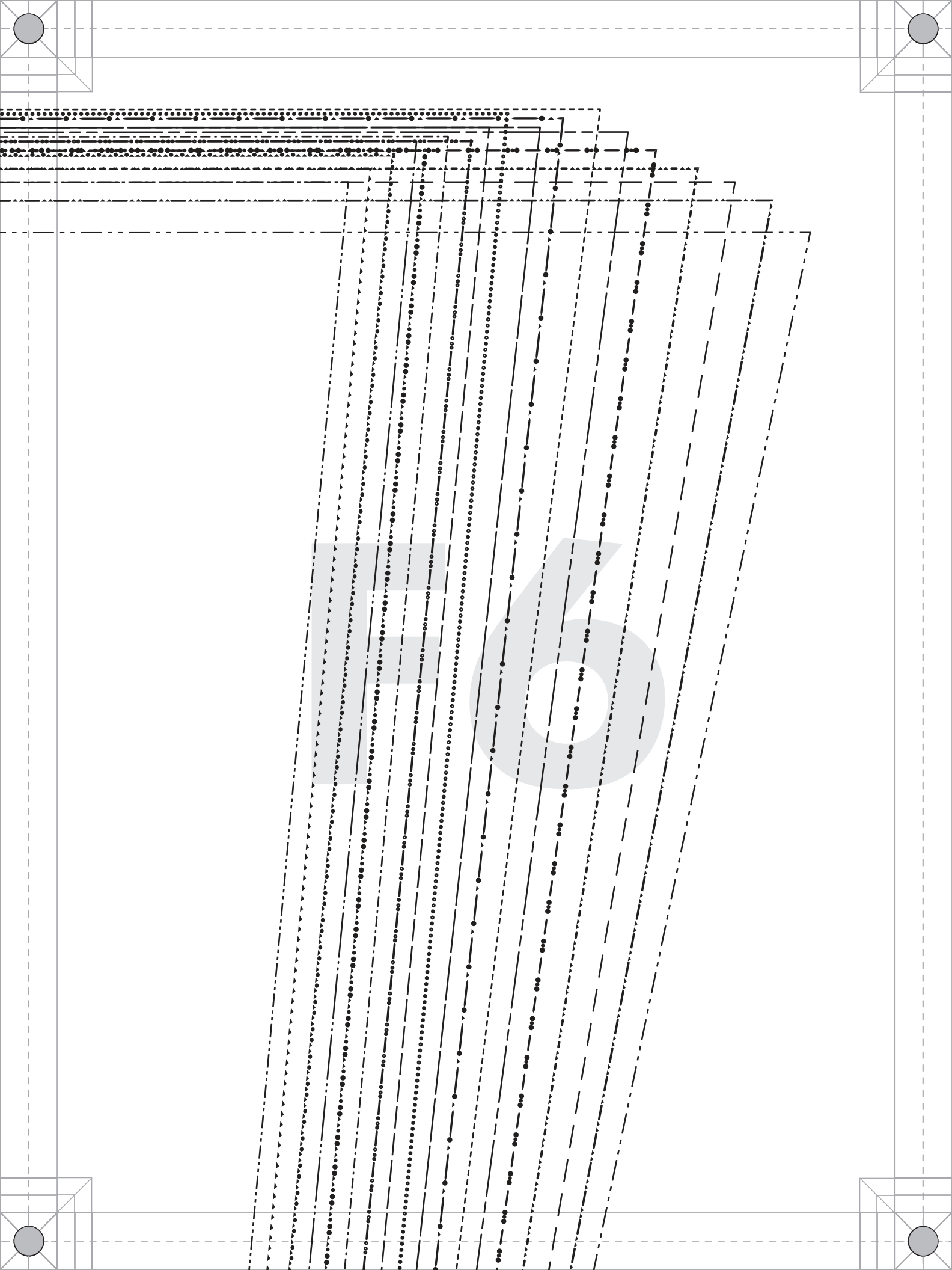
**F - LEFT SLEEVE LOWER**

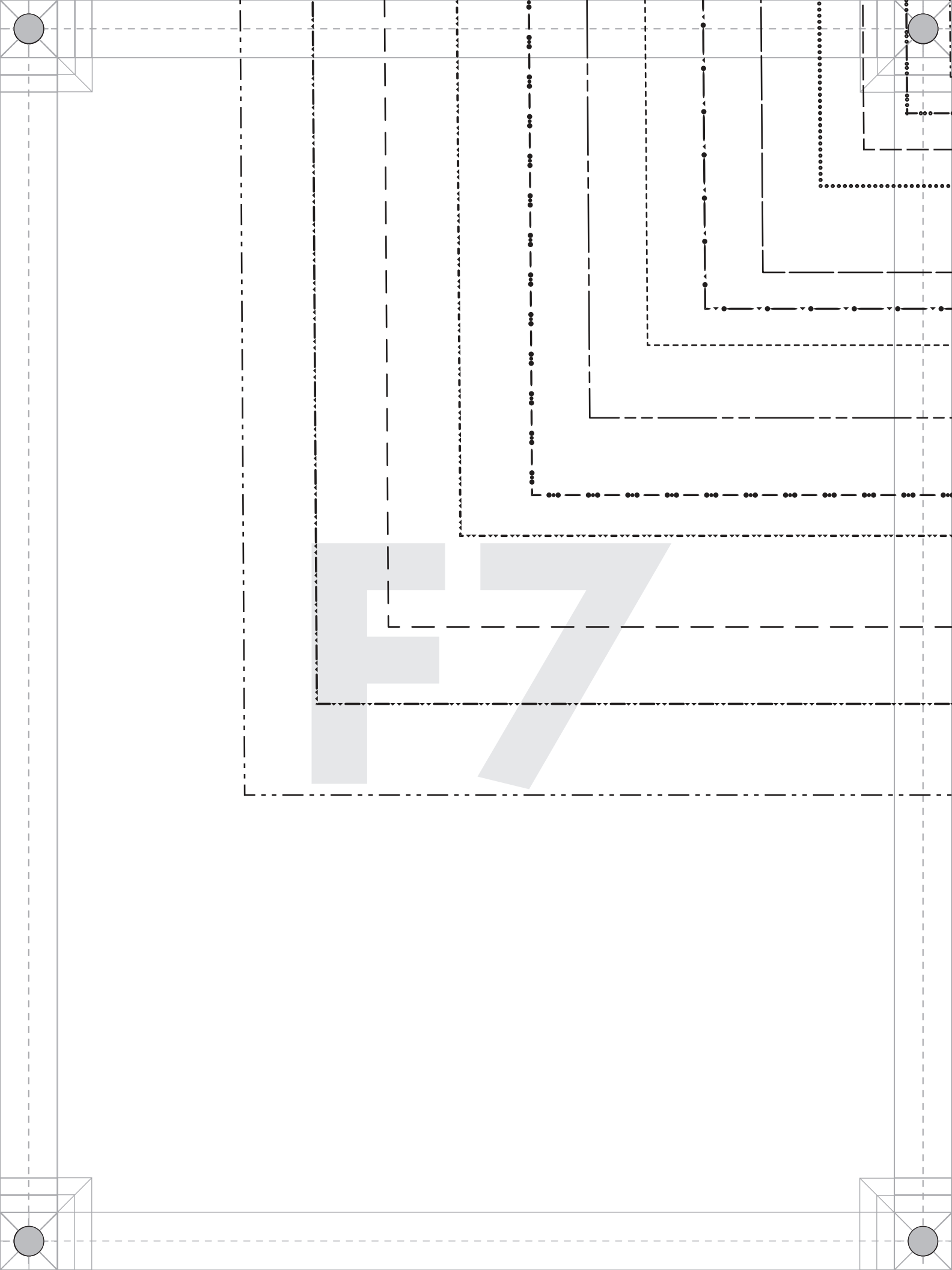
**Cut 1**

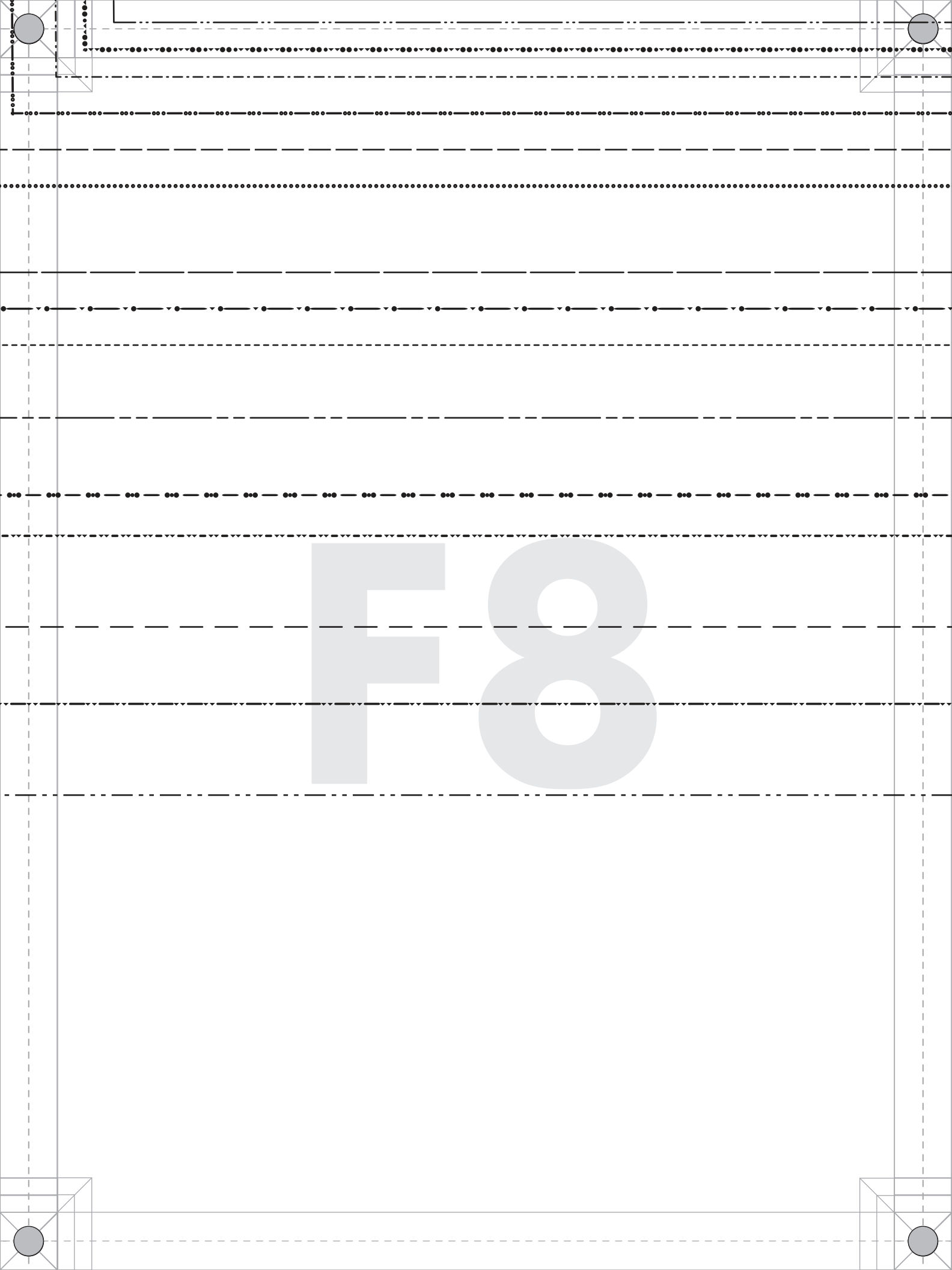
Ladies Sizes 00 to 32

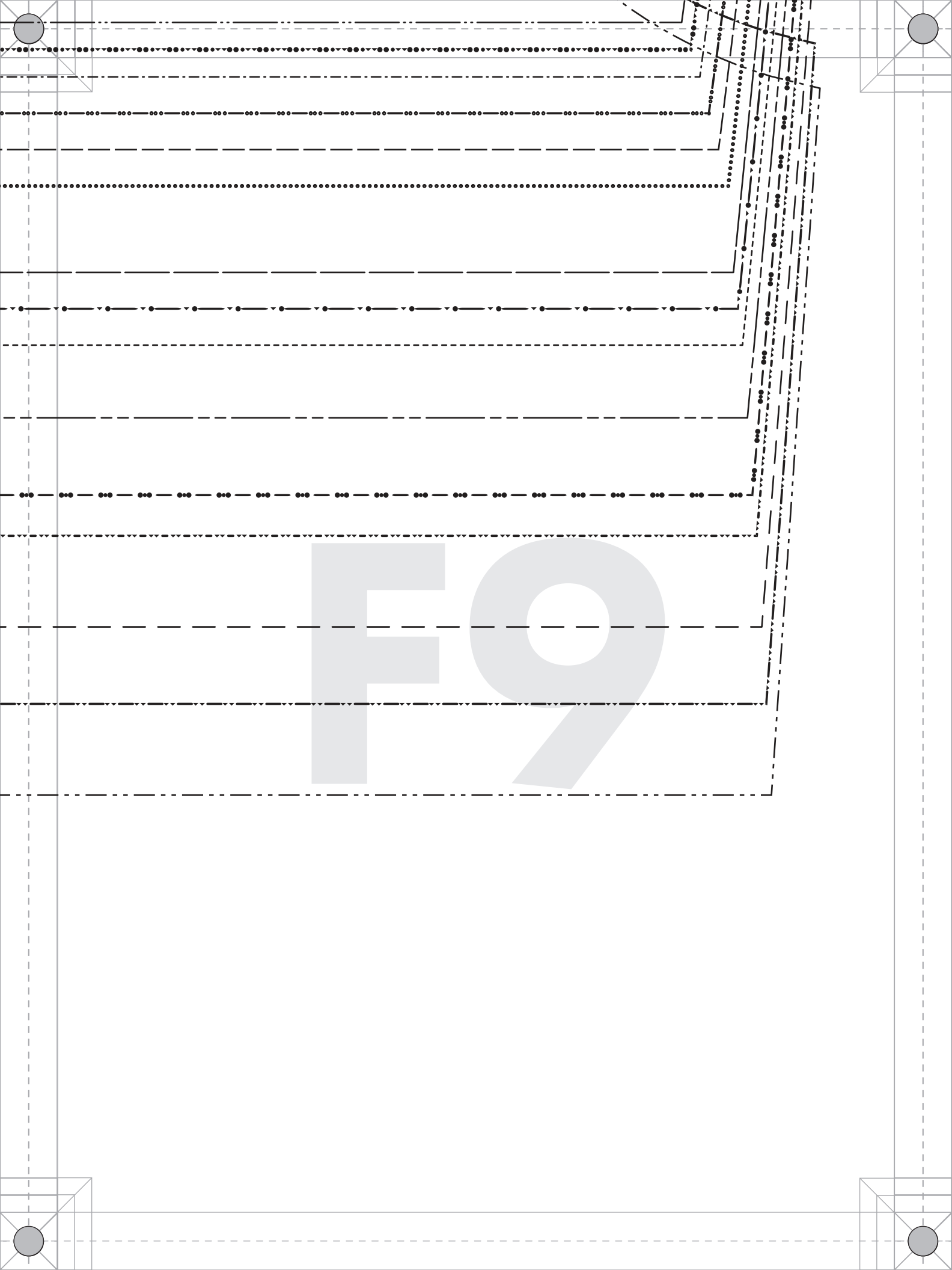
1/2" seam allowances (SA's) included

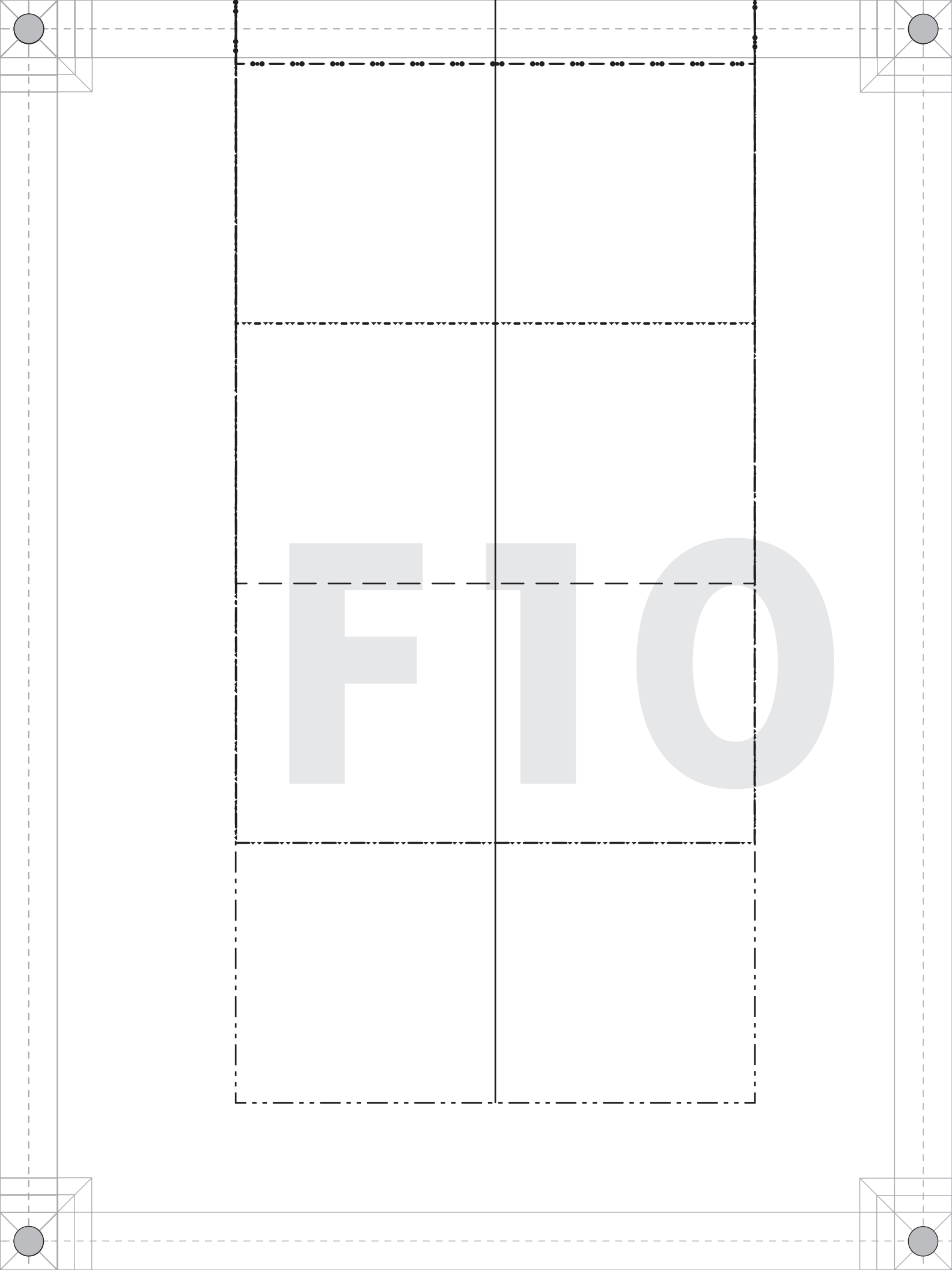
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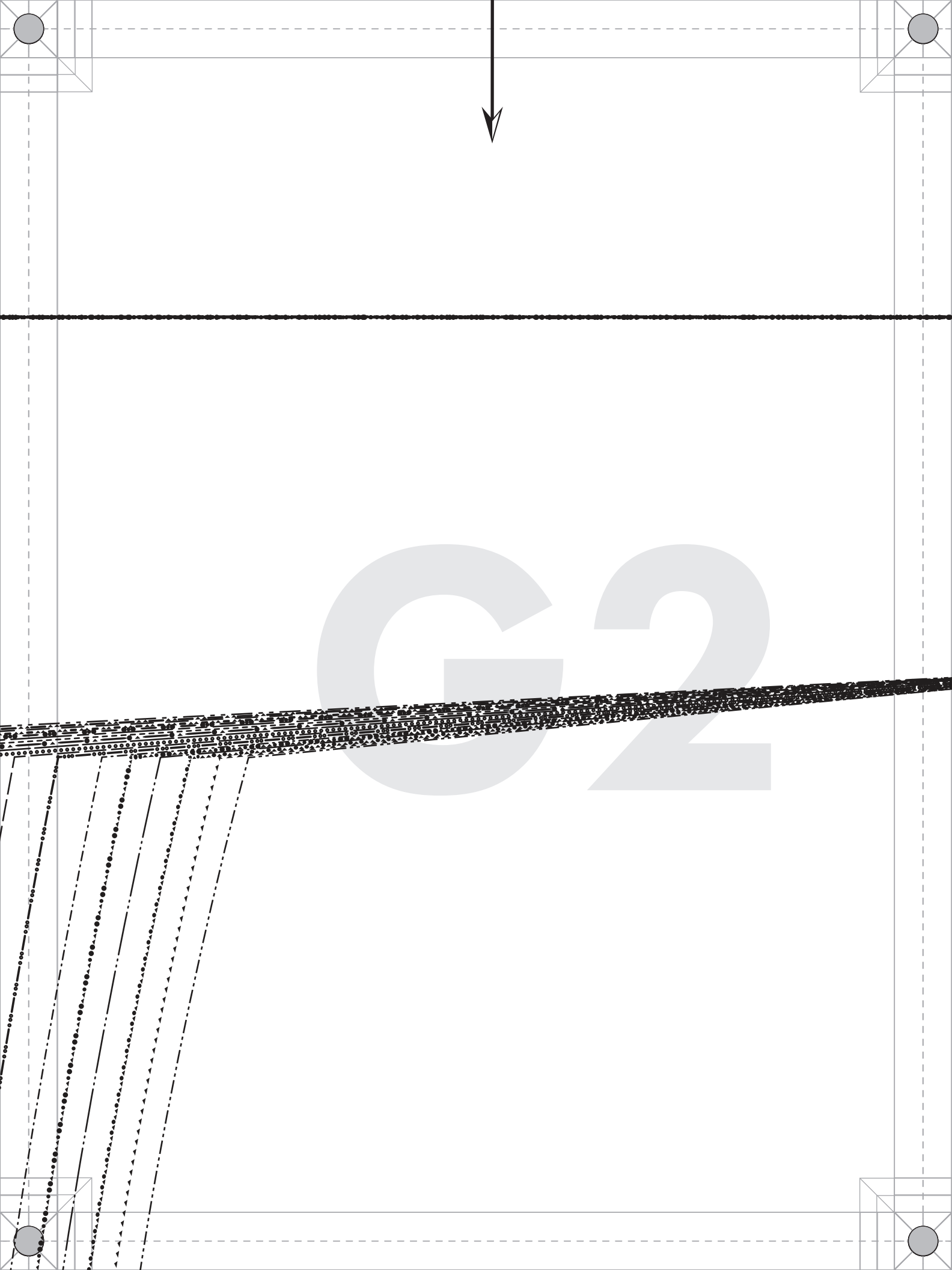


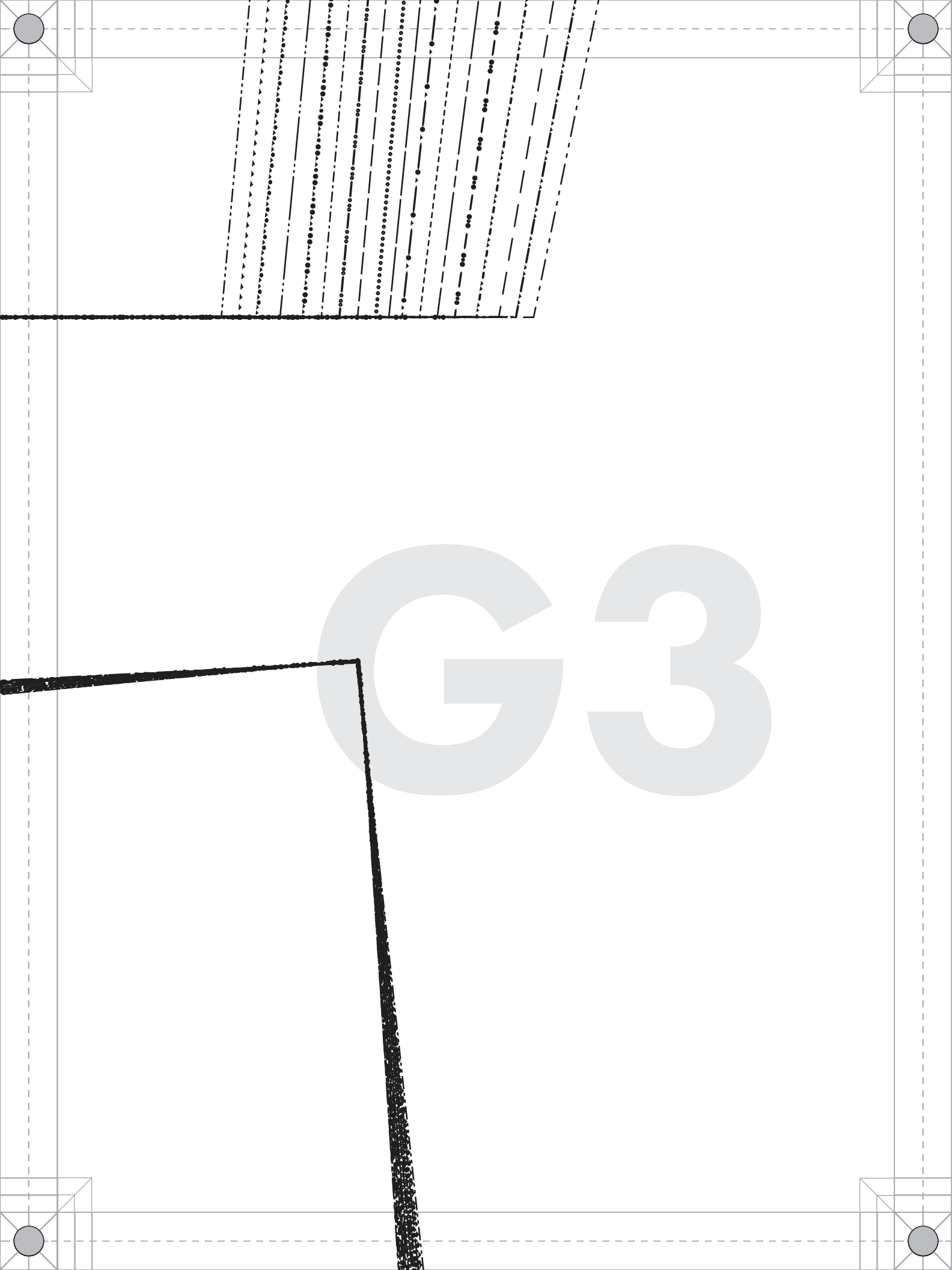


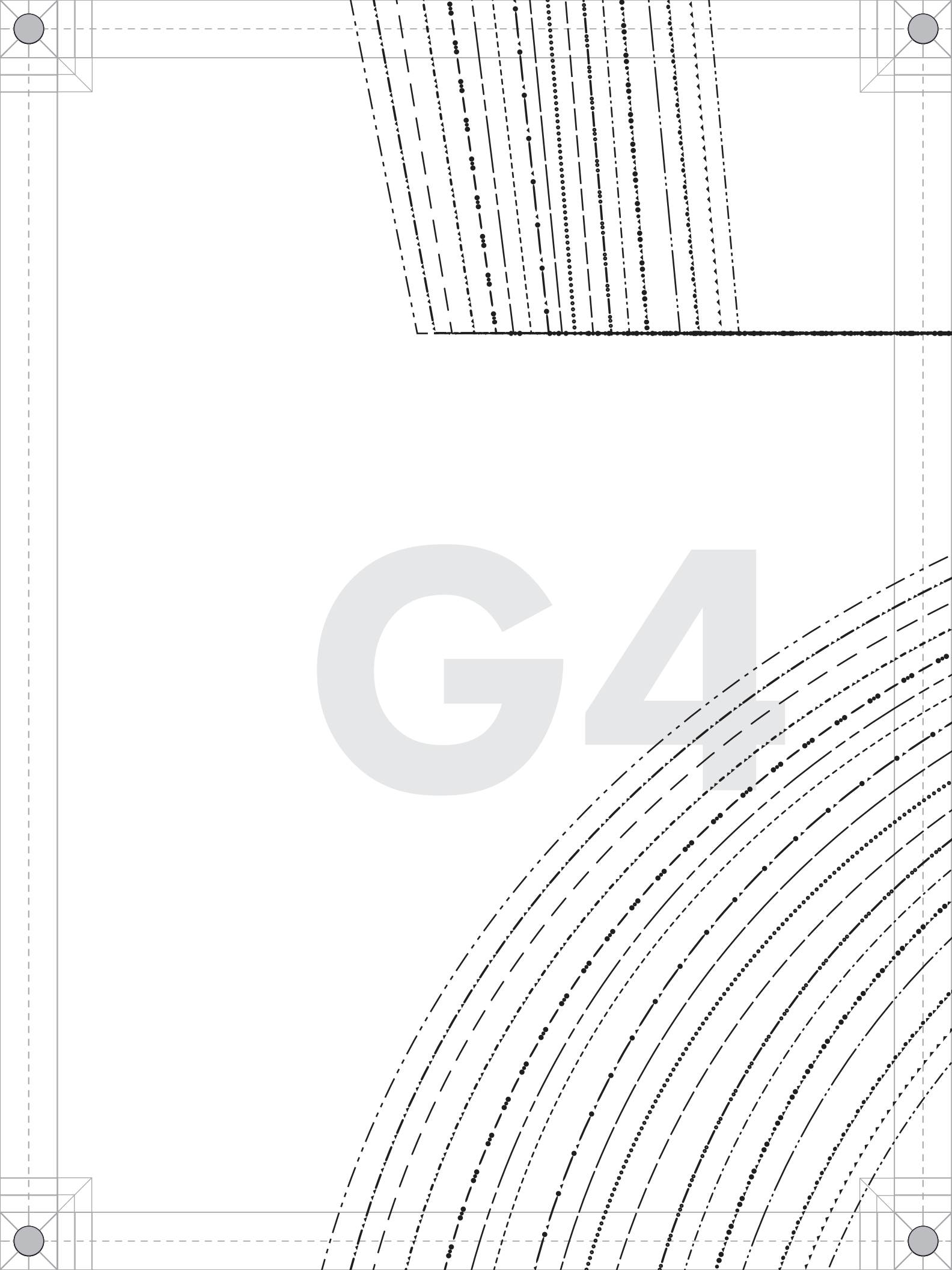


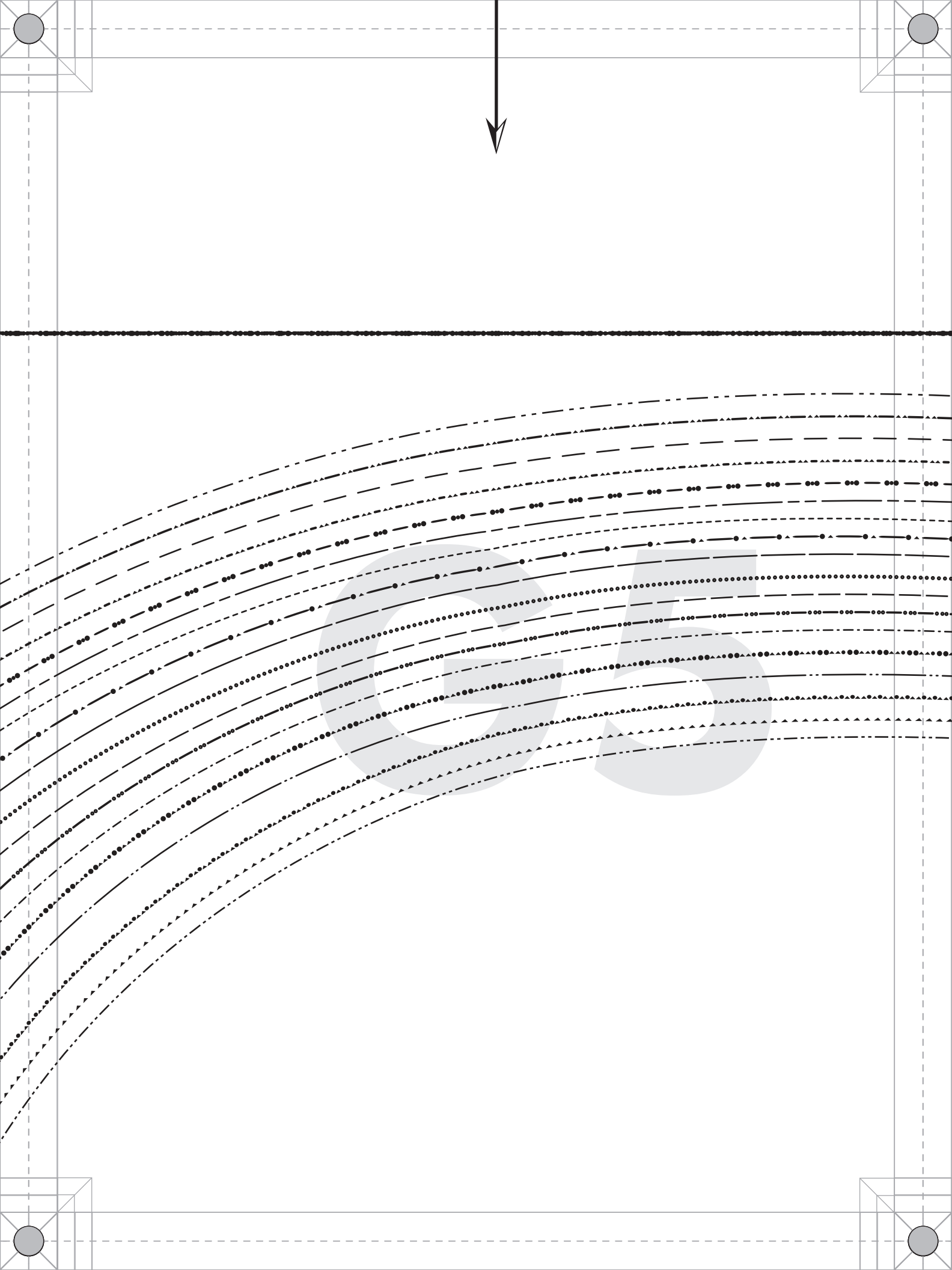


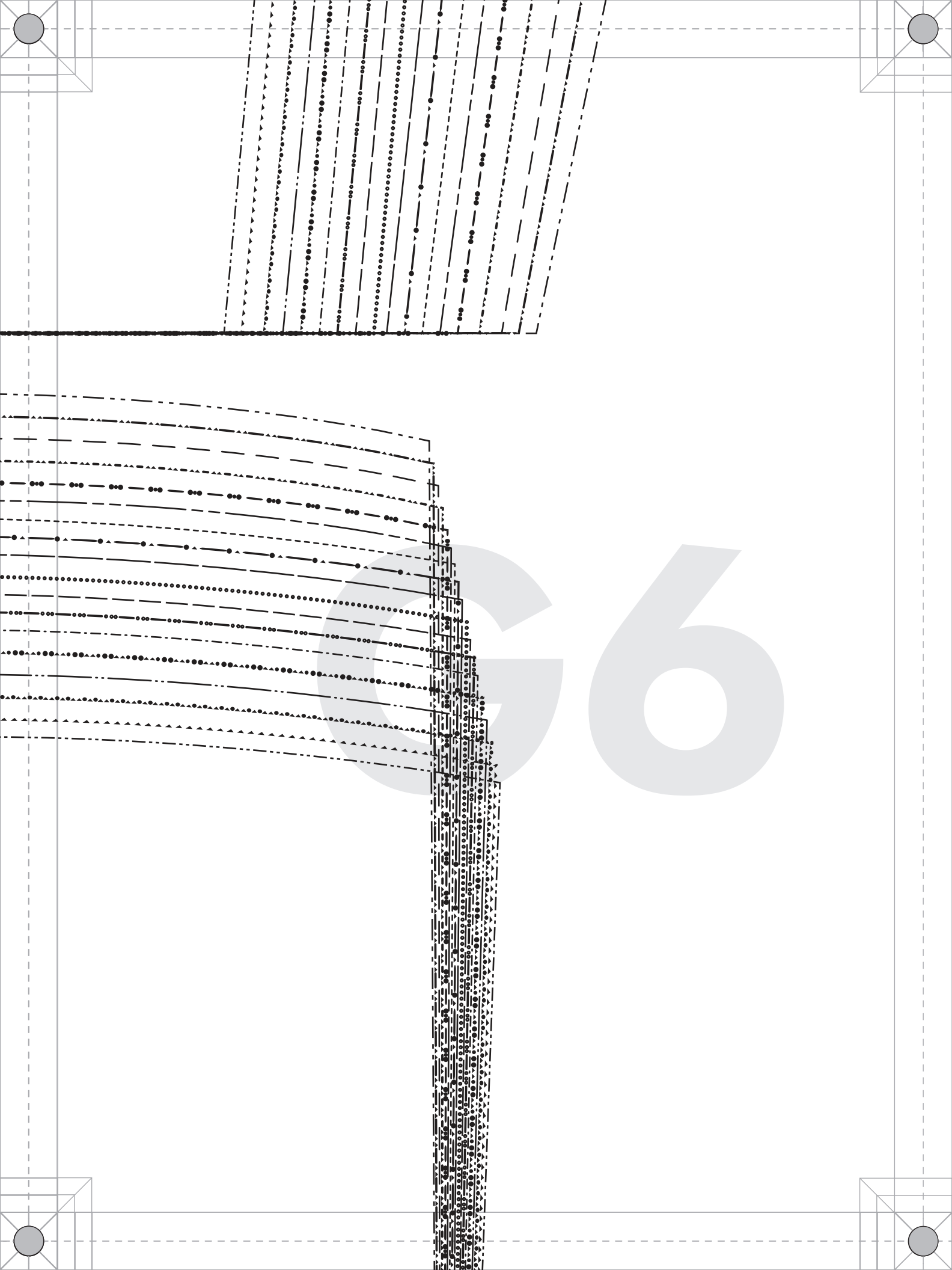


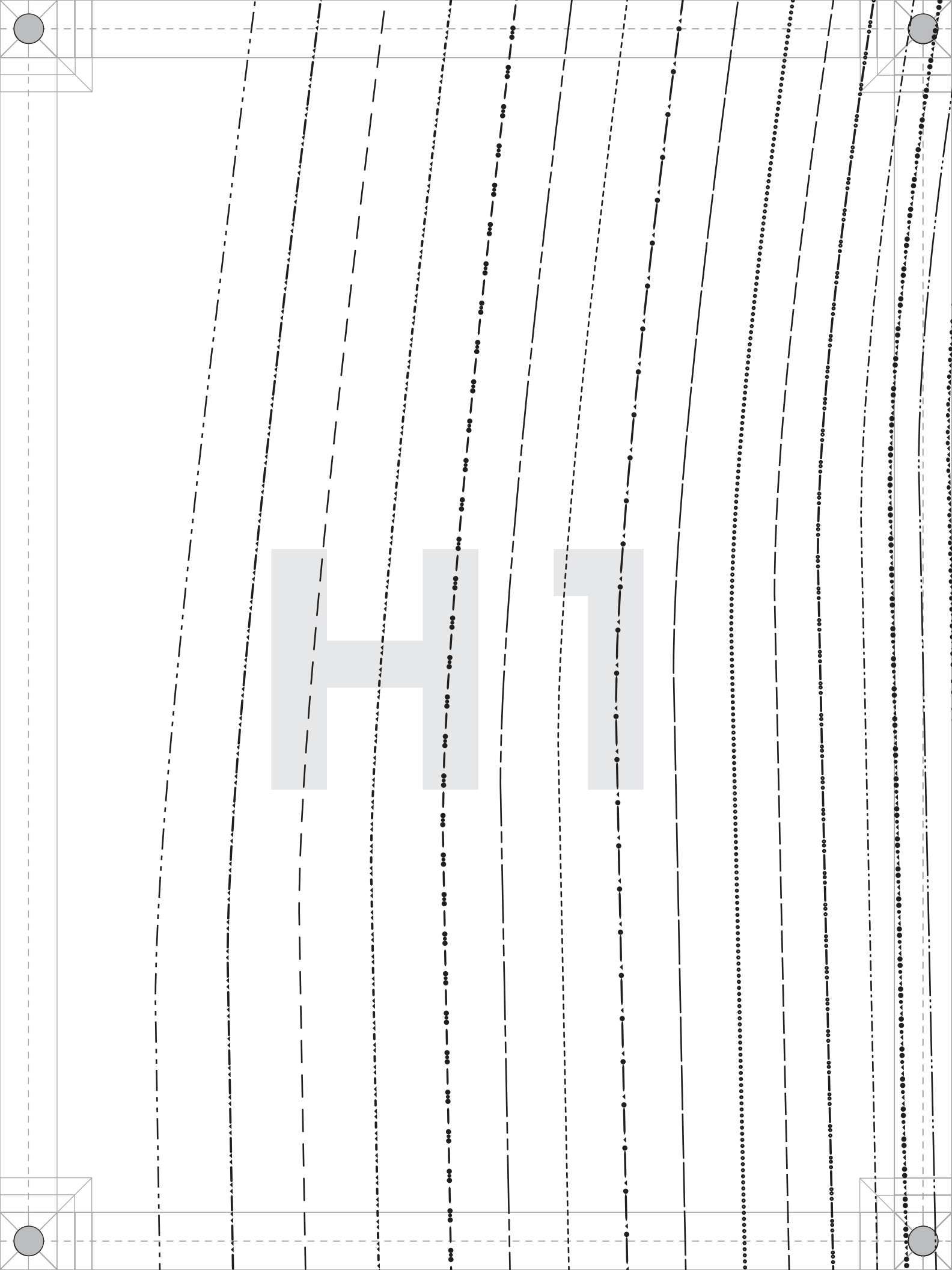














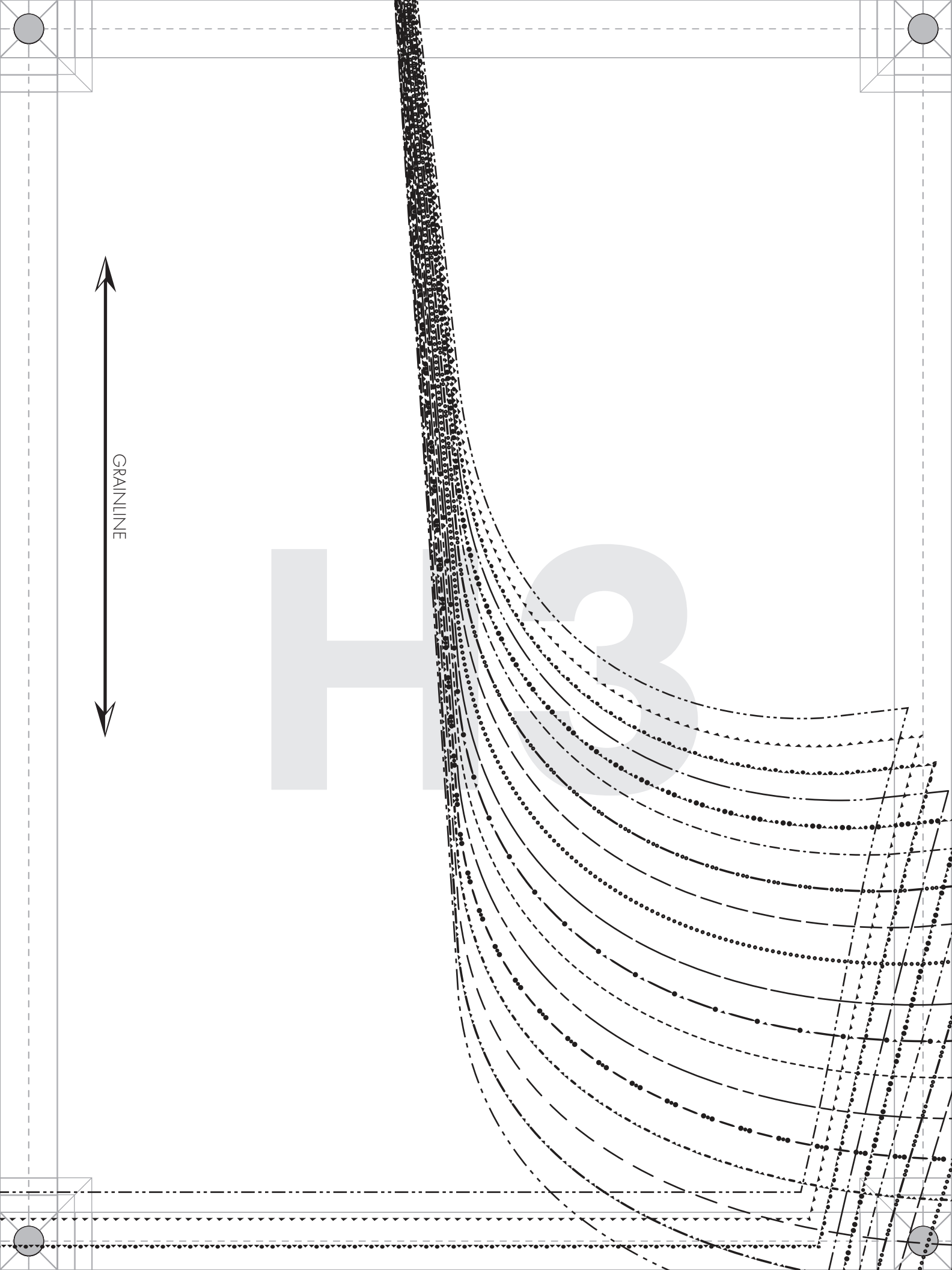
#MoodVenturaPattern

**“The Ventura Sweatsuit Ensemble”**  
**MDF372**

**L - SHORTS BACK**  
**Cut 2 mirrored**

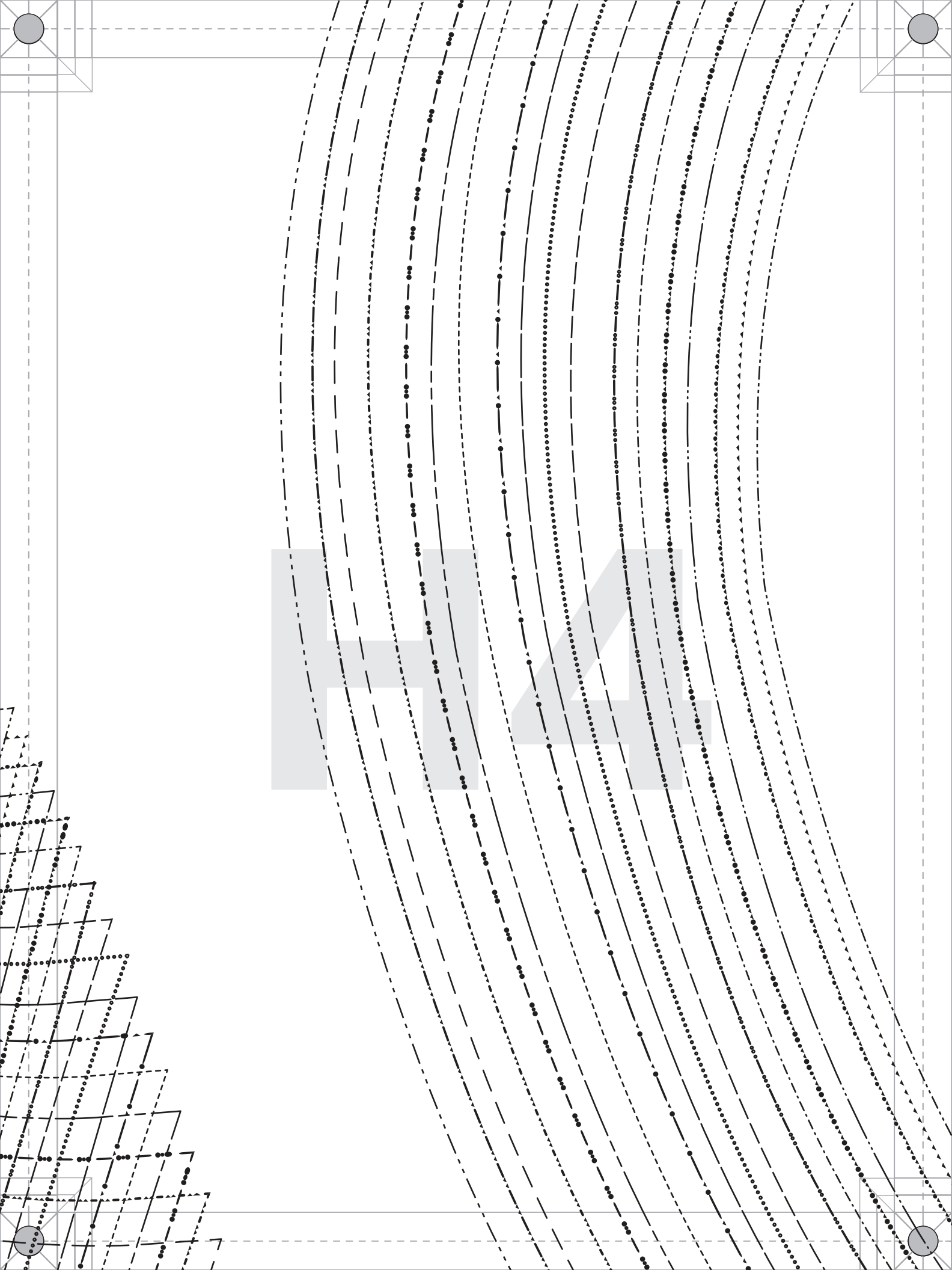
Ladies Sizes 00 to 32

1/2" seam allowances (SA's) included



GRAINLINE







#MoodVenturaPattern

# **“The Ventura Sweatsuit Ensemble”**

## **MDF372**

### **I - HOOD**

### **Cut 2 mirrored**

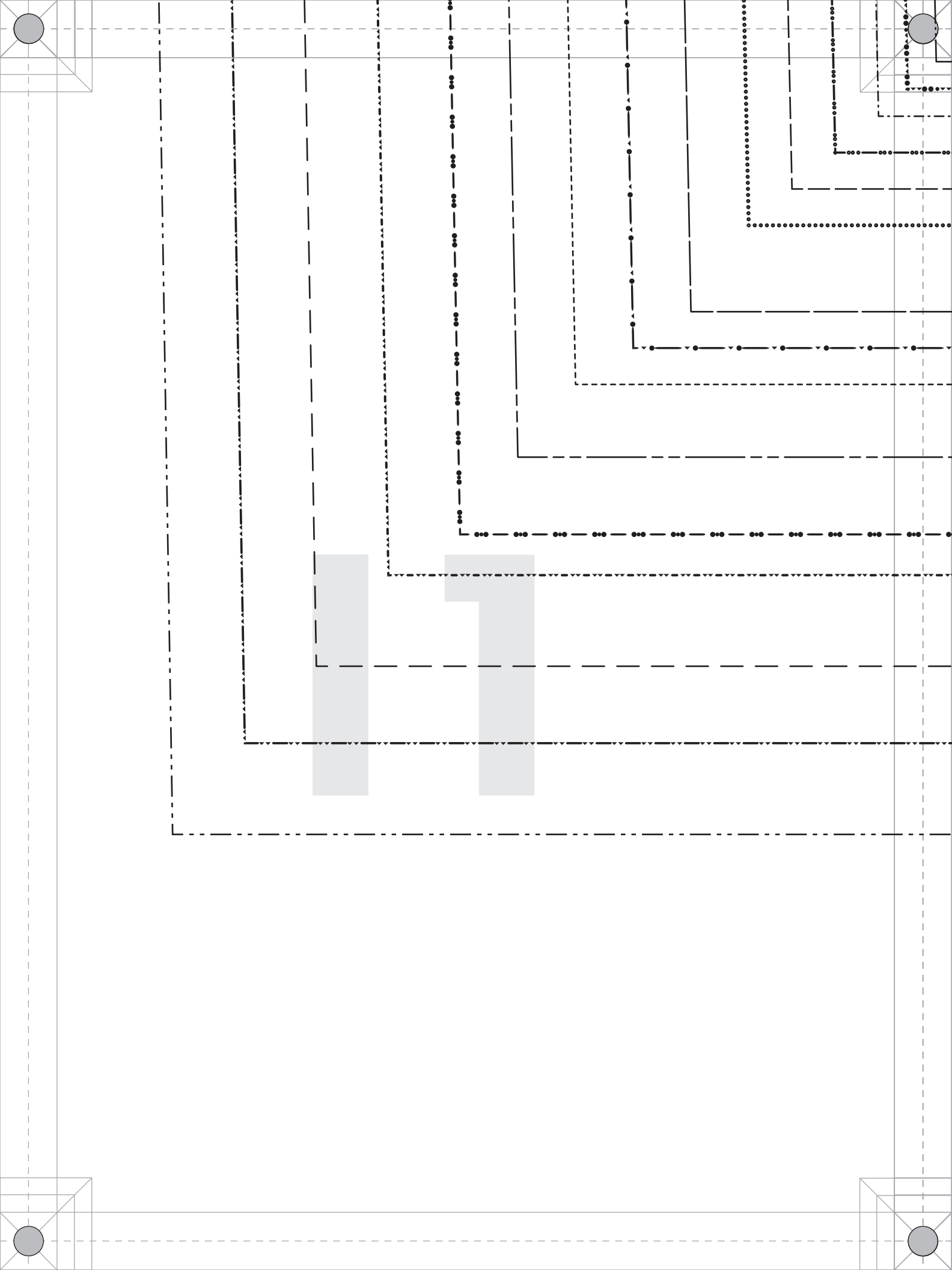
Ladies Sizes 00 to 32

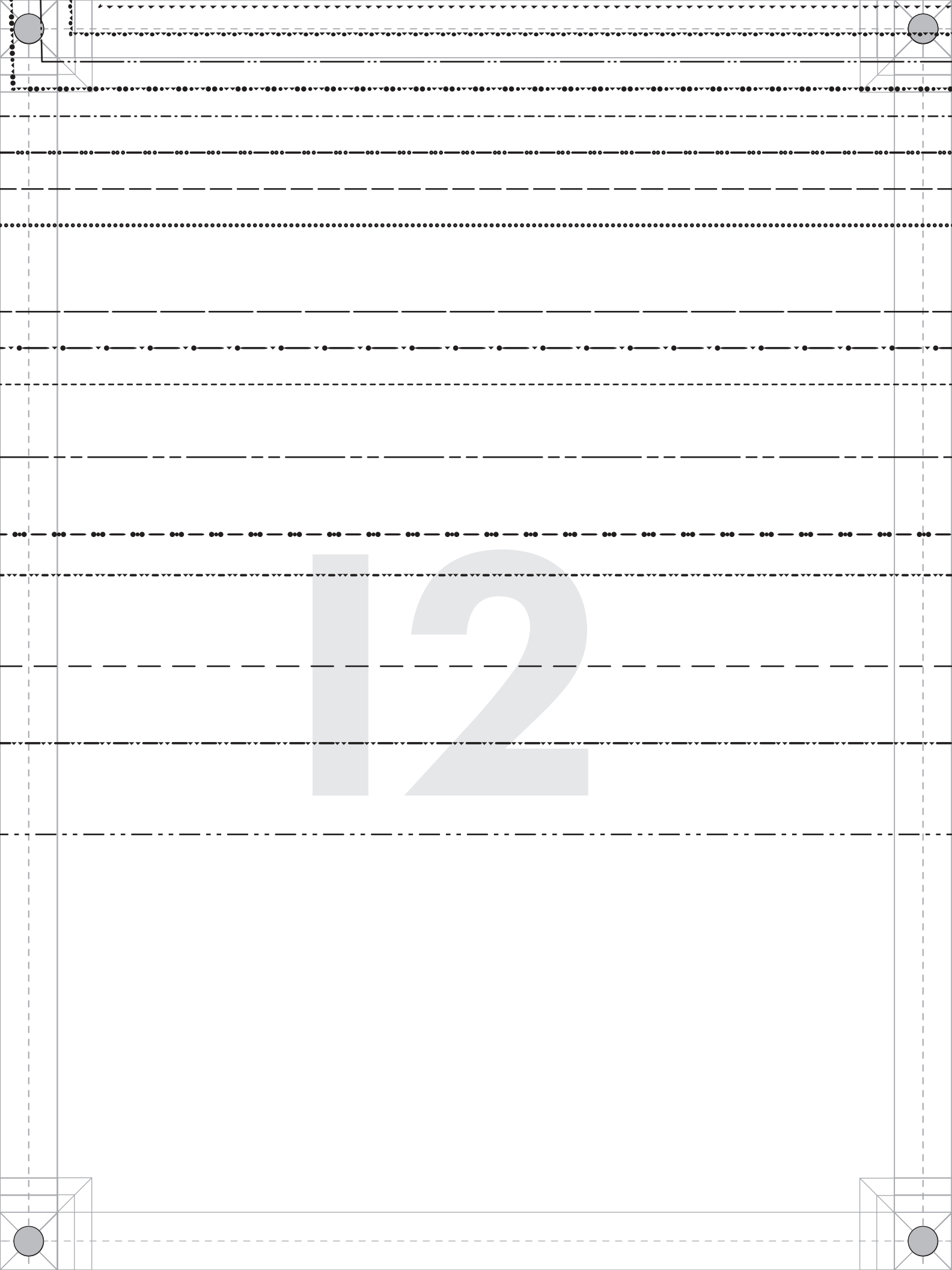
1/2" seam allowances (SA's) included

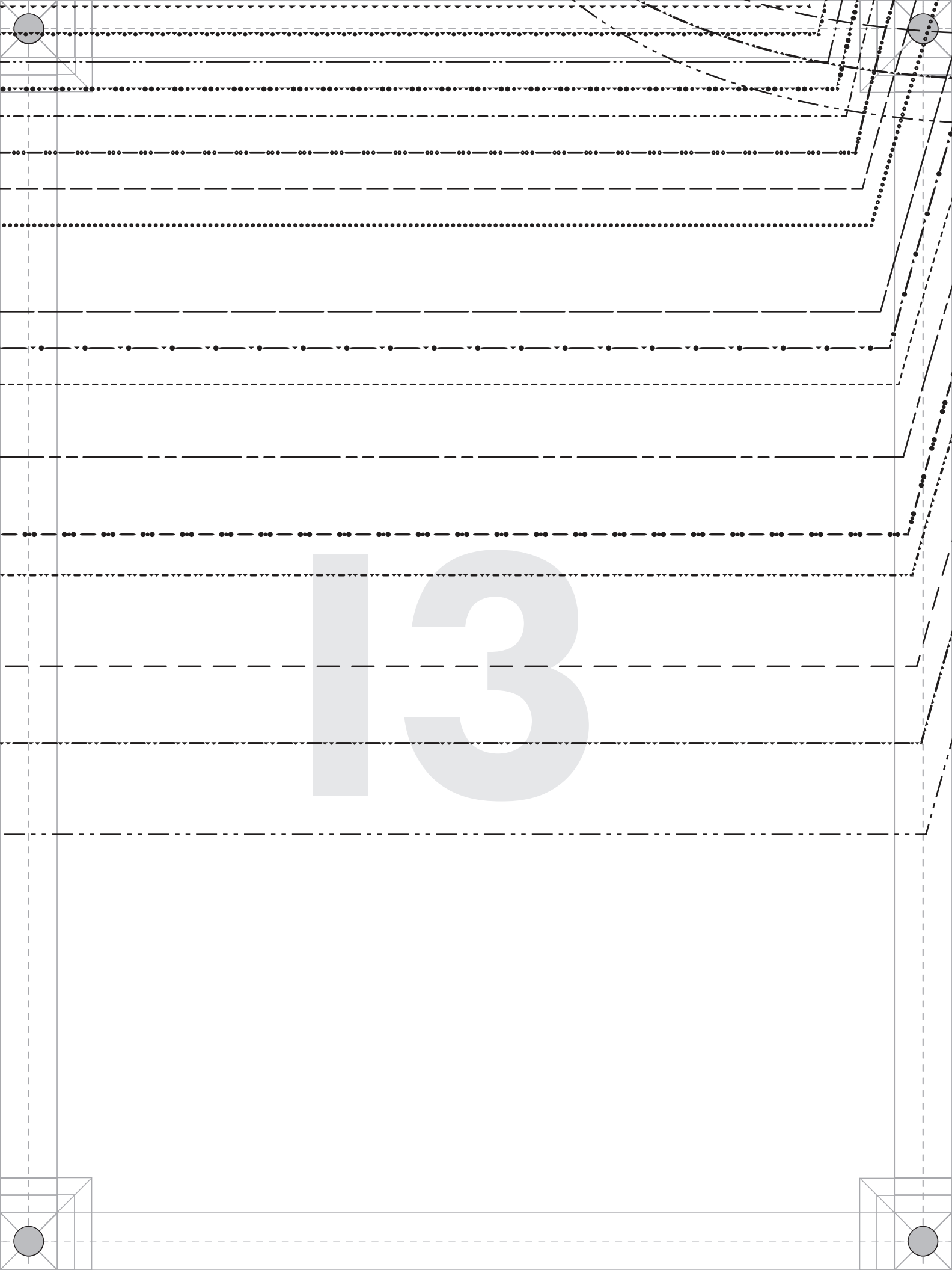
GRAINLINE

neckline center

H6







PATTERNS

BY

*mood*

DESIGNER FABRICS

MDF372

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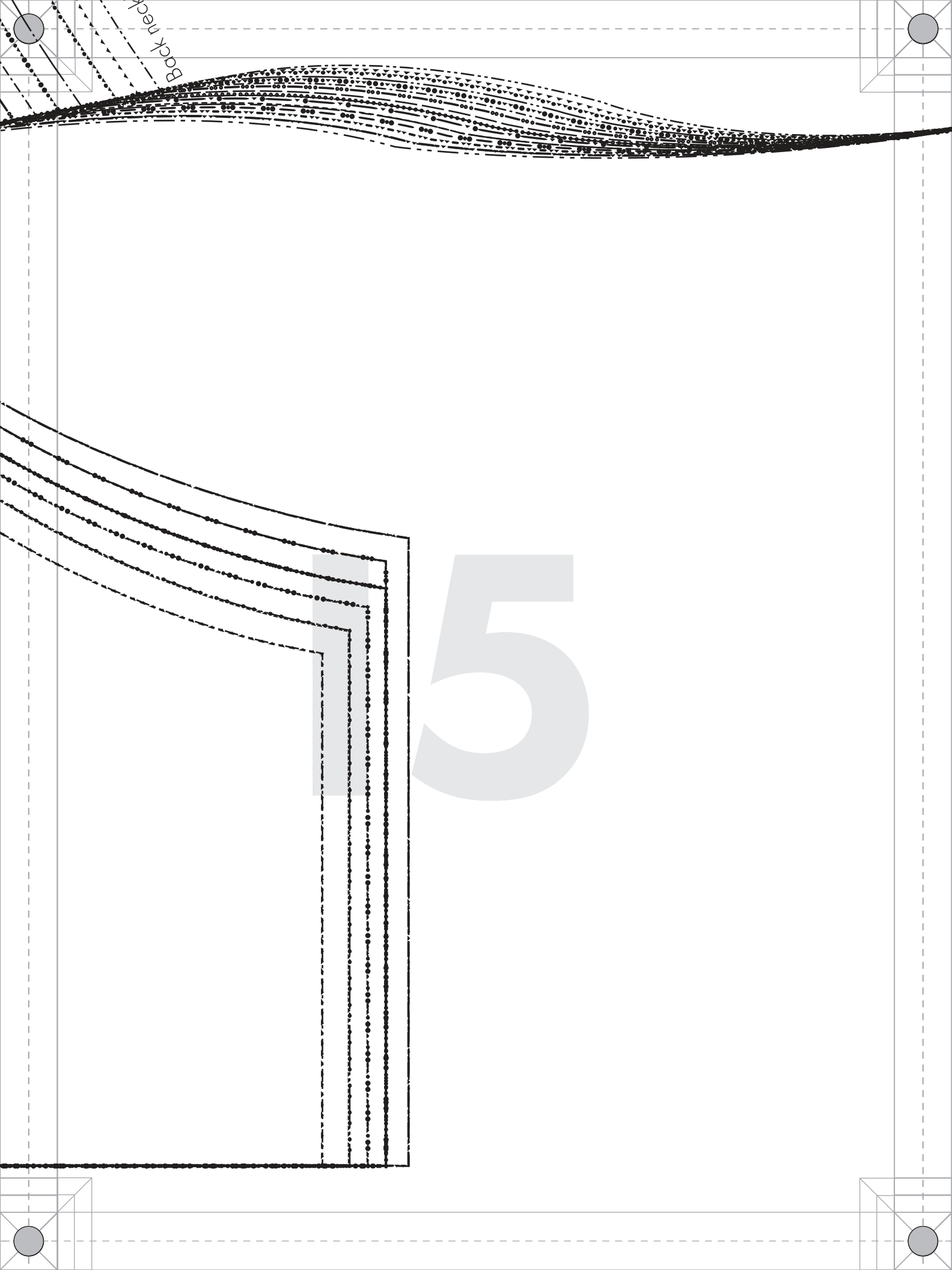
“The Ventura Sweatsuit Ensemble”  
MDF372

J - POCKET  
Cut 1 on fold

Ladies Sizes 00 to 32

1/2" seam allowances (SA's) included







16